



KINGSDOWN MESSENGER



**ENOUGH FOOD
FOR EVERYONE** **IF** 

June 2013

SERVICES FOR JUNE



- 2 Jun 10.30 Mr Akin Phillips
6.30 Circuit Discipleship & Training
Programme - Rev Dr Jen Smith
'Parables in Mathew'
- 9 Jun 10.30 Rev Chrissie Howe, Family/Parade Service
6.30 Circuit Discipleship & Training
Programme - Rev Dr Jen Smith
'Parables in Mathew'
- 16 Jun 10.30 Deacon Richard Goldstraw.
6.30 Circuit Discipleship & Training
Programme - Rev Dr Jen Smith
'Parables in Mathew'
- 23 Jun 10.30 Rev Chrissie Howe, Holy Communion
6.30 Circuit Discipleship & Training
Programme - Rev Dr Jen Smith
'Parables in Mathew'
- 30 Jun 10.30 Local Arrangement: Worship Leader - Blossom Jackson
6.30 Circuit Discipleship & Training
Programme - Rev Dr Jen Smith
'Parables in Mathew'



The KINGSDOWN MESSENGER

Copy deadline for the July-August 2013 issue is Friday 28 June 2013

Editors - Pam and Alan Smith

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Dear Friends,

These past weeks we have all been anticipating change as the pastoral sections are reorganized within Ealing Trinity Methodist Circuit. As we look towards to the future I'm sure there are many differing, even conflicting, emotions – this is part of the human condition.

Change isn't always easy, especially when life seems to be in constant flux. There are many challenges and opportunities ahead as relationships change and develop, and we seek to serve God within and beyond the local community.

Paul, writing to the Christians in Ephesus, urges,

'As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope when you were called; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all. But to each one of us grace has been given as Christ apportioned it.' (Eph 4.1-7)

As we begin a new chapter may we hold these words before us as we each seek to embrace the future hopefully and joyfully, with the reminder from John Wesley that 'the best of all, God is with us!'

I look forward to meeting and sharing with you in God's service.

With love and prayers,

Chrissie

Kingsdown Family News

'Hello' to the **Rev Chrissie Howe** and a big welcome from the Kingsdown community as you take up your new appointment with us from 1 June. We look forward to getting to know you and moving forward together with plans for wider outreach into the local community.

And

'**Goodbye**' - Sunday 19th May saw the departure from Kingsdown of the **Rev Peter Catford**. Hopefully it is not too late to say a big 'Thank You' to Peter for his ministry during his short time at Kingsdown. He became so actively involved in so much that goes on in our community and was alongside all those in need of comfort and support in the early part of 2013. It is certain he will be aware of how much he will be missed. We wish you well in your new ministry at Greenford and Northolt, and look forward to those occasions when you will be visiting Kingsdown as part of the new arrangements being put in place in the Circuit.

All good wishes to the whole family for its celebratory weekend, combining the blessing of the marriage of the eldest daughter Elizabeth and her ordination as a minister at Hanwell Church on Saturday/Sunday, 6/7 July.

Your prayers are asked for Chrissie and Peter as they take up their new ministries, and for all the other ministers of the Circuit adjusting to the changes taking place.

Your prayers are asked for **Kathleen** and **Peter Loveridge** as Kathleen recovers at home from a slight stroke.

Please also include in your prayers, the Rev David Holland's wife Meryl who is very poorly (known to many of us as David was a previous minister at Kingsdown).

Mentioned in the church's Prayer Book was Pat Reid who died on Friday, 3 May, described by her family as a fun lady who will be sadly missed. The funeral took place at Greenford Cemetery on Wednesday, 15 May 2013.

Also mentioned is 'young Rudi', whose results from the hospital turned out to be much better than had been hoped.

Circuit Discipleship & Training Programme - at Kingsdown

The studies are open to everyone in the Circuit and all are welcome to come along. The sessions will be at Kingsdown on Sundays at 6:30 pm and for June are planned as follows:

2nd June, 9th June, 16th June, 23rd June, 30th June
'Parables in Mathew'
Led by Rev Dr Jen Smith

There will be an opportunity for those who find it helpful to meet at 6pm for tea and fellowship, before a time of worship and then study.

