KINGSDOWN MESSENGER



October 2014



SERVICES FOR OCTOBER

5 Oct	10.30	Local Arrangement - Mr Les Goodchild		
12 Oct	10.30	Rev Rachel Bending, Family/Parade Service and HARVEST FESTIVAL		
19 Oct	10.30 6.00	Rev Peter Catford, Holy Communion CIRCUIT SERVICE at Hanwell 'Sacred Songs of Praise'		
26 Oct	10.30	Mrs Yvonne Hill		
NOVEMBER				
2 Nov	10.30	Local Arrangement - Mrs Rekha Cherivan		

Top ten things I have learned from gardening (from "Growing Things" by Allen R Rumble)

- We really do reap what we sow. Good seeds bear good fruit.
- Without rains and storms there is no growth no fruit is produced.
- When weeding, be careful! We can't always tell the difference between a nasty weed and a beautiful flower.
- Deep roots are a good thing. Without them, we'll wither and die.
- Pruning and trimming, as painful as it seems, actually works to our advantage.
- In gardening, as in life, cheating does not work. Short-cuts, slipshod efforts, and neglect always show up in the quality of our qarden.
- Like anything worthwhile, beautiful gardens require attention, hard work, and commitment.
- We cannot rush the harvest. Bearing fruit takes time and patience. Premature fruit is almost always sour.
- Gardening and growing is a lifetime experience. We can experience growth and beauty until the day we die.
- Fertilizer happens! In fact, nothing much grows without it.

Dear friends

For me the end of September and the beginning of October are all about fresh starts and renewed hopes as new school, university and Methodist years begin. But they're also about

the realisation of hopes and plans from earlier in the year.

As we celebrate harvest we're caught in the middle of two dynamics: we stand in awe at the beauty and abundance of the harvest; but also we long for a harvest to come when all people can share its abundance and joy. There is a strong sense of both 'now' and 'not yet' about harvest, of joy and celebration alongside longing and yearning.

In my own garden the apple tree is now nearing the end of its plentiful harvest, the grape vine has given of its best but there are still flowers to enjoy. Alongside all that abundance I've spent the last few weeks digging, enriching the soil and planting herbs and bulbs. As I do so I have images and hopes in my mind of the beauty of spring and of the fragrance of summer, of herbs and vegetables for the kitchen and flowers and shade for our enjoyment.

This planning and working for the future has changed how I see the garden in the present as well. The garden now feels full of hope and possibility. It feels more full of life than before. Even in the earliest stages, when we had done very little, our hopes and plans seemed to change the way I saw it and interacted with it.

We could, I suppose, have just left it as it was and not allowed our dreams and imaginations to infect the garden nor the garden to infect and call on our fantasies of what it could be. We could have decided it was all too much, the ivy too thick and that it would have to stay like that. We could have allowed it to stay as it was with its abundant crop of apples, holly and ivy and enjoyed them. But there would always have been a 'what if' lurking in the back of our minds.

Harvest encourages us to enjoy the abundance, to give thanks and to glory in it. It also encourages us to listen to the 'what ifs' and to act upon them. It calls us into the 'not yet', the places of longing where things do not yet resound fully with the kingdom of God. It asks us to work hard, to dig fresh fields, to encourage growth, to work until all can sing of God's abundance.

We don't work alone. We'd still be digging, pruning back and clearing if it weren't for the help we received. We work together in partnership with each other and God.

May God bless you with the joy of abundant harvests in all you do and may God discomfort and empower you with fresh vision of all that is yet to be.

Love.



Rachel



KINGSDOWN FAMILY NEWS

We were sorry to learn from our Church Notices on Sunday last that our good friend **Gerald Barton** has been experiencing health problems, resulting in the need for a pacemaker. He is now home and making a good recovery (hoping to be back in the Circuit Office very soon). His family are so thankful that his problem was diagnosed and treated so promptly and much appreciate everyone's kind concern and prayers.

Please continue to hold in your prayers **Mrs Norma Crooks** who remains rather poorly, and any other members of our community who you are aware may be in need of ongoing loving support from the Kingsdown community.

We delighted to observe on the BB notice board an award to its leader, **Tony Plews**, whose 30 years of service as a BB officer has been recognised by the BB Executive. Congratulations Tony, and sincere appreciation for your dedicated hard work on behalf on all the boys in Kingsdown's Boys Brigade (resulting in so many successes over the years).

