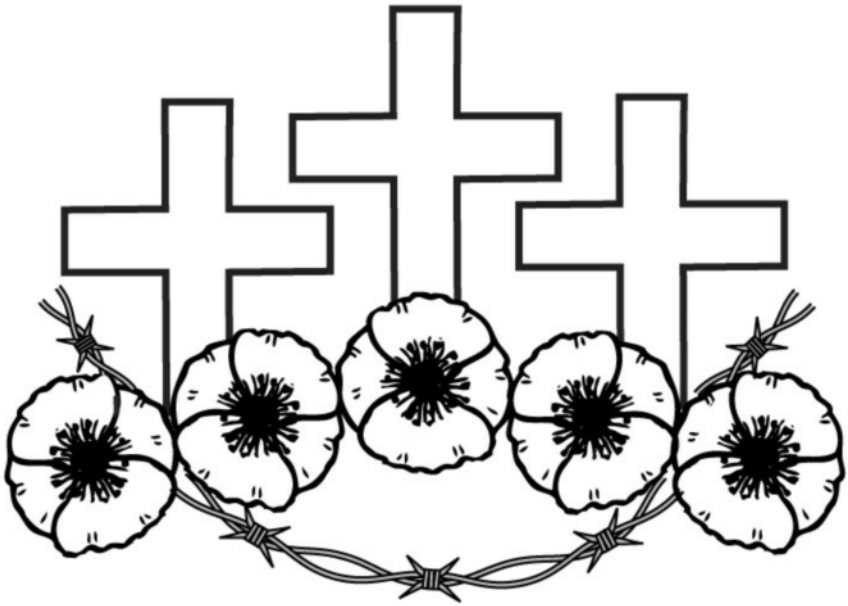




KINGSDOWN MESSENGER



November 2015



SERVICES FOR NOVEMBER

- | | |
|---------------------|---|
| 1 Nov 10.30
6.00 | Mr Donney Samuel
Circuit Bible Study at Kingsdown |
| 8 Nov 10.30 | Rev Rachel Bending, Family/Parade Service
REMEMBRANCE SUNDAY |
| 15 Nov 10.30 | Rev Rachel Bending, Holy Communion
Circuit Bible Study at Kingsdown |
| 22 Nov 10.30 | Deacon Richard Goldstraw |
| 29 Nov 10.30 | Local Arrangement - Mrs Blossom Jackson,
Worship Leader (First Sunday in Advent) |



(Sermon Series for Kingsdown based on 'We Make the Road by Walking' by Brian McLaren commenced in September.)

Midweek Service

Thursdays, at 12.30 pm, Kingsdown will host a weekly short Meditative Service lasting a half to three quarters of an hour. This will be followed by a bread and cheese lunch and 'Open House' when the church will be open to all-comers.

Circuit Discipleship

Circuit Bible Studies at Kingsdown are included in the Quarterly Preaching Plan and further studies will be on and 1 & 15 November. All are invited.

The KINGSDOWN MESSENGER

Copy deadline for the December - January 2016 issue is

Friday 20 November 2015

Editors - Pam and Alan Smith

Tel: 020 8840 4803 E-mail: magazine@kingsdownmethodist.org.uk



Dear friends

November is a period of remembrance and memories. We begin with All Saints and All Souls days which lead us to think about and give thanks for all those who have influenced us, lead us and given us so much. They remind us of the cloud of witnesses who surround us and lead us forward in faith. From there we travel through Remembrance Sunday and on to the Memorial Service on the evening of the 6th December.

This spirit of giving thanks for those who have travelled before us, showing us the way has been echoed in our journey through 'We make the road by walking'. Over the last couple of months we've shared in the stories from the Hebrew Scriptures of the Matriarchs and Patriarchs. As we've done so they've led us to think about who we are and what our image of God is.

In December we will move on to the story of God in Jesus. Part of this will be our nativity service which will be a pantomime nativity with attitude. Could you be part of it? We're looking for actors of all ages - could you be the wicked King Herod or one of the Wise Guys? Maybe you have ambitions to be a camel or a star? Come and join in. See me for more info and a script.

There are other ways to get involved in the coming weeks:

The Nativities Festival and Traders evening

The Nightshelter

The Memorial Service

The evening Carol service

So why not get involved?

