



KINGSDOWN MESSENGER



July - August 2015



SERVICES FOR JULY & AUGUST

5 Jul	10.30	Mrs Rekha Cheriyan
12 Jul	10.30	Rev Rachel Bending
19 Jul	10.30	Rev Rachel Bending, Holy Communion
26 Jul	10.30	Rev Peter Catford
2 Aug	10.30	Mrs Rachel Kamara
9 Aug	10.30	Rev Dr Jennifer Smith, Holy Communion
16 Aug	10.30	Ms Rebecca Catford
23 Aug	10.30	Rev Suva Catford
30 Aug	10.30	Rev Rachel Bending



Upcoming Youth & Children's Training Opportunities

A variety of training opportunities are available for all those working with children and young people.



Please contact Brian Smith for more details on
brian@methodistlondon.org.uk or 07951408379.

The KINGSDOWN MESSENGER

Copy deadline for the September 2015 issue is Friday 21 August 2015

Editors - Pam and Alan Smith

Tel: 020 8840 4803 E-mail: magazine@kingsdownmethodist.org.uk



Dear friends

As the summer holidays approach and we near the end of my first year here I've been thinking a lot about time: how it passes (increasingly quickly these days it seems!); how we spend it; our feelings about its scarcity etc.

Many times this week have you wished you had more time and felt flushed or pressured as a result? How often do you feel time dragging and wish that an event would come or a journey end? How often have you spent time worrying about how you would manage to do things in the future or regretting doing or failing to do them in the past?

Some years ago we spent our summer holiday driving from Denver to San Francisco. A few days into our journey through spectacular scenery I realised that I was spending much of the drive writing about where we'd been earlier or planning the next part of our route. As a result I found I was missing out on much that we travelled through. So I stopped planning and reviewing and gave myself time to enjoy each part of the route. As I did so, I noticed much that I would otherwise have missed and time lengthened and was enriched as a result.

I pray that this summer may give us all ' time to stop and stare ' and to enjoy each moment.

God bless

Rachel

Prayer

Living God,
We come from our busy, crowded lives
To reach out in prayer
And to touch the source of grace that we find in you.
Meet us now and turn our sadness to joy,
Our sickness to healing
and our mourning to dancing.

Amen

(Roots)

FAMILY NEWS

A message from Peter Loveridge's family

"We are very grateful to all those who supported us at Peter's funeral and for the many messages of sympathy, cards and flowers we have received. The entries in the Memory Book have given us a great deal of consolation. If there is anyone who has not written in the book and would like to record their memories of Peter's life at Kingsdown, please ask us as soon as possible.

Kathleen Loveridge, Gill, Tim & Bengisu

Special prayers have recently been requested for Patrick, Abigail and Zoe; Maria, wife and mother, passed away on Friday, 19 June, after a long battle with cancer and leaving a young family (she was too young to die).

We do hope that any of our youngsters who have been sitting exams recently have had satisfactory results, and will lead them on to fulfil their future plans.

No doubt a number of our church folk will be taking the opportunity of a family holiday or maybe 'away day' breaks, and we hope that the summer period will be a time of rest and refreshment for everyone. Perhaps some of you may be able to come back prepared to write an article on your holiday experiences for publishing in our next 'Messenger' (bear it in mind!)

Holiday at Home

In conjunction with the MHA Ealing Live at Home Scheme you can 'Holiday at Home' on Tuesdays and Thursdays in August at different venues across the Circuit. Holiday at Home provides summer time activities for older people, including food and fellowship, crafts and entertainment, exercise and massage. Please see the poster in the church foyer for more details, and if you are interested pick up a brochure and sign up for your Holiday at Home this summer!

(Details can also be downloaded from:

<http://www.ealingtrinity.org.uk/notices/>

Happiness is a journey, not a destination.