Joy Lane has made a good recovery following her unfortunate attack at Pearl Pike's funeral. As many of you will know, Joy too had a pacemaker fitted at Hammersmith Hospital the following day. Joy and Brian wrote us a note to express their gratitude for the love and attention received at Kingsdown on that occasion.

The funeral of **Mrs Pauline Booth**, along standing local preacher, who died on the 9 September, will take place at Hanwell Methodist Church on Thursday, 2 October 2014 at 12 midday, followed by cremation at South Middlesex Crematorium at 2.20 pm. Kingsdown has been asked if anyone might possibly provide help with refreshments at Hanwell from 12 noon - contact Richard Goldstraw on 020 3718 9577.

Personal Safety Guide

As we move into winter, it's not just the cold weather we become aware of. The nights are getting longer, which means fewer daylight hours. Personal safety should always be at the forefront of your mind.

Keeping yourself safe is ultimately about common sense, but it's important to look out for others as well.

Being in a vulnerable situation, such as in a Church alone or locking up after an event or service, means that you need to be vigilant.

A few tips for your personal safety:

: not locking up the Church on your own.

: if alone in the Church, always lock the doors

: always carry a mobile

: where possible let someone know where you are and what time you expect to leave

Janet Smith

At Summer Camp in 2014 the !0th Ealing commemorated the First World War by presenting a version of Band of Brothers on the last evening of Camp. You can see this on You Tube



https://www.youtube.com/watch?v=RVxCBvkrjME&feature=youtu.be

SERVICE OF WELCOME

A service of welcome and celebration took place at the Holy Trinity Church, Southall Park on 7 September 2014, led by Rev Dr Jennifer Smith, to receive new ministers into the Circuit and to launch the Salaamati Project. Welcomed were Kingsdown's own new minister, the Rev Rachel Bending, (also having responsibility for the King's Hall congregations), and Lemia Nkwelah serving as a Probationer Deacon in the Circuit.

Most of us will by now have met Rachel and extend our own welcome from the Kingsdown family and wish her well in her journey with us.

The Salaamati Project is a joint intiative at Holy Trinity Southall and Ealing Trinity Methodist Circuit to show God's Love in Christ - seeking health, wholeness and wellbeing for all in the local community by providing a range of high-quality services tailored to the needs of the people in the area.



Further details can be found at www.salaamatiproject.org.uk.



IT'S HARVEST TIME AGAIN

Our Harvest Service will take place on Sunday, 12 October. Our next 'charity of the year', is the Ealing Food Bank. Obviously, as you can see from the ongoing list of requirements, it means that again there is a need for innovative ideas for the decoration of the church. There is no call for any quantity of fresh fruit or vegetables, so may we make a plea to everyone who has assisted in the past to don your thinking caps and come up with suitable decorative displays, incorporating where possible the products we are asked to donate:

instant mashed potato, long-life fruit juice, steamed puddings, cooking oil, rice pudding, custard, cooking sauces, sugar, tinned meat, deodorant (male and female), and toilet rolls (all with 'best before' dates well ahead, would be appreciated).

Organisations/individuals are encouraged to take over one of the shelves or any other suitable area to perhaps reflect their own activities or be inspired with creative ideas. Garden foliage/late autumn flowers can of course be incorporated in the displays.

Eileen Tobias (020 8567 4205) or Pam Smith (020 8840 4803) would welcome the names of volunteers willing to take up the challenge and, of course, look forward to seeing everyone on Saturday morning from 10 o'clock to assist in transforming the church. Hopefully, as usual, we shall have the benefit of Ivy Hanson's beautiful floral creations to enhance our own efforts.

(If you have any queries about the suitability of items please get in touch with **Sue Barton**,

email sue.garland6039@btinternet.com or tel (020 8840 7704).



KINGSDOWN CLUB PROGRAMME for OCTOBER to DECEMBER 2014

MEETINGS ARE HELD ON THE FIRST AND THIRD TUESDAY OF EACH MONTH .ALL ARE WELCOME TO ATTEND . WE MEET IN THE FOYER OF THE CHURCH FROM 2.00 TO 4.00 P.M. TRANSPORT IS AVAILABLE FOR ANYONE WHO SHOULD NEED IT.

PLEASE CONTACT EILEEN TOBIAS TEL. NO. 0208 567 4205 FOR DETAILS.