God bless

Rachel

DWP “stubbornly ignoring” calls for sanctions review

22 October 2015

- GPs increasingly witness suffering caused by the sanctions system
- DWP refuses independent review

A coalition of national Churches and charities has criticised the Department for Work and Pensions over its refusal to undertake a full review of the benefit sanctions system. The DWP has issued its overdue response to the Work and Pensions Select Committee inquiry into benefit sanctions, but has failed to commit to a review as recommended.

The Select Committee, the Government's own advisors, the Social Security Advisory Committee, charities and Churches have all called for a full independent review of the regime. These groups have highlighted the extreme hardship caused, the inconsistent and unjust application of sanctions and the lack of evidence that they encourage people into work.

The Baptist Union, Church in Wales, Church of Scotland, Methodist Church, United Reformed Church and charity Church Action on Poverty have called for an immediate suspension of sanctions against families with children and people with mental ill-health. They say the DWP's response does not go far enough and have called again for a review.

"In refusing to undertake a full review, the DWP is stubbornly ignoring the calls of parliament, expert advisers, Churches and charities. Most importantly, it is condemning people, many of whom have also spoken out eloquently against the inhumanity of the current practice, to unjust and pointless punishment," said Paul Morrison, Public Issues Policy Adviser for the Methodist Church.

Responding to the DWP's announcement that they will trial a 'yellow card' system, Mr Morrison added: "If a court is working to a bad set of laws for a bad set of reasons and making bad and unreliable decisions, it's not the sentencing policy you look at. 'Yellow cards' will reduce the number of sanctions, which is welcome, but won't address the fundamental problems that occur long before the decision to sanction has been made. That's why we need a full independent review"

Even if a benefits claimant is able to demonstrate that they cannot afford food due to being sanctioned, most people will still not become eligible for a hardship payment or loan for a further two weeks and,

once eligible, it will take a further three days before payment actually arrives.

Dr Richard Vautrey, a GP in Leeds and deputy chair of the BMA's General Practitioners Committee, said: "GPs are increasingly seeing people who are suffering serious consequences as a result of the current benefit sanctions system. Vulnerable people can be left with no money to pay for essentials such as food and heating and this can then have a damaging impact not only on their physical and mental health but also the health of family members, including children, who depend upon them. Government policy directly puts the health of patients we care for at risk. Immediate action should be taken to end these punitive actions."

In March this year, the Churches [published a report](#) showing that nearly 100,000 children had been affected by sanctions in 2014 alone and that people with mental health problems were being sanctioned at a rate of more than 100 per day. As

a result of their campaign more than 2,000 people wrote to their MPs asking them to support a review of the system.

The report told stories like that of Martin*, aged 60, who missed an appointment with the job centre because his wife died suddenly. He was sanctioned for six weeks, leaving him with nothing to live on and in a state of confusion as his wife had previously handled most of their joint paperwork. He came to the local church for help and charity [Acts435](#) helped him with his living expenses until he could come to terms with the new shape his life had taken.

"The Government claims that sanctions help people into work, but the evidence for this claim is practically non-existent," added Mr Morrison. "However, there is plenty of evidence that sanctions cause hardship, suffering and hunger. Any system that seeks to 'change people's behaviour' by using hunger as a weapon is immoral."

**Not his real name.*

Congratulations to our Boys Brigade

Our Boys did extremely well at the West London Football Competition winning both the Junior Boys and Company Section Boys sections while the Seniors were worthy runners-up. This takes our Boys' current tally of trophies to a remarkable twelve, the highest ever in our Company's history – many congratulations to the Boys and Staff (and particularly to their Captain Tony Plews for his dedicated work with the Brigade)!

FAMILY NEWS

At the Sunday Morning Service on Sunday, 18 October, prayers were asked for **Susan** and **Neil**, following the recent death of their mother **Pat Lewis**. Pat was a previous member at Kingsdown and will be remembered particularly for her sterling work over many years with our Brownie Pack at that time. We send Kingsdown's sincere condolences to her family.

Roger Dunlop - a former Minister at Kingsdown - writes:

Now after four and a half years I have some very happy news to share. I proposed to Catherine at Everest Base Camp in Tibet whilst on our recent holiday and although I caught her by surprise she accepted! Greg and Aidan responded well to the news and look forward to being 'best men'.

We haven't been able to set a date yet for the wedding but hope that it will be within the next 12 months.