CIRCUIT SUMMER SERIES LAUNCH PARTY & BBQ

AT RACHEL'S MANSE: 91 ELMERS ROAD

24TH JULY 2015 - 7PM

BRING FOOD OR DRINK TO SHARE

ALL ARE WELCOME

DISPLAYS OF CHURCH LIFE - PRAYER STATIONS

PLEASE JOIN US

Ten Other Commandments

An unknown author shares his wisdom:

1. You shall not worry, for worry is the most unproductive of all human activities.
2. You shall not be fearful, for most of the things you fear will never come to pass.
3. You shall not carry grudges, for they are the heaviest of all life's burdens.
4. You shall face each problem as it comes. You can only handle one at a time anyway.
5. You shall not take problems to bed with you, for they make very poor bedfellows.
6. You shall not borrow other people's problems. They can better care for them than you can.
7. You shall not try to relive yesterday for good or ill, it is forever gone. Concentrate on what is happening in your life and be happy now!
8. You shall try to be a good listener, for only when you listen do you hear ideas different from your own.
9. You shall not become 'bogged down' by frustration, for 90% of it is rooted in self-pity and will only interfere with positive action.
10. You shall count your blessings, never overlooking the small ones, for a lot of small blessings add up to a big one.

(Acknowledgements to Greenford/Northolt 'News & Views' Oct/Nov 2013)

SPACES NOW AVAILABLE IN YOUNGER GROUPS



Now that so many of our Boys have moved up an age-group after the Display, we're pleased to announce that for the first time in a long time, we now have vacancies in years 1, 2, 3, 4 and 5.

If your son has a neighbour, a relative or a school friend in these age groups, why suggest the BB to them. You can be sure he'll have a great time and make lots of friends.

As part of this recruitment drive, we have also launched a brand new website to increase our online presence: please feel free to share this link among mums and dads who might be interested in The BB and the work we do.

www.10thEalingBB.com

Thank you for your prayers and support.

Tony Plews
Captain

WEEKLY CHURCH NOTICES

- GET THEM BY E-MAIL

If you would like to receive the weekly Church Notice sheet by e-mail just let me have your e-mail address and we will add you to the list of e-mail addresses held, for that purpose alone, by the notice sheet editors.

Or if you would like your e-mail address removed from that list, just let us know. tel. (020) 8567 9823 or e-mail annegret@derek.fsml.net

Derek Matthews

NORTHFIELDS SUMMER FUN DAY

**COULD YOU HELP TO WELCOME PEOPLE INTO THE
CHURCH?**

**WE'RE HOPING TO PROVIDE - CREAM TEAS,
DISPLAYS OF CHURCH LIFE, PRAYER STATIONS
PLEASE JOIN US**

Northfields Summer Funday



11th July

Saturday from 12pm

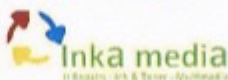
Supporting your local businesses

**LIVE MUSIC , QUIZ HUNT,
ART COMPETITION, GREAT FOOD,
CRAFT STALLS AND LOTS MORE.**

In association with



This poster was printed by



and designed by





Methodist
relief and
development

NEPAL Earthquake

After the second devastating earthquake in Nepal, **All We Can's** local partners (ERDCN and Kopila) have been playing a vital role in helping people to begin to recover. The generosity of AWC's supporters enabled these experienced grass roots organisations to respond quickly and provide relief to some of the most badly affected communities. Over £220,000 has been given to the Nepal Earthquake Appeal to date.

A story from the 'Roof of the World' - Sapana Shrestha, aged 26, lives in Chyangli, a village in the Gorkha District. She recalls, "I was sitting in home doing some housework and my children were playing around me. Suddenly the land was moving rapidly, I didn't know what was happening. The children were frightened. I stood under the door and I became very nervous. I did not think I would be safe from the earthquake. After a long time the earthquake stopped a little bit and then I ran to a public place with my two little sons.

The walls of my home started to fall down. While we were sitting in the open public place my home totally collapsed. I was very shocked; I

couldn't bring out any equipment from my home. Only on the second day did we start to search for food, clothes, mobile phones and other materials from our collapsed home.

When ERDCN provided a tent and mats we were very happy, as now we can save our family, food, clothes and other materials. We thank ERDCN for visiting our home and community, listening to our painful experiences, and providing some relief materials along with counselling, sympathy and motivation."

Psychological impact - As well as distributing food and emergency shelter materials, AWC is supporting its partner Kopila Nepal to use its expertise to help people deal with the emotional impact of the earthquake through providing trauma counselling.