SAMARITANS ON YOUR DOORSTEP

Many of our Kingsdown congregation will have become familiar with the bright and smiling face of young Rita amongst us on a Sunday morning, and have even done your bit towards making her feel welcome. Do read the article in 'In Touch' to find out more about Rita's story, and her help from Sue and Gerald Barton to enable her continuing stay in the UK.

Further reading From the same source, there's also a rather tongue in cheek look at 'Church Services of the Future' submitted by Christina Tom-Johnson.

CHRISTMAS FAIR

It



had been suggested that we hold a Christmas fair on 30 November in aid of church funds. Anyone interested in helping please contact June Thompson or Janet Smith.

YOUR CHURCH NEEDS YOU !

DON'T LEAVE IT TO OTHERS

Exam

An ill-prepared student taking an exam in theology finally gave up by writing on his paper: "Only God knows the answers to these questions. I'm off for the summer to enjoy his Creation."

The professor marked the paper and added this note: "God gets 100, you get 0. Watch out for sunburn."



Did you know that it costs £1,305 per week to run our Church in 2012-13.

Other costs :	£ 111
Donations :	£ 21
Church maintenance:	£ 283
Utilities :	£ 178
Staff Costs :	£ 712
Total:	£1,305

What we currently give

Direct giving:	£ 507
Tax recovered:	£ 90
Income from hiring building :	£ 592
Income from donations and interest :	£ 9

Total: £1,198

We need an extra £107 per week to break even.



What is the money spent on?

1. Other costs include Letting fees, Junior Church, Photocopying, CCL licence, Website, flowers for the church
2. Donations are what we offer to other Methodist funds.
3. Church maintenance: for the repairs and renewal to the building, cleaning, insurance, organ and piano.
4. Utilities include gas, electric and water.

5. Staff Costs cover our part of the assessment to support the leading worship by lay and ordained staff, pastoral care by our minister, and oversight provided by the circuit ministers
6. This money also provides support to the District for the Chair and Officers – who provide us with support on Safeguarding issues, Lay employment issues, Training, Property, development and Youth;
7. It also goes to help fund work at Connexional level providing further support with property, managing finances and representing the church at national and international level and reflecting on what how we as a church can respond to current issues

We have 82 members who wish to be known as members of Kingsdown Methodist Church.

Thank you that on average you give £6.40 per week through offertory, standing orders, and tax rebate.

We however need around £7.70 per member per week for the next year

Please consider how you may be able to help raise these extra funds to continue to support the mission and ministry of Kingsdown Methodist Church and also support the work of the Methodist Church throughout the Circuit, District and Connexion.

Bob Hutchings

River and Sky

Move our hearts with the calm, smooth flow of your grace. Let the river of your love run through our souls. May my soul be carried by the current of your love, towards the wide, infinite ocean of heaven. Stretch out my heart with your strength, as you stretch out the sky above the earth. Smooth out any wrinkles of hatred or resentment. Enlarge my soul that it may know more fully your truth.

A prayer of Gilbert of Hoyland, (died c.1170, Abbot of the Cistercian monastery of Swineshead in Lincolnshire)

Methodist Conference July 2013

As you probably know, Methodist Conference is coming to London in July 2013. The District is especially keen to give Conference a 'taste of London' by involving our young people and youth workers in welcoming Conference members and showing top-quality photography of the life of the District.

'Conference Makers' are needed to help welcome and direct people on:

6 July, in and around Westminster

7 July, at and around Ordination venues

7 July, hosting the District photography exhibition at Central Hall, Westminster.

To register your interest, please contact the District Resource Centre on 020 7654 3850 or e-mail admin@methodistlondon.org.uk.

District Photography Competitions & Exhibition

During Conference, a photo exhibition will be held at Central Hall so that Conference representatives and visitors will be able to experience something of the stories of Methodism in London. Twenty shortlisted entries will be printed and displayed to form the exhibition and the first prize-winning entry chosen from the shortlist will be specially mounted and presented to the winning photographer.