Thank you for your love, encouragement and prayers.
With love and best wishes
Roger

BB BATTALION SHOW

On Saturday 14th November, all of the West London BB Companies will be taking part in a BB Show at William Perkins School. There'll be Marching Bands, Gymnastics, Singing and lots of fun. The show starts at 7pm and entrance is free. To book your seat just let Tony know by 7th November.

SAVE THE DATE

On Sunday 18th September **2016** (that's next year), your Boys' Brigade will be celebrating its fiftieth birthday with a special Church Parade and Family Service at Kingsdown (10:30-11:30am). Everyone is welcome to attend and if you know of anyone who was ever involved with the BB at Kingsdown we'd love for you to either invite them or, better still, pass on their details to us so we can get in touch.

Thanks for your prayers and support.

Tony Plews 079 4031 1019
tonyplews@sky.com

DOUBLE FOOTBALL CHAMPIONS AGAIN

We enjoyed a simply splendid day at the West London Football Competition in October



Our **Junior Boys** played literally a dozen games and won every one without conceding a single goal. There was a heart-stopping moment in the final when our opponents were awarded a penalty but our heroic keeper saved the day! The Boys were crowned worthy champions.

The **Company Section Boys** also enjoyed great success: we entered three teams and captured gold, silver and bronze medals in fine style. Again, our winning team took the trophy without losing a game -- bravo, Boys. The **Seniors** came up against formidable opposition from our good friends and neighbours, 4th Ealing, and we were bested on the day by a fine team who matched us for spirit and determination: well done to our lads who fought gallantly, and congratulations to 4th Ealing.

This takes our current tally of trophies to a remarkable twelve, the highest ever in our Company's history. As ever, the Boys were the heroes.



HARVEST BARN DANCE

So were you there? If not, you missed a fun evening of good music, good calling, good food and camaraderie. Sincere thanks to Rachel, Tom, Ali and Colin for all their hard work providing the lively music and clear instruction to get everyone who felt inclined up on their feet and dancing the light fantastic.

Thanks too to all those facilitated the success of the whole event by their individual input - from selling tickets and setting up tables and chairs in the hall; through planning, buying and providing a lovely meal (followed by homemade cakes), and then valiantly coping with all the washing up and setting the kitchen to rights; not forgetting then taking all the tables down and putting the chairs back. But with the Kingsdown team of volunteers pulling together everyone's efforts seemed to make for a hugely enjoyable occasion - **WELL DONE TO ALL INVOLVED!**



NORTHFIELDS AVENUE WINTER WONDERLAND



Northfields Avenue Winter Wonderland is on Thursday 26 November when our local community comes together to celebrate. Shops will be open from 5.30pm till late, and there will games and music and lots of food and drinks to sample.

Kingsdown Methodist Church has always supported these community events and is playing a part in the organisation this year. We have already planned to open our Nativities Festival on that evening, and provide craft activities for children, and live music at the church.

Please put the date in your diary now, and look for posters where you can sign up as a volunteer for that evening, or for the visits from local schools to our Nativities Festival.

Kathleen Loveridge

Inspired by ODE TO AUTUMN By John Keats

*So Autumn heralds the ending of our days,
A time to rest, reflecting on our ways.
The fruits of our labour, laid bare to see
What growth there's been from seed to tree.
Where are these songs of Spring, now they have fled,
Scattering life's abundance of the years ahead?
And Summer, which seemed would last ere long,
Singing a much more passionate song.
Now Winter's to come... clouds darken the sky.
The days will grow short as our time hurries by.
Nature's turn now to rest, at peace in the earth.
Until Spring reappears to bring forth the new birth.
So God's creatures will die at the end of their span
In order to go to from where they began.*

*On reading the local Parish News I had some fun... tempted to have a go!
I studied the odes of John Keats for School Certificate, as it was then, and have
liked them ever since.*

Regards, Joyce Hobson

With acknowledgement to the Denham Parish News



Methodist
relief and
development

A letter of acknowledgement has been received from the Head Office of 'All We Can' for the total sum recently received from Kingsdown for this charity and is posted on the Church Notice Board.

The Book Stall total was £420.76 and the amount from pew envelopes was £131.26. There are some individual contributors throughout the year at Kingsdown and some of this total was also included in the total sum. May we take this opportunity of thanking those people who give us such ongoing and generous support.

Pam & Alan Smith

WHY DO WE WALK FOR CHRISTIAN AID?



