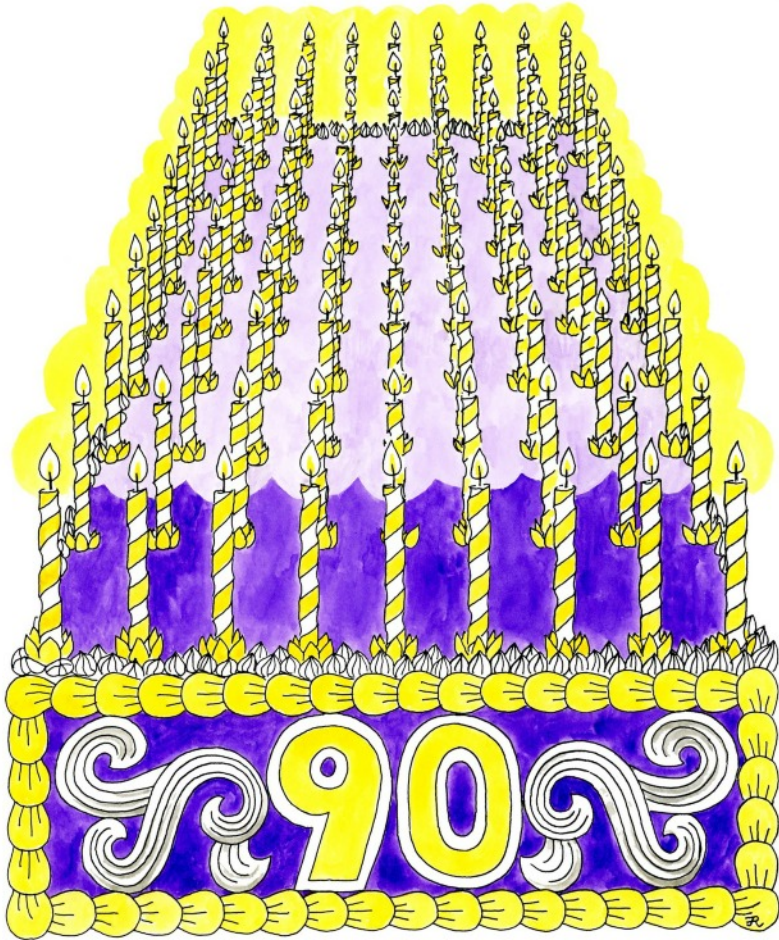




KINGSDOWN MESSENGER



June 2016

SERVICES FOR JUNE



- | | | |
|--------|---------------|--|
| 5 Jun | 10.30 | Rev Rachel Bending
General Church Meeting |
| 12 Jun | 10.30
6.00 | Rev Rachel Bending, Family/Parade Service
Bible Study - 'We Make the Road by Walking' |
| 19 Jun | 10.30
6.30 | Rev Dr Jennifer Smith, Holy Communion
CIRCUIT SERVICE - Acton Hill to say farewell to
Deacon Richard Goldstraw |
| 26 Jun | 10.30
6.00 | Rev Randolph Turner
Bible Study - 'We Make the Road by Walking' |
| 3 Jul | 10.30 | Mr Mark Budu-Manuel |



Circuit Leaving Services

We will be saying 'farewell' to three of our ministers this Summer - Rev's Peter and Suva Catford and Deacon Richard Goldstraw.

As Richard is due to go on sabbatical in July, we will holding two leaving services, one for Richard and one for Peter and Suva.

These will be as follows:-

Deacon Richard Goldstraw - Sunday 19th June at 6.30pm at Acton Hill

Rev's Peter and Suva Catford - Sunday 17th July at 6.30pm at Greenford

The KINGSDOWN MESSENGER

Copy deadline for the July - August 2016 issue is Friday 1 July 2016

Editors - Pam and Alan Smith

Tel: 020 8840 4803 E-mail: magazine@kingsdownmethodist.org.uk



Dear friends

As we approach the summer we also approach significant changes in our circuit family. On the 19th June we will join together as a circuit to wish Deacon Richard Goldstraw well as he leaves us to answer a call to be Deputy Warden of the Diaconal Order. Richard has been a much valued and loved part of our circuit and we have much to thank him for. Then a month later we will join together again to wish Peter and Suva well as they leave for new stations in the North of England. At the beginning of July Lemia will be received into full connexion and ordained when the Methodist Conference meets at Methodist Central Hall Westminster. In her testimony service, at Wesley's Chapel on 22nd May, Lemia reflected powerfully and movingly on her call to ministry and the call of the whole church to serve the broken.