The title for the exhibition is 'Methodism in London - our Story' and judges will be looking for photos that tell a story, representing something of the life of Methodism in our city today. The competition is open to everyone in Methodist churches and circuits in the London District.

The closing date for submitting entries is 5.00pm on Thursday 6th June. For the official rules and instructions on how to submit photos go to www.ealingtrinity.org.uk/notices or contact the Circuit Office.



Annual Display

10th Ealing Company

The Boys Brigade

Kingsdown Methodist Church, Northfield Avenue, W13

BOOK FAIR



Books

Cakes

Bric-a-Brac

Raffle

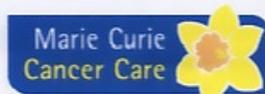
Saturday 6th July

10.00am to 12.30pm

Admission 40 pence

Proceeds to:

Marie Curie Cancer Care – Ealing



BOOK FAIR
Saturday, 6 July
(Proceeds for Marie Curie Cancer Care - Ealing)

Our next Book Fair will be held on Saturday, 6 July, and is in aid of Marie Curie Cancer Care - Ealing Fundraising Group; so it is now a 'local' Charity.

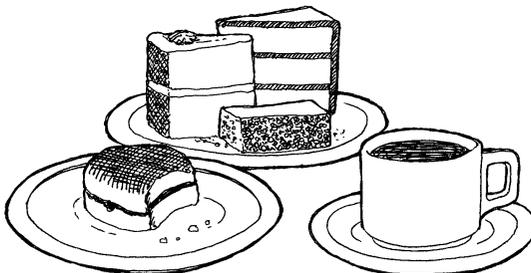
'In Touch' (another one!) A local Marie Curie Care magazine, says it is delighted to relaunch the Ealing Fundraising Group after a successful recruitment drive for new members. The Group has been active locally for over three years working on appeals - Great Daffodil Appeal and the Blooming Great Tea Party. It has a new secretary and treasurer, and many of you met Chris Elliott, the new chair of the group, who attended a recent Book Fair.

Most of us will know something about the work of Marie Curie Nurses. As well as providing medical care and supporting patients in their final days, Marie Curie nurses also answer difficult questions; and the service it provides gives people the choice to die at home surrounded by their family. Chris wants to raise awareness, so she and some of the Ealing Group will be at the Book Fair to chat to you and answer any questions.

In addition to books, we shall have a cake staff. Eileen Tobias will be assisting the Group, so if you can help with cakes please do speak to Eileen. There will be a raffle and the usual bric-a-brac stall (so gifts for this stall will be appreciated).

Please do support this Book Fair on Saturday, 6 July, 10.00 am to 12.30 pm.

Ruby Warne



**What do YOU want in the
KINGSDOWN MESSENGER**

???????

MORE PRAYERS AND POEMS

A RECIPE PAGE

CARTOONS



DETAILS OF EVENTS AT OTHER CHURCHES IN THE CIRCUIT

CAMPAIGNS TO HELP THOSE IN NEED

Letters Page



MORE PHOTOGRAPHS

HISTORY OF THE CHURCH

WOULD YOU MISS THE MESSENGER?

A WHAT HAPPENED 10 YEARS AGO ITEM

MORE DETAILS OF COMING EVENTS

WOULD YOU PAY FOR YOUR COPY?

WHAT STOPS YOU SENDING IN A CONTRIBUTION?



DOES THE MESSENGER MATTER?

TELL THE EDITORS !!!!!

Saturday 8 June 2013

To kick off the Enough food for Everyone IF campaign's journey to the the G8 we are asking you to join MRDF at The Big IF London event on Saturday 8 June.

Why now?



Methodist Relief &
Development Fund

Saturday 8 June is the day that Prime Minister David Cameron is hosting an international Hunger Summit in London. This is a huge opportunity to tackle hunger and save millions of lives.

We want thousands of people to come together for the Big IF event in London to raise their voices against the scandal that one in eight people across the world do not have enough food, even though we know there is enough food for everyone. IF we make enough noise, G8 leaders will have to act.

Timings for the day

11.30am Ecumenical Service Join us at Westminster Central Hall for prayer and worship with Christians from all denominations.