1. to understand and put ourselves in the shoes of those fighting poverty
2. to walk for unity with those in our communities and Churches
3. to remember our past and be inspired to make a better future
4. for justice.

This year six of us from Kingsdown (Janet, Violet, Kath, Lita, Julie and Rita) joined others from various Churches to walk for Christian Aid. We met at the Cambrian Gate Residents' hall for croissants and coffee; meeting up with old friends, who had done the walk previously, and having a good old natter.

After our refreshments the group congregated at the Cambrian Gate, and following a blessing from a local Minister we started on our way.

The route is divided into two routes, one for 6 and one for 3 miles. The younger and fitter members were intent on doing the 6 miles, the less able and "more mature" opted for the 3 miles.

The day was absolutely beautiful; autumnal, with warm sunshine, and a pleasant breeze. The leaves on the trees had not yet been subjected to real strong winds, so the trees looked green and luscious. We saw conkers, still in their green jackets; chestnuts, almost ready for picking, and the last remaining blackberries. Lots of red berries on the holly tree, indicating, perhaps, a harsh winter to come, but also indicating that there would be food for the animals.

End September early October is the rutting season, and we saw evidence of strutting males searching out a female, and daring another stag to enter his domain. We kept our distance, as we had been previously warned the stags during the rutting season can, and often do, become quite dangerous. We had almost finished the walk and decided to have a rest to eat our very welcome lunch. Nothing tastes quite as good as a cheese sandwich, eaten out of doors.

There is always plenty of activity in Richmond Park, the runners, cyclists, dog walkers, families and individuals, all enjoying this lovely open space, so near to London.



The amount we collected for Christian Aid will be known at a later date, but whatever amount we have raised will certainly have some impact on the poor of this World.

After lunch we walked back to the Cambrian Centre where Rita took a few photos of the group. The Committee who organise this walk, amongst other fund raising activities, couldn't thank us enough for our involvement. If, next year, you would like to participate, please do, you will I know find it a very worthwhile experience, as we all did.

Janet Smith



***One person with a steadfast belief is worth more than
a force of ninety nine who only have an interest.***

Ealing Churches Winter Night Shelter



at Kingsdown Sunday nights 29th Nov – 20th Dec

We will be hosting the night shelter for the homeless on four Sunday nights from 29th November to 20th December. A few more volunteers would be very welcome for the evening shifts, also someone willing to be on stand-by in case one of the morning shift volunteers has to drop out at short notice to look after grandchildren, and someone with a large car to transport beds to Greenford Methodist Church on Monday 21st December morning. Please contact Sue Barton if you can help.

Ealing Churches Winter Night Shelter (ECWNS) has been accredited with the Housing Justice Shelter Quality Mark for excellent practice.

Ealing Choral Society's concert at St Barnabas, Pitshanger Lane on Sat 12th December at 7pm is in aid of ECWNS - see details below.

* * * * *

Ealing Choral Society's concert at St Barnabas, Pitshanger Lane
on Sat 12th December at 7pm is in aid of ECWNS.

Tickets £12 from 020 8993 6465.

Helpers also needed for front of house and refreshment duties – contact
the ECWNS Project Co-ordinator
office@ecwns.org.uk tel 07930 378263 if you wish to volunteer.

Likewise for carol singing at Ealing Broadway Centre on
Weds 16th and Thurs 17th December.

***Hospitality is making your guests feel like they're at
home, even though you might wish they were.***

CTiCE Ecumenical visits

We are invited both to All Saints church, and to the West Ealing mosque.

Our next pair of visits will involve Interactions with people from the West Ealing mosque. On **Sat Nov 21st** we are invited to Afternoon Tea at All Saints Church, by Ealing Common at 3pm, with some people from the mosque. On **Sat Nov 28th** there will be a reciprocal visit to the mosque, also at 3pm.

This is a new and slightly different venture, and is an extension of our earlier visits which have provided the opportunity of finding out about the work of other London churches, and of promoting inter-faith understanding, amongst a Christian group from many different churches. We hope that those participating will, if possible, come to both events - as the object is to meet people, and discover the things that 'people of faith' have in common.

We will send more details nearer the time.

IF you are interested and would like to come, it would be helpful if you could let me know as soon as possible (**noreen29@gmail.com**), as we will need to try to balance the numbers involved.