Deacons are ordained:

- to assist God's people in worship and prayer
- to hold before them the needs and concerns of the world
- to minister Christ's love and compassion
- to visit and support the sick and the suffering
- to seek out the lost and the lonely
- to help those served to offer their lives to God.

Please join with me to pray for Lemia, for Richard, for Peter, for Suva and their families as they prepare for these changes.

While reflecting on all the changes of the next few months I have been doing some of the spade work for the circuit's summer series. This year our series will be titled Singing the Blues and will take as its focus some of the Psalms of Lament, what Walter Brueggemann terms 'Psalms of Dislocation'. I've been thinking about our need to grieve and be angry in the face of life's events. That only by entering such dark places does change and transformation come. In the gospels we often find Jesus in places of grief, disease and death: walking into the middle of women wailing their grief for the death of a dead child or daring to have Lazarus's tomb opened despite the likelihood of stench and disease. Steve Frost, writes of these psalms.

"Whatever your unique story, none of us can deny that we live in a society uncomfortable with lament. Our self-help, pop-a-pill culture convinces us there's a solution to every problem. We just need to find, or buy, the right

one. So we tuck our lament safely away in the pockets of our clinical lab coats. We hand our human emotions to professionals, thinking a calm veneer of expertise will stand in for honest lament.

But as Christians, when we lose lament we lose more than the journey of a full human experience. When we skip lament altogether, heading straight for praise, we fail to identify with Jesus Christ, who is not only our saviour and the son of our creator God but also fully man, walking the same earth we do. The man who suffered more than any of us can fathom. And we lose the depth and goodness of the gospel"

Through our grief and dislocation we join the God in weeping for and transforming the world that is God's creation and beloved.

With love and prayers for all you grieve and all you celebrate
God bless



Point to Ponder

At the recent Worship Consultation there was an interesting discussion about how we prepare for worship, including in the few minutes immediately after the Steward, Choir and Preacher enter the church. Last weekend I had an interesting experience of how the efforts of the church leadership do not always produce the expected results.

On a first visit to a seaside church, I was made very welcome; it was clear that those on duty were used to receiving regular holiday visitors and were alert to ensure that we were greeted appropriately. When the service began the preacher said 'Good morning. Let's prepare ourselves for worship with a few moments' silence.'

The two ladies sitting in front of me did not pause in their conversation, neither at that point, nor during the preacher's welcome to visitors, not even as the day's theme was announced and the children introduced who were to lead us in celebrating Christian Aid Sunday.

I did wonder what they thought they had come for!

Kathleen Loveridge

Worship Consultation

On Pentecost, Sunday 15th May, a large group met together for our worship consultation. Given the Methodist Church's strong move to have all worship owned and directed by the worshipping congregation rather than merely the province of the preacher or worship leader these meetings are becoming increasingly important. On a personal note, I have to say that I found the meeting life-giving and exciting. So thank you to all who attended.

We discussed the year's themed worship following the book, *We make the Road by Walking*. Feelings were mixed about this - while many felt that this had produced a greater consistency and continuity, there was also a feeling, particularly from those who had chosen not to have the book, that services were more disjointed. This divergence of opinion fascinates me and leaves me wondering about its causes. I'd love to hear more from you as to what you thought and why.

Other comments on the year's series included

- the value of having an overview of the Bible and looking at passages that don't often feature in worship
- the way it fitted into the seasons
- the ability to prepare beforehand or to follow up afterwards
- allowed us to read and think in more depth
- the density and difficult nature of some of the chapters and the feeling that some were not fully grasped by those leading worship
- sometimes required more preparation from preachers

We also talked about the place of children in worship. There was overwhelming support (unanimous, I think) for the work with children both at the beginnings of services and during family and parade services. (Although one member reported a negative comment from someone who had chosen not to be at the consultation.)

People commented on the value and specialness of seeing through the children's eyes. However, we noted that it was almost impossible to see what was happening when the worship leader and children were sat on the floor at the front.

We talked about the merits and drawbacks of having a video camera projecting what was happening onto the screen and decided to give it a try. We also thought moving the piano to the back might help a bit.

Turning our attention to next year, we wondered about whether or not to follow a series. In favour was the wish for consistency, the ability to worship through passages of the Bible we rarely use, the wish for our worship to select the church seasons. Against was the fact that there isn't another resource of this kind around, the wish not to be tied to it all year.