12.30-2pm Walk of Witness Procession from Westminster Central Hall to Hyde Park for the main event. If you're feeling creative why not make a banner to carry with you.

2-5pm Big IF London event in Hyde Park We will join with people from across the UK and around the world to create an iconic image of support for tackling hunger. The image will be created with spinning flowers, which will form a powerful reminder of the two million children whose lives are lost because of hunger each year. More details, including a map of site and locations of drop-off points, will be published soon on the IF campaign website.

Key information

Please come prepared for an outdoor event and check the weather forecast before setting out. Basic food and drink will be available to buy in Hyde Park but do bring snacks and sandwiches along to avoid the queues.



More information updated on
<http://enoughfoodif.org/g8>

HELP THE IF CAMPAIGN TAKE ACTION ON TAX DODGING

GO TO - <http://enoughfoodif.org/taxaction>

Complete the Form NOW



Members of the IF Campaign -

Fields of Life - Irish Council of Churches - Concern Universal - **The Fairtrade Foundation** - The Justice Initiative - Amirah Foundation - Bond - **Tearfund** - Rainbow Development in Africa - The Britain - Nepal Medical Trust - Publish What You Fund - Breathe - Links International - SERVE - Smile International - Forum for the Future - Ethical Currency - Welsh Centre for International Affairs - Restless Development - Wales Africa Community Links - Go Dharmic - International Medical Corps - The Zahra Trust - Social Enterprise UK - The Union of Welsh Independents - SPEAK Network - Student Christian Movement - Beyond Skin - NIDOS - **Christian Aid** - ADRA-UK - Interpal - Amigos - The Global Poverty Project - Self Help Africa - Jewish Social Action Forum - Skillshare International - African Initiatives - Fair Corp - Baptist Union of Wales - READ Foundation - The Rights Practice - Wales International Development Hub - The Hunger Project - Healthy Planet UK - Article 19 - Wales Liberia Connect - Unite - Diaspora Volunteering Alliance - CADA - Just1 - LAMB Health Care Foundation - Caprecon - The Life You Can Save - COCO - Soil Association - Choolips - Diaspora Engagement - FOSIS - Action Against Hunger - Advantage Africa - Liberal Democrat Christian Forum - Asian Foundation for Philanthropy - Trócaire - Results - Friends of the Earth Scotland - UNICEF UK - Business in the Community Northern Ireland - CARLA International - Congregational Federation - Food for the Hungry UK - World Vision UK - Christian Socialist Movement - Disability Aid Abroad - SEAD - JustShare - Concern Worldwide - People River - **The Salvation Army** - National Justice and Peace Network - The Church in Wales - Al-Khair Foundation - Muslim Charity - SCIAF - Liberation - Basti Ram - Muslim Women's Network UK - WCVA - Irish Congress of Trade Unions: Northern Ireland Committee - Arthur & Henry - Oxfam Ireland - Eco-Congregation Scotland - Care International UK - One World Week - Feed the Hungry UK - Save the Children - Gefiltefest - Global Giving - Children in Crossfire - Mercy Corps - Human Appeal International - **The Church of England** - The Presbyterian Church of Wales - UNA-UK (United Nations Association of the UK) - Tzedek - Vegetarian Society - Commitment for Life - Send a Cow - London Muslim Centre - Global Student Forum - Just Trading Scotland - Justice & Peace Scotland - Partners for Change Ethiopia - Scotland Malawi Partnership - **United Reformed Church** - Creatives Against Poverty - Muslim Aid - Pachacuti - Penny Appeal - Islamic Society of Britain - World Jewish Relief - **Oxfam** - The Movement for Reform Judaism - Islamic Relief UK - Green Shoots Foundation - **Baptist Union of Great Britain** - Islamic Help - Pants to Poverty - Handicap International UK - Age International - Elim Pentecostal Churches - Live Below the Line - Excellent Development - One World Centre, Isle of Man - British Humanist Association - CAFOD - ONE - The Humanitarian Centre - Jewish Vegetarian Society - AfriKids - NIPSA - Africa UK - Tauheedul Relief - **The Methodist Church in Britain** - AlMaghrib Institute - Us - HACOT (Humanitarian and Charitable ONE Trust) - National Federation of Women's Institutes - Diaspora for African Development - **Traidcraft** - National Board of Catholic Women - Urdd Gobaith Cymru / Welsh League of Youth - 24-7 Prayer UK - Isle of Man Enough Food For Everyone IF Campaign Group - The Scottish Episcopal Church - International HIV/AIDS Alliance - Emerge Poverty Free - Progressio - Creating Better Futures - Merlin - Divine Chocolate - TRAIID - ActionAid Youth Network - Twin - BMS World Mission - NE-CAP - UKAN - Trust for Africa's Orphans - War on Want Northern Ireland - **Comic Relief** - Vine Trust - Peace by Piece - Exeter Quaker Meeting - MADE in Europe - Al Mustafa Trust International - Jesuit Missions UK - Action for Global Health UK - The Church of Scotland - A Rocha UK - Myrddin Presbytery of the Presbyterian Church of Wales (Henaduriaeth Myrddin) - Tools For Solidarity - GENNI - **Methodist Relief & Development Fund** - Positive Women - Mo Farah Foundation - National Union of Students - Scottish Fair Trade Forum - Abaana - Union of Jewish Students - Y Care International - HIRDA - **Methodist Tax Justice Network** - Hazina - Think Global - Christian Aid Ireland - Positive Runway - Compassion in World Farming - Fair Trade Wales - The Vegan Society - Bounce - Cyan International - ActionAid -