**Best wishes
Noreen**

The Promise of Advent

Stir up our hearts, we beseech you,
to prepare ourselves to receive your Son.
When he comes and knocks, may he find us not sleeping in sin,
But awake to righteousness,
Ceaselessly rejoicing in his love.
May our hearts and minds be so purified,
That we may be ready to receive his promise of eternal life.

from The Gelasian Sacramentary, c. 500 (the oldest official prayer book of the Western Church)

Extraordinary Gifts



Methodist
relief and
development

So, are you still thinking about what to get your loved ones for Christmas? Are you bored of buying socks? Perhaps you are hoping to buy something that will inspire others, as well as make a real difference to people in need?

By buying Extraordinary Gifts this Christmas for our friends and family, we can respond practically to help people in some of the world's poorest communities and in doing so spread – hope, love, joy and peace – as more people are given a secure future and enjoy an improved quality of life.

To get us excited about the opportunities open to us, let us look at a few examples of the gifts available in the Extraordinary Gifts catalogue:

Chirpy chicks
£10

Widow's Might
£11

Goat for it
£30

Bee in Partnership
£10

Crop cycles
£50

Shepherd start up
£35

Pick up a copy of the Extraordinary Gift Catalogue from the Church Foyer or ask Pam or Alan Smith to get you one or go online to:

<http://www.allwecan.org.uk/extraordinary-gifts>



FORGOTTEN EMERGENCIES

A reminder that whilst the media may have stopped coverage the effect of emergencies across the world still need your support

Syrian refugee crisis

Four years on, we are continuing to respond to the humanitarian crisis in Syria by supporting Syrian refugees and their host communities in Jordan through our partners Medair and the ACT Alliance.

Nepal Earthquake

We are still responding to the humanitarian crisis caused by the devastating earthquake in Nepal through our local partners

Zimbabwe Floods

This humanitarian emergency had a big impact on communities already struggling with poverty and food insecurity. AWC Partner MeDRA has been able to support over 1000 individuals with emergency food supplies.

Malawi Floods

In January 2015 Malawian president Peter Mutharika declared the country in a state of disaster after heavy rains caused widespread flooding and destruction. Tens of thousands of people were displaced and made homeless in the country. Over one-million people impacted by the disaster.

Philippines Typhoon

All We Can is continuing to provide humanitarian support to communities devastated by Typhoon Haiyan, known locally as Typhoon Yolanda.

Liberia Ebola

All We Can has committed £14,000 to support a new programme to provide non-medical aid to survivors. This new project will provide food, water, hygiene kits and home-based care for Ebola survivors ostracized by their communities.

Haiti

In the years since the earthquake, All We Can has continued to provide practical assistance to affected communities, helping them to rebuild homes and livelihoods, through partnerships, as well as several other local organisations and international agencies.

The Rev Phil Jump, Regional Minister for the North Western Baptist Association and JPIT Team Member from the Baptist Union of Great Britain, has prepared this prayer about the events in Calais.

*God of all humanity
When your people were enslaved and displaced,
You led them to a land that they could call home;
When your people were in exile;
Your promise was that one day,
They would live in streets of play and laughter.*

*When your disciples were afraid and uncertain,
You spoke of a Fathers House
With mansions and places prepared.*

*We pray today for all those who have no place to call home,
Hearing the heart-cry of your word
For those who are without refuge.*

*Where shelter is ours to offer
Grant us the will and resolve to reflect the generosity of our Creator.*

*Where others stand in the way of those who need safe haven
May our cry for justice never falter.*

*May the idols of self-interest and economic gain
Never deflect us from the ways of your Kingdom.*

Through Christ our Lord.

AMEN

When only the truth will do.

Brains of older people are slow because they know so much.

People do not decline mentally with age, it just takes them longer to recall facts because they have more information stored in their brains, scientists believe.

Much like a computer struggles as the hard drive becomes fuller, so humans also take longer to access information.

Researchers say this slowing down is not the same as cognitive decline.

The human brain works slower in old age, said Dr. Michael Ramscar, but only because we have stored more information over time.

The brains of older people do not get weaker.

On the contrary, because they know more, therefore, just need more time to access and assess the relevant information.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem; it is nature's way of making older people do more exercise.

SO THERE.....I told you so!

Submitted by Janet Smith



We are listing seven words and the challenge is to work out the link between them.