Having discussed all of this thoroughly, we asked the Sunday night Bible study group to work to look at the possibilities for a few short series, some of which might be based on work Rachel has already done on parts of Genesis, the story of Moses and the Exodus, Elijah and others and to also think about the seasons of the year. It is worth noting that we move straight from We Make the Road By Walking to the circuit Summer Series on Psalms of Lament or disturbance.

The last part of our discussion focused on the beginnings of worship and the time of preparation before them. We discussed the need for some to have a place for quiet prayer and for the leader of worship, stewards and others to be able to prepare for worship in a quiet space where they could concentrate. We also recognised the pastoral need to care for each other: to catch up with those who had been absent for some time, to hear news and share joys and sorrows. We suggested that conversations could take place in the foyer leaving the worship space more calm. In particular we felt it would be helpful if there were no conversations in the worship space once the organ starts playing.

It was a hard working and healthy discussion where we aired many views and heard each other respectfully and we were able to review the past reflectively and to use that review to guide our future, thus entering into the reflective cycle that our vision process identified as necessary for our life together and reflecting the healthy characteristics of a Christian community where all are able to listen positively, to respect and love each other even through disagreements.

Why don't you join us for the next one?

A handwritten signature in cursive script that reads "Rachel".

Family News

It was so good to find out that **Brenda Glassman** had at long last had a successful hip operation, and we wish her a speedy recovery.

Ivy Hanson has sadly not been able to join the Kingsdown family recently due to severe back pain, now under investigation and we hope that suitable treatment will be found to help the situation and wish her well.

It was announced at church on Sunday 22 May that **Eileen Cox**, a previous member of Kingsdown, had died the previous day following a serious illness. No further details are available at this time.



Prayer of thanks for the Queen

Father,

We thank you for our Queen, for her ninety years of life – and still counting! Thank you for her example of commitment and service; for her perseverance through sunshine and storm. Most of all thank you for the wisdom she has to know that her security and significance come from you alone. You are her Lord and King and Saviour – and you are ours. May we all, Sovereign or Subject, put our trust in you and walk more closely with you day by day, in thankfulness for Jesus Christ, who makes that relationship possible. Amen.

By Daphne Kitching



This unique book published by Bible Society, HOPE and LICC uses the Queen's own words to draw out the central role of her trust in Jesus Christ. Sold in packs of 10, it is designed to be a conversation starter and a gift from you and your church to people in your workplace, network and community.

Available from CPO in packs of 10 - £10.80+p&p

www.cpo.org.uk/range.aspx?range=4971&cat=3750&prod=V4971BT

What do you think?

'The local Methodist Church is great, the people are warm and welcoming and show care and grace in the community; there is good mission among all ages and the building is fit for purpose.... But in almost every conversation I have with these people, everything was better 20 years ago. The Sunday School was bigger, the choir was better. You name it and it's not as good now.'

No, it wasn't said about Kingsdown. These are the words of a lady who, having moved into a new area, began attending the local Methodist church and became a member. It was quoted by the President of the Methodist Conference, Rev Steve Wild, in a recent article as a much too frequent comment made to him as he has travelled round the country over the past year. You can read the rest in the Methodist Recorder of 6 May 2016. After many examples of exciting new projects he closes with the following exhortation:-

'Let's talk about the good news God is doing in and through our churches today and not diminish this by our comparisons with the past. God hasn't finished with Methodism yet; my snapshot is that even in the hardest places there is hope and powerful transforming love.'

I'm sure he is right, both in his assessment that we are too prone to took backwards, and in saying that many wonderful new things are happening in local Methodist churches now. Surely we shouldn't be expecting things to be the same as they were 20 years ago; the rest of the world has changed in that time, and the church wouldn't be of much value to society if it hadn't changed also. Our call to mission demands that we develop new activities and practices to suit the present age, while standing firm to the principles that have always underpinned Methodism.

In the latest copy of In Touch (copies in the Foyer if you've not yet read it) our Superintendent Minister, Rev Jen Smith lists a number of new projects that local Methodist members are engaged with. And apart from those, there are new things going on at Kingsdown which were certainly not being done 20 years ago. The annual 'In Loving Memory' service and our contribution to the Northfield Avenue Traders' events are two that come immediately to mind. I wonder how many people those two events have

brought on to our premises this year alone - certainly more than 250.