Kopila Nepal's Director, Bina Silwal, explains the need for this work: "It was a severe time after the earthquake. Everybody was scared, people were crying, people were not eating, people were not doing anything. It was like they had lost consciousness. As a counsellor, someone trained in psychology, I

could see that there would be post-traumatic stress. In response, AWC is supporting Kopila to deliver a programme to improve psychosocial well-being in children through school based interventions, funding the creation of materials that can inform people of the psychological support available and will be employing and training counsellors to reach people who have lost loved ones, homes or both. There is an increasing recognition of the need for psychosocial responses after large disasters. Most experts agree best placed to deal with these responses are local organisations that not only have the correct training, but understand local cultural practices and ways of dealing with grief. Kopila Nepal are ideally placed as an organisation with both professional expertise, but also a deep knowledge of the local people and customs.

The road to recovery - AWC is working with its experienced partners to identify the best ways to support recovery and rebuilding. There have already been uncharacteristic rains in Nepal in the last month with thunderstorms bringing heavy downpours. When the monsoon season arrives this month it will make access to many places extremely difficult, as dirt roads deteriorate and helicopters are unable to fly. One tarpaulin will no longer be enough to provide

larger families with decent shelter, so even though thousands have already been distributed, more will be needed. Rains may also cause landslides where hillsides have been weakened. It is likely that for people living in inaccessible villages, camps will be set up in village centres so that they can be fed and provided with other services more easily. There are still thousands of people in Nepal living in temporary shelters, and with some villages losing every house to the earthquake, the need to focus on rebuilding is clear.

Maurice Adams, Chief Executive of AWC, commented: "Out of the turmoil of these earthquakes have emerged stories of courage, generosity and compassion, both in Nepal and here in Britain. The response from AWC supporters has been humbling and enabled our partners to respond rapidly to meet many immediate needs. There is no quick fix for a situation like the one faced by communities affected by the earthquakes, but AWC will be walking alongside our partners every step of the way as they begin the slow road to recovery. On behalf of those partners, and the vulnerable individuals they are supporting, I want to express heartfelt thanks for every donation given so far to our Nepal Earthquake Appeal. It really has made a difference."

Early notice - Book Fair

Saturday, 26 September 2015,

with various stalls.

Proceeds for '**All We Can**'.

Please put this date in your diary and consider if you might make a contribution to the cake stall, or perhaps have any unused toiletries or other unwanted presents which might be suitable for sale on the bric-a-brac stall.

Offers of help on the day would also be appreciated by Ruby Warne, and Pam and Alan Smith.



Names, addresses and telephone numbers

Many readers will already be aware that the church keeps a list of names, addresses and telephone numbers of members and others, for pastoral purposes.

The list is held by the Minister and by the Pastoral Committee. If anyone has any concerns about their details being held in this way, please do feel free to speak to me on a Sunday morning or contact me using the address below.

tel. (020) 8567 9823 or e-mail annegretderek@fsmail.net

Derek Matthews

Award for Promoting the Rights of Child Domestic Labourers

Angel Benedicto, a former child domestic labourer from Tanzania, receives her award from HM the Queen for the work she has done in promoting the rights of Child Domestic Labourers, making the world become aware of it and setting up systems of support for them and, of course, prevention.



Last year MWIB's Two Year campaign for the prevention of Child domestic labour, culminated with Helen Veitch and MWIB representatives presenting Vince Cable, with hundreds of signed rubber gloves and urging the Government to take steps to support the prevention of these children's plight.

Children Unite's main project is raising awareness of this problem which affects children through out the world and particularly Africa.

During my Presidency of Network - MWIB, my chosen charities for fundraising of over £4,600 was for Children Unite and the Adavu Project, based in Birmingham for trafficked women (as reported in past Issues of the Messenger).

MWiB raise funds and draw awareness to a number of projects, such as Dhallit Women in India and Child Domestic. Consequently, when the Project was running, MWiB worked with Children Unite. The poster on p19 of last month's Issue of Messenger, illustrates the project, with both Network and MWiB Logo's.

Children Unite have been working with Angel for the cause of Child Domestic Labour and have supported her visit to the UK.

When the children's Consortium planned the Marathon, last Sunday, Different Organisation, allied to that organisation, was given the opportunity to raise Funds. Angel had planned to be at the start of the race as we set off, but was unable to get there. The money raised by others including myself will go to Angel's project in Tanzania. Angel, and other young adults, from the Commonwealth, were honoured by the queen and given awards for the exemplary work they are engaged in.