The words are:

**Banana - Dresser - Grammar - Potato
Revive - Uneven - Assess**

The link isn't that they all have at least two double letters. So what is it?

The answer is to be found on page 22

Memorial to the Missing

The Menin Gate

The Gate is dedicated to British Empire and allied soldiers who died in the Ypres Salient during the First World War. It was designed by Sir Reginald Blomfield and its panels contain the names of 54,896 soldiers whose bodies were never identified and have no known grave.



This year, the 100th anniversary of the start of the First World War, Antoon Verschoot, 89, will have notched up 60 years as a volunteer bugler at the Menin Gate in Ypres, Belgium. From Monday to Sunday, every other week since 15 May, 1954, he has been on duty at 8 pm to sound Last Post (all family occasions and celebrations have taken second place).

Last Post was a British Army bugle call to signal the end of the day. At the Menin Gate, the call echoes this act as a final farewell to the fallen. By 9 July 2015, buglers at the Menin Gate had sounded Last Post 30,000



If you would like to pay your own personal tribute to the soldiers who died during the First World War, then why not consider participating in a very easy project being run by the British Legion? Not only is it commemorative, but it is one which will yield big results for your garden next year!

It is the Centenary Poppy Campaign, in which the Royal British Legion has joined forces with B&Q to encourage the public and local authorities to plant Flanders poppy seeds on their own land. The Flanders poppy seeds can be purchased from B&Q, where a donation of £1 will go towards the work of the Legion. Just visit your B&Q for more details.

You may wish to have a look at all of the WW1 centenary projects of the British Legion – they can be found at:

www.britishlegion.org.uk/remembrance/ww1-centenary-projects/

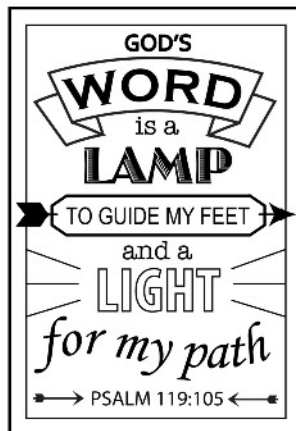
IN FLANDERS FIELDS

*In Flanders Fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.*

*Tale up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

*Lt. Col. John McCrae, MD,
Canadian Army (1872-1918)*



1 November - All Saints' Day – the feast day of all the redeemed

All Saints, or All Hallows, is the feast of all the redeemed, known and unknown, who are now in heaven. When the English Reformation took place, the number of saints in the calendar was drastically reduced, with the result that All Saints' Day stood out with a prominence that it had never had before.

This feast day first began in the East, perhaps as early as the 5th century, as commemorating 'the martyrs of the whole world'. A Northern English 9th century calendar named All Hallows as a principal feast, and such it has remained. Down the centuries devotional writers have seen in it the fulfilment of Pentecost and indeed of Christ's redemptive sacrifice and resurrection.

The saints do not belong to any religious tradition, and their lives and witness to Christ can be appreciated by all Christians. Richard Baxter, writing in the 17th century, wrote the following:

He wants not friends that hath thy love,
And made converse and walk with thee,
And with thy saints here and above,
With whom for ever I must be...

As for my friends, they are not lost;
The several vessels of thy fleet,
Though parted now, by tempests tost,
Shall safely in thy haven meet....

The heavenly hosts, world without end,
Shall be my company above;
And thou, my best and surest Friend,
Who shall divide me from thy love?*

1,255 ancient English churches were dedicated to All Saints - a number only surpassed by those dedicated to the Virgin Mary.

*(Maurice Frost (ed.), *Historical Companion to Hymns Ancient and Modern* (London: Clowes, 1962), no. 274, verses 1,3,6.

THE WAY I SEE IT - THE FIFTH OF NOVEMBER

Bonfire night is on the way...David Winter considers the history of it all...

Until fairly recent years 5th November in England was well known for foggy evenings as bonfires were lit all over the country. On many of them a 'guy' would be burnt – usually a couple of old pillows and some cast-off clothes in the rough shape of a man.

The 'guy' was, historically speaking, Guy Fawkes, one of the chief conspirators in a plot by Roman Catholic zealots to blow up the Palace of Westminster at the State Opening of Parliament on 5th November 1606, thus removing James I from the throne. Fawkes was arrested as he stood guard over a massive collection of gunpowder in an undercroft beneath the House of Lords. Under torture he revealed the names of the other conspirators, and they were hanged, drawn and quartered on 31st January 1607, though Fawkes jumped from the scaffold and broke his neck, thus avoiding the actual execution.