A mausoleum, my foot!

The headline on a recent article in the Methodist Recorder drawing attention to the re-opening of the first phase of the redeveloped Museum at Wesley's Chapel in the City Road.

The author, Leslie Griffiths went on: .

HOW many of you have visited Wesley's Chapel?" I asked. Three or four hands went up from a congregation of 80 or so. "Gosh," I said, "why on earth haven't the rest of you come to see us?" The replies, guarded at first but soon coming in fuller swell, struck a familiar note. The chapel is considered to be some kind of a mausoleum, a relic, a monument that speaks of a dull and fading past.

How much further from the truth could they get? This is a place that vibrates with activity. It's open every day and we receive visitors from every corner of the world.

The Museum is in the process of a major refit with £100,000 from British Methodist sources and an amazingly generous gift of \$1 million from the Kwanglim Methodist church in Seoul which kick-started the project. The remaining £600,000 will be raised from other bodies.

Opening Times

Monday to Saturday 10am - 4pm Sunday 12.30pm - 1.45pm
Last admission to John Wesley's House is 30 minutes before closing time.

Closed every Thursday between 12.45 & 1.30pm (for service)
also between Christmas & New Year, Public & Bank Holidays, except Good Friday.

Admission is Free but donations are very welcome in helping to preserve this site and its collections.

The Museum is at - 49 City Road, London, EC1Y 1AU

Nearest Underground Stations
Old Street (exit 4) (Northern Line City Branch)
Moorgate (Northern, Circle and Metropolitan Lines)

The fully operational Gentlemen's Toilets in the lower level are 'Listed' and exactly as they were in the early 1900's with glass water tanks, brass pipes and mahogany panels etc

More from <http://www.methodistlondon.org.uk/node/1986>

Thanks to Jill Richardson who passed the details to us Ed.

Crisis in Syria – help the MRDF to help them

More than three million people have been forced to flee their homes due to the ongoing conflict in Syria. Local infrastructure has been severely damaged, meaning food supplies are limited and many families lack access to water or basic medical care. A million people are estimated to have fled to neighbouring countries where they are finding supplies are stretched and refugee camps nearly filled to capacity.



Donations to MRDF's Syria Appeal will pay for essential supplies such as food, hygiene kits and warm clothes, as well as counselling for those who have experienced trauma, and remedial classes for children who are missing out on normal education. You can give £5 now by texting 'MRDF13 £5' to 70070 or visit www.mrdf.org.uk

Archbishops' Council and Durham University sign historic agreement

The Archbishops' Council has linked with Durham University in an historic partnership to provide a suite of higher education awards for ordinands, lay ministry students and others studying in colleges, courses and dioceses in England.