21st OCTOBER
AN ENTERTAINMENT
with BETTY and GLADYS

4th NOVEMBER
A MUSICAL QUIZ
with BOB CUNNINGTON

18th NOVEMBER SOUTHBORN SONG BIRDS W1 ENTERTAIN

2nd DECEMBER a talk by THE REV . PETER CATFORD

16th DECEMBER
THE CHRISTMAS TEA PARTY
DAVE ENTERTAINS

THE NEW PROGRAMME BEGINS 6TH JANUARY 2015



We are delighted to report the receipt of £357.70 from the donations made at the AWC service and additional donations throughout the year. Thanks too for the 24 Climate Change postcards that were completed. You can still fill in a card if you have not done so already - they are in a basket at the back of the Church. Thanks for your generous support for this worthy charity.



Community Bible Study International (UK)

Northfields

The weekly CBSI UK Bible Studies recommenced on Thursday September 25th from 15.30-17.30pm at Kingsdown. This time we are studying the Acts of the Apostles and will start with an introduction, followed by 30 weeks of lessons, divided into three terms and finishing in June 2015.

Charges will be £1 per person per week for refreshments. Study Guides will be available by email, or by hard copy, free of charge.

Further details from the Class Leader Rachel Kamara Tel 020 8840 5576 email rachelkamara@hotmail.com

Olwen Britton (Class Co-ordinator)

Bible textbook for schools

A new textbook on the Bible is being made available to schools. The Art of Bible Reading features paintings by Devon-based visual artist Brian J Turner, who is in the process of painting 3,000 artworks that will cover all the stories in the Bible. Some of these have been incorporated into the book which has been written by academics at the University of Exeter and produced in partnership with Bible Society. It invites pupils to explore and interpret the meaning of biblical stories in a new way, looking at individual Bible stories, like Noah and the flood, Jesus turning water into wine, and at the overarching story of God's Salvation, which runs through the Bible as whole. Art is used throughout the textbook as a stimulus to get both secondary school teachers and pupils to see how the artist has interpreted the selected biblical stories. Brian Turner's colourful and quirky images provide a stimulus for pupils to think about how they and other people, both within and outside the Christian community, read, interpret and respond to the biblical stories upon which the images are based.

I'VE A BONE TO PICK WITH YOU!

Well, not you personally perhaps, But others of your ilk, Who said the step-change to old age would be as smooth as silk! Now, some may find it funny, I myself am not amused At thoughts of graceful ageing I've been sadly disabused. That hoary chestnut "you'll stay young, With minds as sharp as knives, Expect to live forever and have rich fulfilling lives"! They stuff our heads with utter tripe that getting old is fun, "Run marathons at eighty! (those of us who still can run!) And folk like you bleat on about the start of a new life "With money, wisdom, freedom -Take a cruise or change your husband or your wife!" The telltale signs start showing, Feeble limbs and failing health. The mind begins to wander, It's decrepitude by stealth! It isn't rocket science to suss out what's real or what is not. A farce from start to finish - we should tell it as it is. If we can see the truth, it should be us who take the laugh. Let's face it folks, its HOGWASH, But as wisdom comes with age, Those lies they've filled our heads with

Lita Requinton Stoll

Theory of relativity:

If you go back far enough, we're all related

Fully justify AGE RAGE!



METHODIST HOMES FOR THE AGED

Our next book fair is on Saturday November 1st and is in aid of Methodist Homes for the Aged. There will be the usual stalls.

On Sunday November 2nd we will be holding our MHA Sunday celebration, the service to be taken by MHA Chaplain at Wembley, Reverend Eric Thorn. There will be envelopes in the pews and you are invited to give generously. Donations may be Gift Aided if desired.

You may be interested to know that MHA is one of the most respected providers in the care sector so it is well worth supporting. We are also pleased to welcome to the Circuit Probationer Deacon Lemia Nkwelah, who will be leading the development of an MHA Live At Home scheme for Ealing.

I hope you will be able to support MHA at one or both of these events.

Olwen Britton





What's the point in Methodism?

Quentin Letts discussed the relevance of Methodism today, in a 'What's the Point...?' special - a witty and thought-provoking look at some of Britain's greatest institutions on BBC Radio 4.

District Chair, Revd. Dr. Stuart Jordan said of the show: "It's refreshing to see a sympathetic and encouraging description of Methodism from the wider media".

If you missed it, never fear - listen on BBC I player

http://www.bbc.co.uk/programmes/b04fz4vb



London Fashion Week

At the start of London Fashion Week, the Methodist relief and development partner, All We Can, has organised a campaign event to call for reforms in the fashion industry to protect the rights of garment workers. Students from Methodist schools will be joined by representatives from the Methodist Women in Britain network and All We Can to present hundreds of cross-stitched mini protest banners and signed postcards to the government.