The previous sixty years had seen unprecedented religious strife in England, following the breakaway of the Church of England from Rome under Henry VIII. Hundreds of priests loyal to Rome were hunted down and many put to death, often under the accusation of 'treason'. During the brief reign of a Catholic monarch, Mary, there were many Protestants who were similarly executed. Years of strife, often over verbal definitions, were testimony to the bitterness of feelings which religious conviction can inspire.

There is still plenty of religious strife in the world, as we all know, though little now between different groups of Christians. 5th November might be a good day on which to pray to the one and only God that the world might see an end to the blasphemy of any killing in His Name.



Strength for the Journey

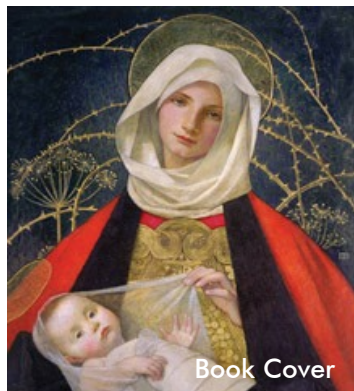
This is the title of a book aimed at people with mid to late-stage dementia, whether this is caused by Alzheimer's Disease, Parkinson's Disease, vascular problems or a range of other conditions.

Traditional books, magazines and newspapers become too complicated, but even those with late stage dementia are still able to enjoy beautiful pictures and short texts. The books produced by 'Pictures To Share' aim to provide an enjoyable activity and help to calm and relax, reduce boredom and depression, encourage reminiscence and help deal with difficult behaviour.

They are endorsed by health professionals and are designed to provide enjoyment and improve communication. Strength for the Journey includes a selection of simple yet powerful pictures and texts that can provide spiritual comfort for older people who have a Christian faith. It is also a great reminder for those who were brought up with daily Christian school assemblies and Sunday School.

It's a large format hardback book for £20 + £3 p & p. Other books are also available, including At the Seaside and The Countryside.

Tel: 01829 770024 or see www.picturestoshare.co.uk where it is possible to look through the books before purchasing.



Puzzle Answer from page 17

The link is this: If you take the first letter, place it at the end of the word and then spell the word backwards, it will be the same word.

Simple as that!

COFFEE MORNING

with Christmas Crafts for Children

IN AID OF



Ealing Churches Winter Night Shelter

HANWELL METHODIST CHURCH
Saturday 21st November 2015
10:30am - 1:30pm

Tea/coffee
Mince pies
Mulled wine
Cake stall

admission 20p



HANWELL METHODIST CHURCH

Church Road

*For more information about our Church and the events
we have planned, please visit our Church website
www.hanwellmethodist.info*

**The following was found in some papers from 1908.
Makes interesting reading for today perhaps.**

WHY THEY GO TO CHURCH

Some go to church just for a walk,
Some to stare and laugh and talk;
Some go there to meet a friend
Some there idle time to spend.
Some for general observation
Some for private speculation;
Some to seek or find a lover,
Some a courtship to discover.
Some go there to use their eyes
And newest fashions criticise;
Some to show their own smart dress,
Some their neighbours to access;
Some to scan a robe or bonnet
Some to prize the trimmings on it.
Some to learn the latest news
That friends at home they may amuse;
Some to gossip false and true,
Safe hid within the sheltering pews.
Some go there to please the squire,
Some his daughter to admire.
Some to pardon go, to fawn,
Some to lounge and some to yawn;
Some to claim the parish doles,
Some for bread and some for coals.
Some because 'tis thought genteel,
Some to vaunt their pious zeal.
Some to show how sweet they sing,
Some how loud their voices ring.
Some the preacher go to hear
His style of voice to praise or cheer.
Some forgiveness to implore,
Some their sins to vanish o'er.
Some to sit and doze and nod,
But few to kneel and worship God.

With acknowledgment to Greenford News and Views Oct-Nov 2009

They call it true love

It was a busy morning, approximately 8:30 am, when an elderly gentleman, in his 80's, arrived to have stitches removed from his thumb. He stated that he was in a hurry as he had an appointment at 9:00 am. I had him take a seat, knowing it would be over an hour before someone would be able to see him.