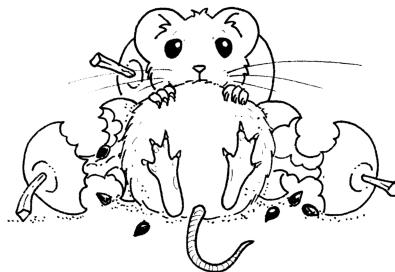
Helen Veitch, again asked me for help with this year's marathon, as the MWiB Forum member for the London District, and I complied, which is just as well because, despite wide publicity, no one else from the 35 London District, including our own, agreed to do the walk!

So thanks for your support and others in the Circuit, who have given me sponsorship, as well as others in the District and Forum members.

I hope to be able to let all sponsors know the final amount raised by mid July, hence my final call, to see if anyone else would like to donate.

Further details can be found on the Children Unite site.

Blossom Jackson



Children Unite: Marathon Walk- 21st June- Blossom Jackson

Yes! I was able to complete the Marathon Walk, planned by the Consortium of Street Children, on behalf of Children Unite - an Organisation founded by Helen Veitch and Jonathan Blagrough who between them, have over 40 years' experience in the children's rights and child labour field.

Children Unite- works in partnership with organisations to protect child domestic workers from exploitation and abuse and promote their rights worldwide



Children Unite works in partnership with organisations to protect child domestic workers from exploitation and abuse and promote their rights worldwide. Helen has over 20 years of working in the children's rights field, focusing on the sexual exploitation of children and participatory work with children. She began her career in children's rights working with a community of street children in Indonesia in 1994, then spent eight years working with children's rights advocacy group ECPAT UK (End Child Prostitution, Pornography and Trafficking).

The walk

The registration Fee was £20, and Additional Travel costs to and from Windsor, on the day.

Our final instructions included that the walk would be 12 Kilometres instead of 10K. So, when Jonathan, with whom I was walking, {along with Helen, their 13 year old daughter Mia, and two Aunts, who had thought they were older than me initially!) checked his pedometer at 9K we hadn't reached Bourne End; we all found out, that the distance was most probably double! And so it was 1/2 Marathon, on checking the distance on our return, after a couple of detours, because we were only given maps and there was inadequate signage!

The scenery was picturesque; the Thames undulating and tranquil , the breeze gentle, the weather just right, the light lunch good; and it was good to hear each other's life-journey stories, as we meandered our way along the dirt tracks..

However, by the time our medals (which had 10K on the disc) were given to us, we were exhausted and had to cope with rebellious muscles which played an orchestra, that was most unwelcome to us, not having had training for the increase in distance!

Nevertheless, I have no regrets and now the pain and stiffness have gone am glad of the good the walk will have done for my health too!

A 'Thank You' letter came from the organisers yesterday, apologising for the distance and stating failure of an application that gave the wrong distance! So I am sure that their planning will be better next time as they have asked for comments, with a view to bettering their performance, next time!

My thanks to everyone who have donated on line or otherwise, from the Circuit and elsewhere. But if there is anyone else who would still like to donate, any monies, this would be greatly appreciated, up to mid-July. So you can either ring or email me at

**blossom.Jackson@sky.com or donate direct to my URL:
<https://mydonate.bt.com/fundraisers/blossomjackson1>**

I will of course let everyone know the full amount raised, at a later date.

The money raised last Sunday will go specifically to Angel Benedicto - A former Child Domestic labour, for her Project, to support Child Domestic Labourers in Tanzania. Angel has done much as an advocate for child Domestic rights and in advertising these children's plight. She received an award from HM Queen Elizabeth on Monday 22 June, as the photo in the previous article shows.

In Children Unite, taking on the project for the Fight for the rights of child domestic labourers and Prevention, their raison d'être states-

"This is a great opportunity to challenge ourselves and be inspired by children who hope for a better future. A street child in Tanzania offered this piece of advice: 'I would tell all the children not to give up even if life is hard. One day things will change and everything will be alright'"

Massacre in Charleston - A point of view

I cannot believe that there can be anyone who has not been appalled to see, hear and read about the killing of nine people, who were at Bible study in an African American Methodist Church in North Carolina, through various forms of the media. Moreover, what beggars belief was that the young man, who carried out this heinous crime, had earlier taken part in the Bible Study in that same church, but had carried a gun with the sole intention of killing ' Black' people, as he later revealed.