Through the World Action in Methodist Schools programme, over the last year hundreds of students from Methodist schools around the country have learnt about the working conditions of garment workers around the world. In response, students have hand-stitched 'mini-protest banners' bearing slogans such as "No more fashion victims" and "End sweatshop injustice now", in support of a campaign organised by All We Can and War on Want, calling for the rights of garment workers to be protected. The banners toured Methodist schools over the summer to help raise awareness of the campaign, and were also displayed at Methodist Conference in July.



London Fashion Week



Representatives from Methodist Women in Britain, Ruth Watkins and Pat Maziane, who were inspired to add their stitches to the campaign after an All We Can workshop at the MWiB conference earlier this year.



GET AHEAD for CHRISTMAS - One way of supporting AWC is to buy an Extraordinary Gift. Simply choose a gift for a friend or family member from a selection including Animals, Health, Farming, Business and education.

Whichever gift you choose, you will be helping our partners to tackle poverty and injustice in some of the world's poorest communities.

Go to - www.allwecan.org.uk/extraordinary-gifts

Recycle.....

Book a free collection for your furniture and electrical items using our online booking form.

http://www.bhf.org.uk/shop/donating-goods/van-collection/step-2.aspx



We'll give you a call within 72 hours to confirm your booking.

You can also call us on 0808 250 0030 (free on a UK landline) or contact your nearest shop to arrange a collection.

What we can collect

Before organising your collection please check that:

All the goods are in good condition, clean and complete, and that they work correctly.

All upholstered furniture has a fire label attached. For sets, ie a three piece suite, each individual item must have its own fire label.

We can also collect any clothing, accessories, shoes, books, DVDs, CDs and homewares at the same time.

What we can't collect

There are some items that we can't accept for legal, health and safety or quality reasons. We recycle as many of these items as we can but we won't always be able to accept everything.

Smaller items collection

We can also collect your clothes, shoes, books, DVDs, CDs, accessories and homewares. Contact your local shop or call us 0808 250 0024 to book a free collection.

If you need any help with your online booking please email onlinebooking@bhf.org.uk. For other enquiries, please call us on 0800 138 6556 or email customerservice@bhf.org.uk.

This is what soldiering is all about.....Just Stay

A nurse took the tired, anxious serviceman to the bedside.

"Your son is here," she said to the old man.

She had to repeat the words several times before the patient's eyes opened.

Heavily sedated because of the pain of his heart attack, he dimly saw the young uniformed Marine standing outside the oxygen tent. He reached out his hand. The Marine wrapped his toughened fingers around the old man's limp ones, squeezing a message of love and encouragement.

The nurse brought a chair so that the Marine could sit beside the bed. All through the night the young Marine sat there in the poorly lighted ward, holding the old man's hand and offering him words of love and strength. Occasionally, the nurse suggested that the Marine move away and rest awhile.

He refused. Whenever the nurse came into the ward, the Marine was oblivious of her and of the night noises of the hospital - the clanking of the oxygen tank, the laughter of the night staff members exchanging greetings, the cries and moans of the other patients.

Now and then she heard him say a few gentle words. The dying man said nothing, only held tightly to his son all through the night.

Along towards dawn, the old man died. The Marine released the now lifeless hand he had been holding and went to tell the nurse. While she did what she had to do, he waited.

Finally, she returned. She started to offer words of sympathy, but the Marine interrupted her.

"Who was that man?" he asked.

The nurse was startled, "He was your father," she answered.

"No, he wasn't," the Marine replied. "I never saw him before in my life." "Then why didn't you say something when I took you to him?"

"I knew right away there had been a mistake, but I also knew he needed his son, and his son just wasn't here.

When I realized that he was too sick to tell whether or not I was his son, knowing how much he needed me, I stayed."

I came here tonight to find a Mr. William Grey. His son was Killed in Iraq today, and I was sent to inform him. What was this Gentleman's Name? The Nurse with Tears in Her Eyes Answered, Mr. William Grey......

The next time someone needs you ... just be there. Stay....

WE ARE NOT HUMAN BEINGS GOING THROUGH A TEMPORARY SPIRITUAL EXPERIENCE.

WE ARE SPIRITUAL BEINGS GOING THROUGH A TEMPORARY HUMAN EXPERIENCE.

Submitted by Chris Marlow on behalf of Donney Samuel

MIGHT YOU BE INTERESTED?