I saw him looking at his watch and decided, since I was not busy with another patient, I would evaluate his wound. On exam, it was well healed, so I talked to one of the doctors, got the needed supplies to remove his stitches and redress his wound. We began to engage in conversation. I asked him why he was in such a hurry. He told me no, that he needed to go to the nursing home to eat breakfast with his wife. He told me that she had been there for a while and that she was a victim of Alzheimer's Disease.

As we talked, and I finished dressing his wound, I asked if she would be worried if he was a bit late. He replied that she no longer knew who he was and that she had not recognized him for five years. I was surprised, and asked him. "And you still go every morning, even though she doesn't know who you are?"

He smiled as he patted my hand and said. "She doesn't know me, but I still know who she is."



There are two t's in Matthew
said Osríc!



POPPIES

Poppies flower in the summer, don't they? So why poppies in November? You will see them everywhere in the next week or so, and everyone from the smallest Rainbow or Beaver to the Queen will be wearing a poppy on Remembrance Sunday.

We wear poppies because, among all the mud and chaos of the battlefields of the Great War, men were amazed to see the humble field flower of home spring up where the earth was disturbed – a blood red splash of colour in a sea of khaki.



When the British Legion started an appeal to help those whose bodies or minds had been smashed by war, the poppy seemed an ideal symbol. And even now, when World War I and II seem so far away, our troops are fighting, being wounded and dying; reminding us that the poppy is also a symbol of sacrifice.

PRINT A POPPY

How? Well the answer lies in your own hands. You will need a white paper plate, red and black finger or poster paint and two margarine lids or saucers to put the paint on.

Put some newspaper on the table and start. Squeeze some red paint onto one lid or saucer and put black paint on the other one. Put your thumb into the red paint and use it to make 5 overlapping petals in a circle on the edge of your plate. Put your index finger into the black paint and use it to stamp a centre for your poppy.

Continue printing poppies all round the edge of your plate to make a wreath. Leave it to dry and then you can write 'Lest We Forget' or 'Remembrance' in the middle of the plate. You could hang the plate in your front window to share with others.



When is the first food fight mentioned in the Bible?

'I looked and behold a flying roll!'
(Zech 5:1 KJV)

Do you know the phone number for the Garden of Eden?

Adam 8-1-2

Did you know that Paul was the 1st surfer in the Bible?

Remember in Acts when he 'came ashore on a board'?

EVENTS AT KINGSDOWN

NOVEMBER

- Mon 2 8.00 pm Guides (most Mondays throughout the month)
- Tue 3 2.00 pm Kingsdown Club - Entertainment with Betty & Gladys.
- Wed 4 1 pm Babies & Toddlers commences (weekly) (term time only)
- Thu 5 3.30 pm - 5.30 pm CBSI UK Bible Studies in the Foyer
- Fri 6 10.15 am Coffee Morning in Foyer - everyone welcome
BOYS BRIGADE 6.30-7.30 pm Anchor Boys, 6.30-8.00 pm
Junior Section, 7.30-10.00 pm Company Section (most
Fridays throughout month)
- Sat 7 10.00 am to 12 noon Coffee & Chat - everyone welcome
- Tue 10 Liz & Steve Palmer's Home Group
- Sat 14 7.00 pm BB Battalion Show - William Perkins School (see p.6)
- Sun 15 6.00 pm Circuit Bible Study at Kingsdown
- Tue 17 2.00 pm Kingsdown Club - Entertainment with Lynda Silk
- Sat 21 10.30 am to 1.30 pm Coffee Morning at Hanwell Methodist
Church in aid of Ealing Churches Winter Night Shelters
(see p.23)
- Thu 26 from 5.30 pm Northfields Avenue Winter Wonderland -
(see p.8)

DECEMBER

- Tue 1 Kingsdown Church Council Meeting
- Sun 6 5.00 pm Memorial Service
- Sun 13 10.30 am Family/Parade Service

The views expressed in articles in The Messenger are not necessarily those of Kingsdown Methodist Church or the Editors.

Data Protection - Kingsdown Methodist Church maintains a database of basic information relating to members and the community roll. Keep the Minister informed of any changes to your personal details. The database is maintained in accordance with the guidelines of The Trustees for Methodist Church Purposes, Central Buildings, Oldham Street, Manchester M1 1JQ to whom any formal requests for access to the data must be addressed.