When I first heard of the event, my comment on Facebook included the observation that the reason for the perpetrator's action might well be far more complex than Race hatred and I was right! Further articles this week, have revealed something of this young man's situation. Reportedly, he had Black friends, had been a church goer since childhood, lived in a Trailer park, had taken drugs and exhibited anti- social behaviour etc. This however does not lessen the dastardly act of depriving the church, community and the Victims' families, of people who were making positive contributions to society.

In perspective, this crime is no more dreadful than those carried out on Christians, throughout the ages, up to present times, nor is it any more a shameful act than the killings at Belsen, and Dunblane, Young people at a camp in Europe more recently, ethnic cleansing, black on black killings and many more horrors that are brought to us in our sitting rooms, via TV, almost on a daily basis.

To return to the subject, that the killing was a racially motivated crime, we have to face the fact that racial injustice has not gone away. It is very much alive and kicking and permeates every strata of society and organisations, including our churches. The sad factor is that the UK 1962 Race Relation Act, aimed at eliminating Racial Discrimination, could not and cannot eliminate prejudice from the hearts of an undesirable number of people, even though they purport to be Christians; so much so that their sins are not only those of commission, but more often than not, those of omission, at the subconscious level.

We who profess to have a Methodist identity- black and white people, need to wake up and look into our hearts to see what we are doing that could perpetuate this unacceptable trait in the human situation and try to find ways in which we can truly call ourselves brothers and sisters in Christ and try to engender a spirit that enables us to love our neighbours, as ourselves!

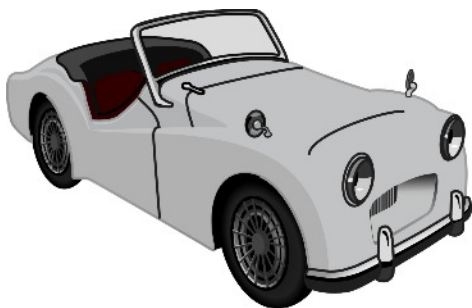
Blossom Jackson - June 2015

Dear Fellow Motorists,

It has come to my attention that some of you have purchased vehicles without an indicator.

While ducking and weaving in and out of lanes, cutting in front of me and turning without forewarning certainly adds excitement and adventure to my daily journeys, I strongly suggest that you have those pesky indicators installed and then learn how to use them since I clearly do not possess the required level of psychic ability to predict your every stupid and selfish move.

If not, I fear that I will become dependent on the adrenaline rush that comes with not knowing if I'll make it home in one piece or fall victim to your impulsive behaviour.



You may have a blatant disregard for your own life, but I've grown quite fond of mine and would rather hang on to it for as long as possible.

Submitted by **Janet Smith**

Do you ever think how you would get along if you used the advice you give to others?

Crankey Old Man

The poem was found amongst his meagre things, by nurses in Austria, after his death. This old man, with nothing left to give to the world, is now the author of this 'anonymous' poem winging across the Internet.

Cranky Old Man

*What do you see nurses? What do you see?
What are you thinking . . . when you're looking at me?
A cranky old man, not very wise,
Uncertain of habit with faraway eyes?
Who dribbles his food and makes no reply.
When you say in a loud voice . 'I do wish you'd try!
Who seems not to notice . . .the things that you do.
And forever is losing A sock or shoe?
Who, resisting or not lets you do as you will,
With bathing and feedingThe long day to fill?
Is that what you're thinking?.. Is that what you see?
Then open your eyes, nurse .you're not looking at me.
I'll tell you who I am As I sit here so still,
As I do at your bidding, as I eat at your will.
I'm a small child of Ten . .with a father and mother,
Brothers and sisters who love one another
A young boy of Sixteen with wings on his feet
Dreaming that soon now a lover he'll meet.
A groom soon at Twentymy heart gives a leap.
Remembering, the vowsthat I promised to keep.
At Twenty-Five, nowI have young of my own.
Who need me to guideAnd a secure happy home.
A man of Thirty My young now grown fast,
Bound to each other With ties that should last.
At Forty, my young sons .. .have grown and are gone,
But my woman is beside me . . to see I don't mourn.*