In the initial cohort, there will be around 1,000 students studying for the Durham University awards, which will be available from September 2014. Church of England, Baptist, Methodist and United Reformed Church students are included, making this a significant opportunity for ecumenical cooperation.

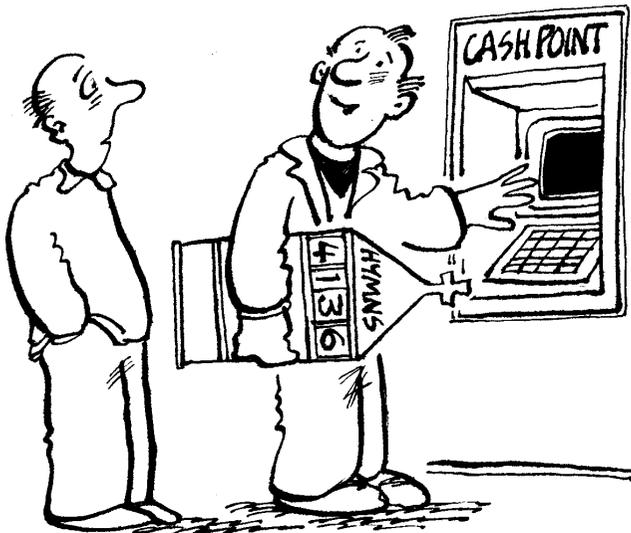
Under the arrangement, theological colleges and courses will continue to be responsible for the learning and teaching of students and their preparation for ministry. On successful completion of their studies, students will receive a Durham University degree or diploma. In some cases students will continue to study towards a higher award in their first years of ministry after ordination and licensing.

Data Protection - Kingsdown Methodist Church maintains a database of basic information relating to members and the community roll. Keep the Minister informed of any changes to your personal details. The database is maintained in accordance with the guidelines of The Trustees for Methodist Church Purposes, Central Buildings, Oldham Street, Manchester M1 1JQ to whom any formal requests for access to the data must be addressed.

My Prayer Answered

*I asked for Strength,
God gave me difficulties to face.
I asked for Wisdom,
God gave me problems to solve.
I asked for Courage,
God gave me danger to overcome.
I asked for Love,
God gave me troubled people to help.
I asked for Favours,
God gave me opportunities.
I received nothing I wanted;
I received everything I needed.
My PRAYER has been answered*

Submitted by Rekha John



© www.parishpump.co.uk

*...between you and me, it's the
only way I can remember my PIN number!*

All in the month of JUNE

It was....

400 years ago: on 29th Jun 1613 that the original Globe Theatre in London, built and owned by Shakespeare's company of players, was destroyed by fire.

175 years ago: on 28th Jun 1838 that the Coronation of Queen Victoria took place.

150 years ago: on 7th Jun 1863 that Franz Gruber, Austrian organist and composer, best known for composing the Christmas carol 'Silent Night', died.

100 years ago: on 15th Jun 1913 that Trevor Huddleston, British Anglican bishop and anti-apartheid activist; President of the Anti-Apartheid Movement, was born.

100 years ago: on 19th Jun 1913 that South Africa passed the Natives Land Act, establishing reserves for blacks and forbidding the transfer of land between races.

75 years ago: on 4th Jun 1938 that Austrian psychoanalyst Sigmund Freud moved to Britain to escape Nazi persecution.

Also 75 years ago: on 9th Jun 1938 that London's Trooping the Colour ceremony was televised for the first time.

65 years ago: on 24th Jun 1948 that the Soviet Union began a blockade of Berlin, cutting off all routes between West Germany and West Berlin. The Allies launched a massive airlift to take in supplies.

60 years ago: on 2nd Jun 1953 that the Coronation of Queen Elizabeth II took place at Westminster Abbey, London.

50 years ago: on 5th Jun 1963 that the British Secretary of State for War, John Profumo, resigned after it was revealed he had lied to the House of Commons about his affair with Christine Keeler.