Powered wheelchair - a bit shabby and well-used but with new batteries, tyres and electric controls, needs a new owner. If you know anyone who could make good use of such a chair, please let us know. We are happy to give it away - or accept a donation to 'All We Can' the Methodist Relief and Development Fund.

Kathleen and Peter Loveridge 020 8579 3941 Kathleen.loveridge@bt.internet.com

The views expressed in articles in The Messenger are not necessarily those of Kingsdown Methodist Church or the Editors.

Data Protection - Kingsdown Methodist Church maintains a database of basic information relating to members and the community roll. Keep the Minister informed of any changes to your personal details. The database is maintained in accordance with the guidelines of The Trustees for Methodist Church Purposes, Central Buildings, Oldham Street, Manchester M1 1JQ to whom any formal requests for access to the data must be addressed.

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HANWELL METHODIST CHURCH 110th Anniversary Celebrations

presents



An Evening of Plano and Flute Music with



GARETH KNOX and KRISTAN SWAIN

Saturday 1st November 2014 Hanwell Methodist Church at 7:30pm

The programme will include works for solo piano by Mozart, Schubert and Chopin and for flute and piano by Handel, Reinecke and Bizet (arr. by Borne).

Tickets: £10 in advance Children (under 16): £5 Including a finger buffet.

Tickets are available from:

- → Barbara on (020) 8991 1913
- → Rita on (020) 8813 1871

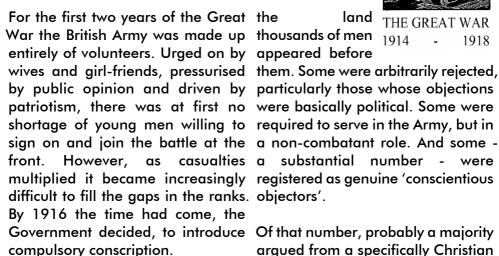
In aid of Hanwell Methodist Church funds. Please order your tickets before Thursday 30th October.



For more information about our Church and the events we have planned, please visit our website at www.hanwellmethodist.info

THE WAR TO END ALL WARS

Part 10 of 12: THE GREAT WAR: THE 'CONCHIES'



religious auestions. a genuine moral or spiritual objection to the very principle of war The public as a whole objectors'.

Local boards were set up



land THE GREAT WAR thousands of men 1918 appeared before

required to serve in the Army, but in substantial number

argued from a specifically Christian view-point. They felt that killing, Most men, even if reluctantly, even in a 'just' cause, was contrary complied. There was still a strong to the teaching of Jesus. You can't sense in the nation of a shared 'love your enemies' by killing them, commitment to support our Allies they said. Some of these were and defend freedom. But there were Quakers - members of the Society some for whom military service of Friends - who instead volunteered raised fundamental moral, ethical for the Friends' Ambulance Brigade, In which did brave and dangerous recognition of this, the Government work on the front line in France. No agreed that those who could prove one could accuse them of cowardice.

could register as 'conscientious ambivalent about the 'conchies'. By now Britain was a sorrowing land, with most families experiencing the to loss of a son, husband, fiance or men who wished to nephew. In this community of register as 'conchies', as they were shared grief there was a feeling that popularly known, and up and down all should be committed to the cause

there was also a detectable strain of there are people in the community admiration for those who had the to witness to the virtues of pacifism, of especially if they also committed (reluctantly) take up arms in a just themselves in some way to the cause. There seems to me honour common cause.

This was an issue that did not go away with the end of the war. Indeed, it resurfaced even more powerfully as the Thirties drew to a close and the Peace Pledae Union began to gather strength. 'If anyone strikes you on the right cheek, turn the other also', said Jesus. But what if the 'anyone' strikes not mine but someone else's cheek, or a child's cheek, or my grandmother's cheek? Do I stand helplessly by?

and all share the pain. However, Perhaps in the end it's good that their convictions, alongside the rest of us, who would in both positions.



THE GREAT WAR 1914 1918



Delivery for whoever ordered the trendy alternative to a basket of groceries.....?

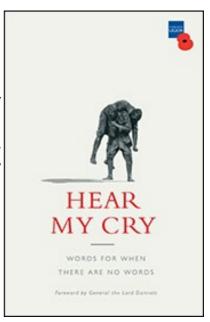
We describe people as bores when they spend so much time talking about themselves that we can't talk about ourselves.