*At Fifty, once more, Babies play 'round my knee,
 Again, we know children My loved one and me.
 Dark days are upon me My wife is now dead.
 I look at the future I shudder with dread.
 For my young are all rearing .. . young of their own.
 And I think of the years . . . And the love that I've known.
 I'm now an old man and nature is cruel.
 It's jest to make old age look like a fool.
 The body, it crumbles grace and vigour, depart.
 There is now a stone . . . where I once had a heart.
 But inside this old carcass . A young man still dwells,
 And now and again my battered heart swells
 I remember the joys I remember the pain.
 And I'm loving and living life over again.
 I think of the years, all too few . . . gone too fast.
 And accept the stark fact . . . that nothing can last.
 So open your eyes, people open and see.
 Not a cranky old man .
 Look closer see ME!!*

Remember this poem when you next meet an older person who you might brush aside without looking at the young soul within. We will all, one day, be there, too!

Blossom Jackson



Miracle

*Not the one who takes up his bed and walks
But the ones who have known him all along
And carry him in -----
Their shoulders numb, the ache and stoop deeplocked
In their backs the stretcher handles
Slippery with sweat. And no let-up
Until he's strapped on tight,
made tiltable
And raised to the tiled roof, then lowered for healing.
Be mindful of them as they stand and wait
For the burn of the paid-out ropes to cool,
Their slight lightheadedness and incredulity
To pass, those ones who had known him all along*

Seamus Heaney from Human Chain

Sometimes

*Sometimes things don't go, after all,
from bad to worse. Some years muscadel
faces down frost; green thrives; the crops don't fail.
Sometimes a man aims high and all goes well.
A people sometimes will step back from war,
elect an honest man; decide they care
enough, that they can't leave some stranger poor.
Some men become what they were born for.
Sometimes our best efforts do not go
amiss; sometimes we do as we meant to.
The sun will sometimes melt a field of sorrow
that seems hard frozen: may it happen to you.*

Sheenagh Pugh

Submitted by June Thompson



Despite a 3,000 signature petition against wheelie bins in Ealing, the council has approved the proposal to bring them to the leafy borough.

Ealing Council's cabinet agreed proposals to increase recycling in the borough by introducing wheelie bins and switching to alternate weekly collections of refuse and recycling.

The plans were approved by the council's cabinet on Tuesday (June 16) and are expected to be introduced in late spring next year.

The council claim that the new mixed recycling service will make it easier for people to recycle and help the council reach its target of recycling 50% of household waste by 2018.

However, the Tory opposition claim that over 3,000 Ealing residents signed their petition to tell the council that they don't want wheelie bins for rubbish and recycling.

Councillor David Millican said: "At last week's Northfield Ward Forum, in a show of hands, only two residents, out of the more than 75 who attended, said they wanted wheelie bins.

"I have been contacted by so many residents concerned that they will clutter up their front gardens, as there is nowhere else to store them; will damage cars as they manhandled through parked cars; will be difficult for older residents to manhandle. Ealing's Labour council must listen to residents' demands."

Most households that currently have the doorstep refuse and recycling service will be given two wheelie bins – one for refuse, which is currently disposed of in black sacks, and one for mixed recycling.

With the exception of food waste, residents will no longer be required to sort recycling into separate containers, but place it all in one wheelie bin which will be collected fortnightly.

The other wheelie bin for refuse will also be collected fortnightly on the week in-between recycling collections. Food waste will continue to be collected from the food waste bins every week.

Time to Relax?