Also 50 years: on 26th Jun 1963 that US President John Kennedy visited West Berlin and made his famous declaration 'Ich bin ein Berliner' (I am a Berliner) to demonstrate the USA's support.

30 years ago: on 9th Jun 1983 that Margaret Thatcher won her second term as British Prime Minister with a landslide victory in the General Election.

25 years ago: on 11th Jun 1988 that Nelson Mandela's 70th Birthday Tribute took place at Wembley Stadium, London. (He was still in prison, and was released in February 1990.)

15 years ago: on 1st Jun 1998 that the European Central Bank was established in Frankfurt, Germany.

21 June - Summer Solstice – longest day of the year

June, of course is the month of the summer solstice, the month of the Sun. Sol + stice come from two Latin words meaning 'sun' and 'to stand still'. As the days lengthen, the sun rises higher and higher until it seems to stand still in the sky.

The Summer Solstice results in the longest day and the shortest night of the year. The Northern Hemisphere celebrates in June, and the Southern Hemisphere celebrates in December.

While the Druids worship at Stonehenge and elsewhere, here are some Christian alternatives that honour the Creator rather than the created.

A Cantic for Brother Sun

Praised be You, My Lord, in all Your creatures,
Especially Sir Brother Sun,
Who makes the day and enlightens us through You.
He is lovely and radiant and grand;
And he heralds You, his Most High Lord.

St Francis of Assisi

God in All

He inspires all,
He gives life to all,
He dominates all,
He supports all.
He lights the light of the sun.
He furnishes the light of the night.
He has made springs in dry land.
He is the God of heaven and earth,
of sea and rivers,
of sun, moon and stars,
of the lofty mountain and the lowly valley,
the God above heaven,
and in heaven,
and under heaven.

St Patrick



Smartphone overload?



Do you spend your days feeling stressed, and somewhat confused? Your smartphone and use of social networking sites may well be to blame. Facebook and Twitter clog the mind with a deluge of information, ranging from gossip to breaking news, and smartphones only increase the problem.

"A saturated mind is the single biggest cause of stress, lack of confidence, bad decisions, strained relationships, fumbled goals and unrealised potential." Says Jamie Smart, an international behaviour expert. He says he finds some eight year olds can think more clearly than some business leaders and politicians. "People are paying the price as time-scarcity and information-saturation clogs the 'mental machinery' they rely on. When your mind is clear you can focus, solve problems and succeed."

How to help avoid a car crash

Eat your breakfast. It will decrease your risk of having an accident as you drive to work by up to a third. A recent study by Halfords Autocentres found that drivers who had eaten a breakfast of orange juice, porridge, toast and a hot drink were able to brake more quickly than those who had not breakfasted.



...I don't care what your Sat-Nav's telling you - I'm telling you you are definitely not on the M6, nine miles south of Derby!!!

THE BIBLE TREE

Thomas Hartwell Horne was a Wesleyan Methodist who turned his thoughts to the study of the scriptures sometime about the 1790s, writes Raymond Brown. One particular task took him seventeen years intense labour. He counted every verse, every word and every letter of the Old and New Testaments to make up his Bible Tree.

The
Bible con-
tains 3,566,480
letters, 773,693
words, 31,102
verses, 1,189 chap-
ters and 66 books. The
longest chapter is the
119th Psalm; the shortest
and middle chapter is the
117th Psalm. The middle verse
is the eighth of the 118th
Psalm. The longest name is in
the eighth chapter of Isaiah. The
word 'and' occurs 46,277 times; the
word 'Lord' occurs 1,855 times. The 37th
chapter of Isaiah and the 19th chapter
of the second Book of Kings are alike.
The longest verse is the 9th of the 8th
chapter of Esther; the shortest verse
is the 35th of the 11th chapter of
John. In the 1st verse of the 7th
chapter of Ezra is the alphabet.
The finest piece of reading is
the 26th chapter of Acts.
The name of God is not
mentioned in
the
Book
of Esther. It
contains knowledge,
wisdom, holiness and love



Agriculture project supports farmers to work together for community gains

Traidcraft Exchange, the UK's only development charity specialising in making trade work for the poor, is praising its supporters after results from an independent organisation found Traidcraft's development work in Bangladesh to have had an immediate impact on increasing and improving livelihoods for beneficiaries.