In the same article, the President identified the many opportunities that churches have to engage well with the groups that use our community facilities, reminding us especially of the highly- important role of the church bookings secretary who is often the first person our visitors meet. He goes on, 'It is a missional post and they and the rest of us can always do more in meeting those outside the fellowship of the church and at least showing love to them.' I think we should note that phrase, 'and the rest of us'. Much as we appreciate the work Hazel does in that role on our behalf, it can't be left to her alone. Providing a welcome for our visitors is the responsibility of us all. I think we do it extremely well on Sundays - I'm not so sure that we are quite as welcoming to the other users of our premises when we meet them, or when we talk about them. Can we do this part of our mission better? What do you think?

Kathleen Loveridge



Ealing Foodbank

Stocks of some items at the Ealing Foodbank are running low as the substantial donations received during Harvest Festival and Christmas last year are now reduced.



So if you wish to donate, please see the list attached to the Ealing Foodbank poster on the foyer noticeboard. Donations can be placed in the Ealing Foodbank plastic box in the foyer at church or you can also donate at several of the larger local supermarkets who have a dedicated Ealing Foodbank donations container near their entrances/exits.

If you have any queries or wish for further information about the Ealing Foodbank, please ask Sue Barton.



Property Issues

To keep you in the picture.

The Property Committee, comprising myself, Derek Matthews, Kevin Lovell, David Lewis, Les Goodchild, Steve Palmer, Kathleen Jarrett and Sue Garland, meet regularly to discuss property issues within the Church.

Work on the front of the Church, including the cross, and over the side entrance door, has been completed, and I'm sure you will agree it looks good. The Apex, soffits and gutters, where possible are all now in PVC, which will hopefully alleviate future works.

Of course, the Church premises are used constantly and obviously things do go wrong. Please keep an eye on anything you notice for example, loose handles on doors, lights out, trailing wires etc. and report to any one of the above people.

The front garden is in constant need of mowing and tidying up. Anyone willing to work for an hour or two on the front garden, please let any of the Committee know.

There are many people who quietly and diligently do work within the Church. Ladies who do the refreshments; always providing biscuits etc; (where are the men?); organising rosters for readings, hymns, communion. The weekly notices and the monthly magazine; the lettings, and generally tidying up pews and chairs.

Janet Smith

AN IMPORTANT POLITE NOTICE

Never ever prop open a door with a Fire Extinguisher. Recently, during an engineer's inspection, it was noticed that 4 extinguishers were damaged and dented, due to the fact that they had been used to keep doors open. The dents render them unusable. We have now to buy four new ones.



On 23 June each of us will be asked to answer the question

“Should the United Kingdom remain a member of the European Union or leave the European Union?”

Make sure YOU vote

Prayer

*Loving God,
In the referendum that lies before us,
in the challenge of seeking an answer,
in our differences of opinion,
in our need to understand,
may you guide us in our decisions,
make us gracious in our disagreement,
and may we join you
to work for the building of your kingdom
rather than our own.
Amen*

For a range of issues about the referendum see pages 13 and 14 of the May Messenger.

There is nothing like returning to a place that remains unchanged, to discover how you yourself have altered. (Nelson Mandela)

Why I wish I'd learned Physics

I don't know whether it's just my getting older, but it seems that when I watch TV quiz programmes such as University Challenge there are more questions than there used to be that I don't understand. Of course there have always been questions that I can understand, but still can't answer. But these days there are rather a lot where I don't even know the meanings of most of the words used! And I don't think it's just because Physics and higher level Maths were not part of the curriculum at my (otherwise excellent) girls' grammar school – though if it had been I might at least understand rather more of the questions that today's undergraduates seem to find fairly straightforward.

My Open University Foundation course provided a rather broader scope; though Arts based, it was taught thematically. I couldn't study 19th century literature, art, and music without also encountering the science and engineering of the Industrial Revolution and the advance of technology in creating weapons of destruction. And it was then that I began to take an interest in the history of science, and began reading about the theories, experiments and writings of Galileo, Newton, Herschel, the Curies and others.

It quickly became obvious that in every civilisation and throughout history, the worlds of science and religion frequently came into conflict. Most people will know that Galileo's theory of a solar-centric universe wasn't published until after his death for fear he would be tried as a heretic, and we know too that the furore which broke out over Charles Darwin's work on evolution causes great strife in some Christian circles even today.