Older than Dirt Quiz

*(Count all the ones that you remember; not the ones you were told about.
Ratings at the bottom.)*

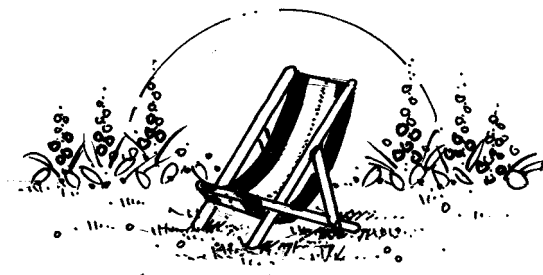
1. Sweet cigarettes
2. Coffee shops with juke boxes
3. Home milk delivery in glass bottles
4. Party lines on the telephone
5. Newsreels before the movie
6. TV test patterns that cam on at night after the last show and were there until TV shows started again in the morning. (There were only 2 channels - if you were fortunate!)
7. 45 rpm records
8. 33 rpm records
9. Hi-fi's
10. Metal ice trays with levers
11. Blue flashbuln
12. Cork popguns
13. Wash tub wringers

If you remembered 0-3 = You're still young

If you remembered 3-6 = You are getting older

If you remembered 7-10 = Don't tell your age

If you remembered 11-14 = You're positively ancient!





St THOMAS

Thomas was one of the 12 disciples and one thing we know about his family is he had a twin because he was called 'Didymus' which means a twin.

Thomas was ready to die with Jesus (John 11:16) but it is as 'Doubting Thomas' that most people remember him. Thomas wasn't afraid to ask the questions that the other disciples were thinking.

Thomas wasn't with the other disciples when they first saw the risen Christ. He refused to believe that Jesus had returned from the dead 'unless I see... and touch... I will not believe', but when he saw and touched Jesus he exclaimed 'My Lord and my God'. You can read this in St John's Gospel, chapter 20.

Without Thomas' doubts perhaps we wouldn't be as sure about our faith today. We need someone to ask the questions that we are too afraid to ask for fear of seeming silly or foolish.



T-TIME PUZZLE?

All the answers to this Bible puzzle begin with the letter T – can you find them all? The first one is too easy.

1. The disciple called Didymus.
2. The town named after a Roman Emperor (John, chapter 6).
3. Roman to whom Luke addressed his Gospel.
4. Where St Paul was born (Acts, chapter 9).
5. Paul's companion on the journey to Jerusalem (Galatians, chapter 2).
6. She came from Joppa and was also known as Dorcas (Acts, chapter 8).
7. Deborah sat underneath one (Judges, chapter 4).



Are there any tiles that won't stick on the wall?
Reptiles.

Tell a man that there are 400 billion stars and he'll believe you.
Tell him a bench has wet paint and he has to touch it.



Answers: 1.Thomas 2.Tiberius
3.Theophilus 4.Tarsus 5.Titus 6
Tabitha. 7.Tree

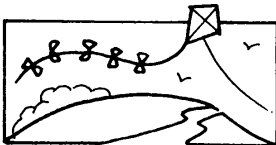
EVENTS AT KINGSDOWN

JULY

- Mon 6 8.00 pm Guides (most Mondays throughout the month)
- Tue 7 2.00 pm Kingsdown Club - A Talk by Janet Smith
- Wed 8 1 pm Babies & Toddlers (term time only)
7 pm Youth Group - Upper Foyer
- Thu 9 3.30 pm - 5.30 pm CBSI UK Bible Studies in the Foyer
- Fri 10 10.15 am Coffee Morning in Foyer - everyone welcome
BOYS BRIGADE 6.30-7.30 pm Anchor Boys, 6.30-8.00 pm
Junior Section, 7.30-10.00 pm Company Section (most
Fridays throughout month)
- Sat 11 10.00 am to 12 noon Coffee & Chat - everyone welcome
- Sat 11 from 12.00 noon Northfields Summer Funday
- Tue 14 Liz & Steve Palmer's Home Group
- Tue 21 2.00 pm Kingsdown Club, Summer Tea Party - Dave entertains
- Fri 24 7pm CIRCUIT SUMMER SERIES LAUNCH PARTY & BBQ
at Rachel's Manse, 91 Elers Road (see p.5 for more details)

AUGUST

- Sun 23 18.00 Welcome Service for new District Chair, Rev Nigel Cowgill.
Hind St Methodist Church, Hind St W1



The views expressed in articles in The Messenger are not necessarily those of Kingsdown Methodist Church or the Editors.

Data Protection - Kingsdown Methodist Church maintains a database of basic information relating to members and the community roll. Keep the Minister informed of any changes to your personal details. The database is maintained in accordance with the guidelines of The Trustees for Methodist Church Purposes, Central Buildings, Oldham Street, Manchester M1 1JQ to whom any formal requests for access to the data must be addressed.