Traidcraft's Sustainable Livelihoods for Poor Producers project has helped over 2,500 farmers in Bangladesh since it began in January 2007. The project provides training and support, allowing farmers to farm their way out of poverty by sharing skills and working together.

As a result of the project, vegetable farmers have increased their income by over 78% and now have enough income to eat more regular and nutritious meals and send their children to school.

Traidcraft is now seeking further support to extend the project to a further 9,000 farmers in the Mymensingh and Sherpur districts of northern Bangladesh.



The rules of bureaucracy

1. Preserve thyself.
2. It is easier to fix the blame than to fix the problem.
3. A penny saved is an oversight.
4. Information deteriorates upward.
5. The first 90% of the task takes 90% of the time; the last 10% takes the other 90%.
6. Experience is what you get just after you need it.
7. For any given large, complex, hard to understand, expensive problem, there exists at least one short, simple, easy, cheap wrong answer.
8. Anything that can be changed will be, until time runs out.
9. To err is human; to shrug is service.
10. There's never enough time to do it right, but there's always enough time to do it over.



JUSTICE

Every time there is a story about the law and justice in the newspapers or on television they always use the same symbol to show justice – a woman wearing a blindfold over her eyes, holding a set of scales in one hand and a sword in the other.



The blindfold is there to show that nothing affects the decision except the scales. The scales show that justice is only

right when both sides weigh the same and that all are equal before the law. The sword is there to show that the good are protected and the wicked punished.

All through Jesus' teaching is the idea of judgement – that we all shall stand before the throne of God and answer for what we have done. And when we do, the judge will be Jesus because he lived on earth as we do. St Matthew's Gospel, chapter 25, verses 31 to 46 tells us about this judgment.

Will you be a sheep or a goat?

SHEEP & GOATS

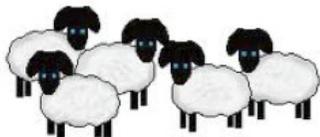
The answers to these are all animals in the Bible. Answers below.

1. 400 young men escaped on these (1 Samuel 30:17).
2. They eat under the table (Mark 7:28).
3. They live in the high mountains (Psalm 104:18).
4. One was lost and 99 were safe (Luke 15:6).
5. Benaiah killed this animal in a pit on a snowy day (1 Chronicles 11:22).
6. There were 4 of them, coloured white, red, black and pale green (Revelation 6:1-8).
7. Jesus rode this into Jerusalem (Matthew 21:21).
8. Their dung is used to bake bread (Ezekiel 4:15).



What did the cloned sheep say to the other sheep?

I am ewe.



What do you call a sheep with no head or legs?

A cloud.



Answers: 1.camels 2.dogs 3.goats
4.sheep 5.lion 6.horses 7.donkey 8.cow

EVENTS AT KINGSDOWN

JUNE

- Mon 3 8.00 pm Guides (most Mondays throughout the month)
- Tue 4 2 pm Kingsdown Club - A bingo and Quiz Afternoon
- Wed 5 1-3 pm Babies & Toddlers Group (term time only)
7.00 pm Youth Group
- Fri 10.15 am Coffee Morning in Foyer - Everyone welcome
BOYS BRIGADE 6.30-7.30 pm Anchor Boys, 6.30-8.00 pm
Junior Section, 7.30-10.00 pm Company Section (most Fridays
throughout month)
- Sat 10.30 am Coffee & Chat in the Foyer - Everyone welcome
- Tue 11 Liz & Steve Palmer's Home Group
- Tue 18 2 pm Kingsdown Club - 'Pot-Pourri': an Illustrated Talk by
Ron Teague

Other Events Around the Circuit

- Sat 8 10 am-5pm **Acton Hill Flower Festival**
and
- Sun 9 9.30 am-1 pm Admission £1 (children free)

ADVANCE DATES

*Saturday, 6 July Book Fair with stalls. Proceeds to Marie Cure Cancer Care
- Ealing*