On the other hand there are many eminent scientists who are also Christians – as well as many Christians who have a much more profound understanding of science than I have, but I do often wish, when moved to consider the wonder of God's world, that I knew more of the science behind how it works. I have certainly never found that reading about new discoveries in astronomy or medicine has made me question my faith in God; I am always so much more aware of the greatness of His creation, the more I learn about it.

So I was particularly appreciative of an opportunity of hearing a group of young Physics researchers talking about their work, especially as it took place in the Faraday Theatre where the Royal Institution

Christmas Lectures are broadcast each year. The event I attended was the final of the 'Three Minute Wonder' competition organised by the Institute of Physics, at which each contestant is given just three minutes to explain their own research project, and they are awarded marks by a panel of eminent scientists, and by a very mixed audience including some children, not for the nature of the work they are doing, but for their ability to communicate the excitement of their quest to others.

Now I can't say that I understood everything I heard, but I certainly know more now of the vast range

of research that is going on, and something of the practical effects that it may bring. And I have great respect for this next generation of scientists, and confidence in their ability to open others' eyes to new truths about the universe we inhabit. The 10 contestants had been through regional heats to get to this stage, and could be called the cream of today's young British physicists.

And it just so happened that one of them was our own Elisabeth Matthews. Very well done, Elisabeth; I'm proud to know you.

Kathleen Loveridge

Acton Hill Flower Show



Acton Hill's Flower Show 2016 will take place on Saturday 11th June from 10.00am to 5.00pm.

There will also be food and cake stalls and refreshments will be on sale.

Admission is £1.00 with proceeds going to church funds.

The Love of God

Could we with ink the ocean fill

And were the skies of parchment made;

Were every stalk on earth a quill

And everyone a scribe by trade;

To write the love of God above would drain the ocean dry,

Nor could the scroll contain the whole, though stretched from sky to sky.

Action For Children

There will be a book fair in aid of AFC on Saturday July 2nd from 10.00-12.30. There will be the usual stalls and donations of cakes, gifts and bric-a-brac will be warmly welcomed. There will also be an envelope collection- money donations may be Gift Aided if required.



Action for Children started life in 1869 when the Reverend Thomas Bowman Stephenson, a Methodist minister recently moved from the North East of England, was struck by the plight of homeless children living under the arches of Waterloo station. Together with two friends he quickly bought 8, Church Street, Lambeth, a disused stable, and the first house was established, Fred and George were the first two boys taken in, on July 9th 1869, and were thus saved from living in the workhouse.

The charity moved on, opening many other homes, and in 1908 became the National Childrens Home, later Action for Children. Stephenson's commitment to his work 'in the service of the children' continues to inspire us today. I hope you can support this worthwhile charity in any way you can, either through the book fair, the envelope collection, or through a League of Light home collecting tin.

Olwen Britton


The Methodist Church
in Britain



**Stewards Required
for
Ordination Services
3 July 2016**

We will require **Door Stewards, Welcoming Stewards and Communion Stewards** at the following churches;

[St Margaret's Church, Westminster](#)
[St Marylebone Parish Church](#)

Stewards will be required to be at the church from 1.15pm .If you or someone you know is interested and for further information please email Bijou; communications@methodistlondon.org.uk or telephone 0207 654 3850.

[More on:](http://www.methodistlondon.org.uk/node/4262) www.methodistlondon.org.uk/node/4262

Kingsdown Methodist Church, Northfield Avenue, W13

BOOK FAIR



Books Cakes Gifts
Bric-a-Brac

Saturday 2nd July

10.00am to 12.30pm

Admission 40 pence

Proceeds to:



The difference between wise and foolish people is that the one thinks what they want to say and the other says it without thinking.



Prayer Points for June

Prayer is vital to the work of All We Can and we are encouraged by our supporters and partners who join with us in prayer.

This month we consider the work of some of our partners in Jordan.

Since the conflict in Syria began more than five years ago, over 4.8m Syrians have fled from their country because of violence and a complete collapse of Syria's economy and infrastructure.* For more than three years All We Can has been responding to the needs of refugees and their host communities in Jordan through experienced humanitarian response partners.

Revd Dr Roger Walton, President Designate of the Methodist Conference, visited Jordan with All We Can in May and upon reflection these are some of the things he would suggest as areas for prayer:

Prayer

God creator of all,
For people who are displaced,
may they find a safe refuge.

For people who have lost control of their lives,
may they know a sure foundation.

For people who live in fear,
may they be given a strong fortress.