The Bible Society

'Hear My Cry' has helped hundreds of schools, churches and communities mark the 100th anniversary of the start of WW1 with its collection of poetry, prayers, hymns, psalms and personal stories.

'Hear My Cry is a truly exceptional book. The balance of personal account, poetry, art, scripture and prayer is both unique and beautiful. At times it moved me to tears but also had an affirming affect on me. I am really looking forward to using Hear My Cry with our whole school and know that the whole school community will benefit from this fantastic resource.

Hilary MacMeekin, St Nicholas Primary School, Wiltshire



As the commemorations continue, why not buy your copy of this unique and often moving book, to use in your individual or group reflections? Simply visit the website to get your copy for just £3.99.

Bible Society's dedicated World War One commemorative website, worldwar1bible.com, is also a valuable resource and features true stories from 100 years ago, as well as information about Bible Society's important work at the time.

https://www.biblesociety.org.uk/products/9780564049233/

There must be a way Youth is the cost that young men must pay, When old men make wars; is there no other way? They say youth is wasted on the young, but I say, It's time we stopped fighting; there must be a way. Youth is our future, a thing to protect, So shout out this message to those we elect: That war is too costly for the youth of today, Lets stop war forever; there must be a way. by Chris Makison



31st OCTOBER – ALL HALLOW'S EVE

Many customs are linked with this day – most of them because this was the 'day before'. To the Celts it was the day before winter and the New Year officially began. In later years it became the day before, or eve of, the Christian festival of All Hallows, or All Saints' Day.

The Eve of All Hallows (Hallow's Eve gradually became the word 'Halloween') was the day for driving out evil – which makes it seem very strange now that some people 'celebrate' Halloween by dressing up as witches and monsters and having special parties.

Wouldn't it be better for us as Christians to celebrate by dressing

up as angels and saints rather than as ghosts and devils?



BEFORE & AFTER

The answer to these questions are either 'befores' or 'afters'...

- 1. What comes before thunder?
- What comes after red on traffic lights?
- 3. What comes after Advent?
- 4. What comes before green in the colours of the rainbow?
- 5. What comes after dusk?
- 6. What comes after revision?
- 7. What comes before a surname?
- 8. What book comes before the Book of Ruth in the Bible?
- 9. What comes after Lent?
- 10. According to the proverb, what comes before a fall?

Why did the angel lose her iob?

She had harp failure.

How do angels greet each other?

They say 'Halo'.



Answers: 1. lightning 2.amber
3.Christmas 4.yellow 5.night 6. exams
7.fore or Christian names 8. Judges

9.Easter 10.pride

EVENTS AT KINGSDOWN OCTOBER

Thu 2	3.30 pm - 5.30 pm CBSI UK Bible Studies in the Foyer	
Fri 3	10.15 am Coffee Morning in Foyer - Everyone welcome	
	BOYS BRIGADE 6.30-7.30 pm Anchor Boys, 6.30-8.00 pm	
	Junior Section, 7.30-10.00 pm Company Section (most	
	Fridays throughout month)	

Sat 4 The Ealing Trinity Circuit MWiB will be holding an Open Day at Kingsdown on Saturday- 4 October-10.30-3.30.

All are welcome- {Men and Women} People can attend for a part or for the full day's program. Please bring a packed lunch; coffee and tea will be provided.

8 00 nm Guides (most Mondays throughout the month)

	2.22 pm 22.22 (
Tue 7	2.00 pm Kingsdown Club - Bingo Afternoon
Wed 8	1-3 pm Babies & Toddlers Group (term time only)
Sat 11	10.30 am Coffee & Chat in the Foyer - Everyone welcome
Tue 13	Liz & Steve Palmer's Home Group
	7.00 pm Youth Group
Tue 21	2 pm Kingsdown Club - An Entertainment with Betty & Gladys

Future Events

Mon 6

NOVEMBER				
Sat 1	7.30 pm Gareth Knox in Concert (see p 18 for details)			
Sun 2	4.00 pm Acton Hill - Iris Axon Concert Series - Richard Boothby, solo viol da gamba. Entry £6, concessions £5, children £2.			
Sun 9	6.30 pm CIRCUIT SERVICE at Greenford to mark the occasion of 30 years of Healing Services at Greenford. All are invited to attend. Refreshments will be served after the service.			

Sat 22 10.30 am to 2.30 pm Hanwell Frost Fayre. Admission free. Refreshments and light lunch available.

The KINGSDOWN MESSENGER

Copy deadline for the November issue is Friday 24th October 2014

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