For people who are disillusioned,
may they have hope in a future.

Loving father in times of crisis, sorrow and uncertainty
we ask that you draw near.

Amen

All We Can, the Methodist relief and development partner, has been responding to the refugee crisis since March 2013. All We Can has had a particular focus on providing opportunities for refugees to not only survive, but to have access to resources and activities that helps restore dignity, build resilience and hope within extremely challenging circumstances.

In Jordan, for example, around two out of every three Syrian refugee households live below the Jordanian poverty line.* And around 80% of Syrian refugees live in Jordanian host communities, and the remainder in camps.** 80% of Syrian refugees in Jordan are using crisis or emergency coping strategies.*** The most vulnerable tend to be female-headed households and children, as well as households that include people with disabilities.

All We Can believes in the power of partnership and has been working with international and local humanitarian response partners in Jordan to meet some of the urgent needs in these refugee communities and with vulnerable Jordanian households, helping to diffuse tensions and improve community cohesion.



To Donate: <http://www.allwecan.org.uk/make-a-donation>

The story behind the HYMN: Lord, for the years

Lord, for the years your love has kept and guided,
urged and inspired us, cheered us on our way,
sought us and saved us, pardoned and provided:
Lord for the years, we bring our thanks today.

Lord, for that word, the word of life which fires us,
speaks to our hearts and sets our souls ablaze,
teaches and trains, rebukes us and inspires us:
Lord of the word, receive your people's praise.

*Lord, for our hopes, the dreams of all our living,
Christ and his kingdom one united aim;
Rulers and peoples bound in high thanksgiving,
Lord of our hopes, our trust is in your Name. ...

By Timothy Dudley Smith

This well-loved hymn was written in 1967 by the Rev Timothy Dudley Smith, who later became Bishop of Thetford. He later confessed: "I wrote it on a train when I was very pressed for time. I'm thankful if something I write gets picked up, but I suspect anyone who does something in a rush later regrets that they didn't find time to apply the sandpaper a bit more!"

Dudley Smith had been asked to write a hymn for the centenary service of the Children's Special Service Mission, now Scripture Union, in St Paul's Cathedral. His commission was to write words that could be fitted to Jean Sibelius's *Finlandia*, as it was to be accompanied by an orchestra with this tune in their repertoire. And so – 'Lord for the years' was written.

Dudley Smith need not have worried about lack of time – his lyrics were a 'hit' in the cathedral on the day, and went on to become so well-loved that George Carey chose the hymn to be sung at his consecration as Bishop of Bath and Wells, and then again later, in 1991, at his consecration as Archbishop in Canterbury Cathedral.

The hymn continued to be widely sung and loved, until in 2002 Timothy Dudley Smith was asked to write an extra verse for it so that it could even be sung around the time of the Queen's Golden Jubilee.

Many of the words in the hymn are true for the Queen herself, as she celebrates her 90th birthday this month. She does indeed thank God 'for the years your love has kept and guided, urged and inspired us, cheered us on our way'...

Indeed the 'extra' last verse added for the Queen has also held true.



Annual Display 20th May 2016



Congratulations to the 10th Ealing Company for their amazing achievements over the past year, and inspired leadership.

**SILVER AWARD
WINNER**

KINGSDOWN MESSENGER

Achieved the Silver award for the Best Magazine in this year's national ACE competition for Church Magazines (in the A5 Black and White Category) against strong competition from entries of all denominations across the UK.



The Award was presented to the Editors by Rev Tony Myers during the AGM of ACE at the Westminster Central Hall on 14th May 2016



Live at Home Scheme Update

The Ealing Live at Home Scheme is now running Exercise Classes in conjunction with StayActive4Life at Greenford, Northolt and Pitshanger -

Greenford on Tuesdays from 11.00am - 12.00pm

Pitshanger on Tuesdays from 11.00am - 12.00pm

Northolt on Fridays from 12.15 - 13.15pm

Classes cost £3.50 per session

At Greenford and Pitshanger, classes include free light refreshments.

At Northolt a light lunch of bread & soup is available after the class for a donation of £2.00.

A Seated Yoga Class has just started at Greenford on Wednesdays from 10.30am - 11.30am followed by refreshments. The class costs £3.50 per session.

Coming soon - 'Grow & Eat' - land is being cleared at ready Greenford for the project.

If you would like to join any of the classes, or volunteer to help, please contact the Live at Home Manager, Sonia Dhamsi on 020 8813 0519 or by e-mail at ealing.liveathome@mha.org.uk.



Prayer written by someone of mature years

Lord, you know better than I know myself that I am growing older and will some day be really old. Keep me from the fatal habit of thinking I must say something on every occasion about every subject. Release me from craving to straighten out somebody's affairs. Make me thoughtful, but not moody; helpful but not bossy. With my vast store of wisdom, it seems a pity not to use it all, but you know Lord, I want a few friends at the end.

from ACE Forum



As part of an associated programme StayActive4Life run Exercise Classes at other venues across Ealing. You can go to another class if you miss your normal one.

MONDAY

Greenford Baptist Church, UB6 9UA from 9.45am - 10.45am

ECC Northfields, W5 4UB from 12.00pm - 1.00pm

Bitchley Court, Templeman Rd, W7 1E from 3.30pm - 4.30pm

WEDNESDAY

St Pauls, Ridley Avenue, W13 from 1.45pm - 2.45pm

THURSDAY

St Marys Church Hall, Greenford Ave W7 3QT from 10.30am - 11.30am

Haven Green Baptist Church, Castlebar Rd, W5 2UP from 1.00pm - 2.00pm

and Zumba Gold at St Pauls, Ridley Ave Wednesday 1.00pm - 1.45pm

Classes cost £3.50 per session. All are welcome.

Newcomers who have not attended an Exercise Class before get their first ten classes FREE.

More details from Arun Summers 0771 517 0207 or 020 8574 7785

The Kingsdown Messenger by e-mail.

Just send a mail to: magazine@kingsdownmethodist.org.uk with 'Messenger please' in the subject line and you will then receive each issue in PDF format as it is mailed out until you ask us to stop. Your e-mail address will not be passed to anyone else.

You can see past issues of **The Kingsdown Messenger** on the web site:

<http://www.kingsdownmethodist.org.uk/church-magazine>



Holiness & Scripture

Wesley House is delighted to announce that the fourth issue of our online journal HOLINESS has now been published, and is available on our website.

The theme for this issue is Holiness & Scripture and it includes a stimulating mix of contributions. As the editorial puts it:

The theme of the issue was consciously chosen as 'Scripture' and not 'the Bible', so as to call forth articles that would examine the relationship which engaged readers and Christian communities have or have had (or have increasingly lost) with the biblical text, within a wider contemporary culture where 'scriptures' may be regarded with suspicion or set aside as irrelevant. What emerges is a wide diversity of perceptions, both within the Church and beyond it. (p139)

HOLINESS and Facebook

With this issue, we are also launching our [Facebook Community](#).

Over the coming weeks, we'll be offering regular highlights from the current issue of the journal, to prompt discussion and further exploration. The page is an opportunity for you to let us know how you are using the journal in your own study and ministry. It is also an easy way for you to share the journal with your friends and contacts. Please help us to grow our readership and promote the ethos of HOLINESS to an ever wider community by liking and sharing our page.

<http://www.wesley.cam.ac.uk/holiness/>

Whenever I start complaining that things aren't what they used to be, I always forget to include myself.

21 JUNE is the Summer Solstice – longest day of the year

June, of course is the month of the summer solstice, the month of the Sun. Sol + stice come from two Latin words meaning 'sun' and 'to stand still'. As the days lengthen, the sun rises higher and higher until it seems to stand still in the sky. The Summer Solstice results in the longest day and the shortest night of the year. The Northern Hemisphere celebrates in June, and the Southern Hemisphere celebrates in December.

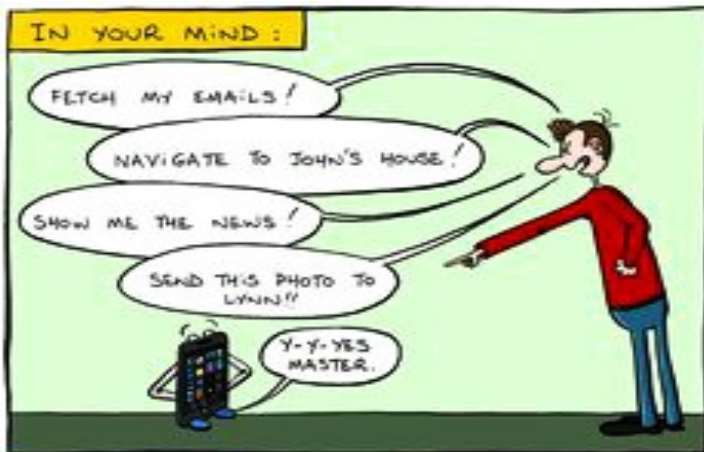
While the Druids worship at Stonehenge and elsewhere, here some Christian alternatives that honour the Creator rather than the created.

A Canticle for Brother Sun
Praised be You, My Lord, in all Your creatures,
Especially Sir Brother Sun,
Who makes the day and enlightens us through You.
He is lovely and radiant and grand;
And he heralds You, his Most High Lord.
St Francis of Assisi

God in All
He inspires all,
He gives life to all,
He dominates all,
He supports all.
He lights the light of the sun.
He furnishes the light of the night.
He has made springs in dry land.
He is the God of heaven and earth,
of sea and rivers,
of sun, moon and stars,
of the lofty mountain and the lowly valley,
the God above heaven,
and in heaven,
and under heaven.

St Patrick

Never let your preferences become prejudices.



This is Sam. I bought him as a surprise present for my husband but it turns out he's allergic to dogs.

So unfortunately I'm going to have to find a new home for him, and I'm just wondering if anyone out there can help?

His name is Dave, he's 58, great at DIY, drives a nice car and can also cook pretty well !!

Submitted by Janet Smith



THE SAINT & THE MONSTER

St Columba, whose feast day is 9th June, was born in Ireland and came to Scotland to be a 'pilgrim for Christ'. He founded a monastery on the island of Iona in 563. The monastery at Iona became a centre of learning and many missionaries were trained there. Columba carried the message of God's love throughout Scotland and monks from his monastery carried the message into England.

St Columba wrote a number of hymns and is said to have transcribed, or written out by hand, some 300 books in his lifetime.

And what has he got to do with a monster? Well, it wasn't the Loch Ness monster but a monster that was living in the River Ness. St Columba is said to have driven away this monster who was attacking a swimmer, with the sign of the cross and the words "Thou shalt go no further, nor touch the man; go back with all speed."

MONSTER MUNCHIES

75 g (3 oz) margarine
3 normal size Mars Bars
(thinly sliced)
3 large tea cups Rice Crispies
100 g (4 oz) chocolate cake
covering (melted)



Grease and line a swiss roll tin. In a heavy based saucepan, gently melt the margarine. Add the Mars Bar pieces and stir until no lumps are left.

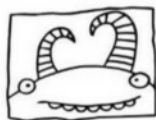
Take the pan off the heat and stir in the Rice Crispies – adding more if the mixture will take it. Spread the mixture in the tin and press it down evenly with the back of a spoon.

Cover with the melted chocolate and leave to set. Cut into 24 bars when cold – or cut into less



bars if you are feeding a very greedy monster!

How does a monster count to
17?



On it's fingers.

EVENTS AT KINGSDOWN

JUNE

- Mon 6 8.00 pm Guides (most Mondays throughout the month)
- Tue 7 2.0 pm Kingsdown Club - Talk by Peter Catford
- Wed 8 1 pm Babies & Toddlers (weekly) (term time only)
- Thu 9 3.30 pm - 5.30 pm CBSI UK Bible Studies in the Foyer
8 pm Circuit Meeting at Hanwell
- Fri 10 10.15 am Coffee Morning in Foyer - everyone welcome
BOYS BRIGADE 6.30-7.30 pm Anchor Boys, 6.30-8.00 pm
Junior Section, 7.30-10.00 pm Company Section (most
Fridays throughout month)
- Sat 11 10.00 am to 12 noon Coffee & Chat - everyone welcome
10.00 am to 5.00 pm Acton Hill Flower Show (see p.13)
- Tue 14 Liz & Steve Palmer's Home Group
- Tue 21 2.00 pm Kingsdown Club - Music with the Caroliners
- Sat 25 Hanwell 'Beach Party' and Teddy Bears Picnic

Future Events

JULY

- Sat 2 10.00 am - 12.30 pm Kingsdown Book Fair - in aid of
Action for Children - (see pp.14/15 for details).
- Sun 17 6.30 pm CIRCUIT SERVICE AT at Greenford - 'farewell'
service for Rev's Peter and Suva Catford.

SEPTEMBER

- Sat 17 Kingsdown Book Fair in aid of All We Can
- Sun 18 10th Ealing BB 50th Birthday celebration

Sat 6 May 2017 - Concert by Heinz Chapel Choir

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