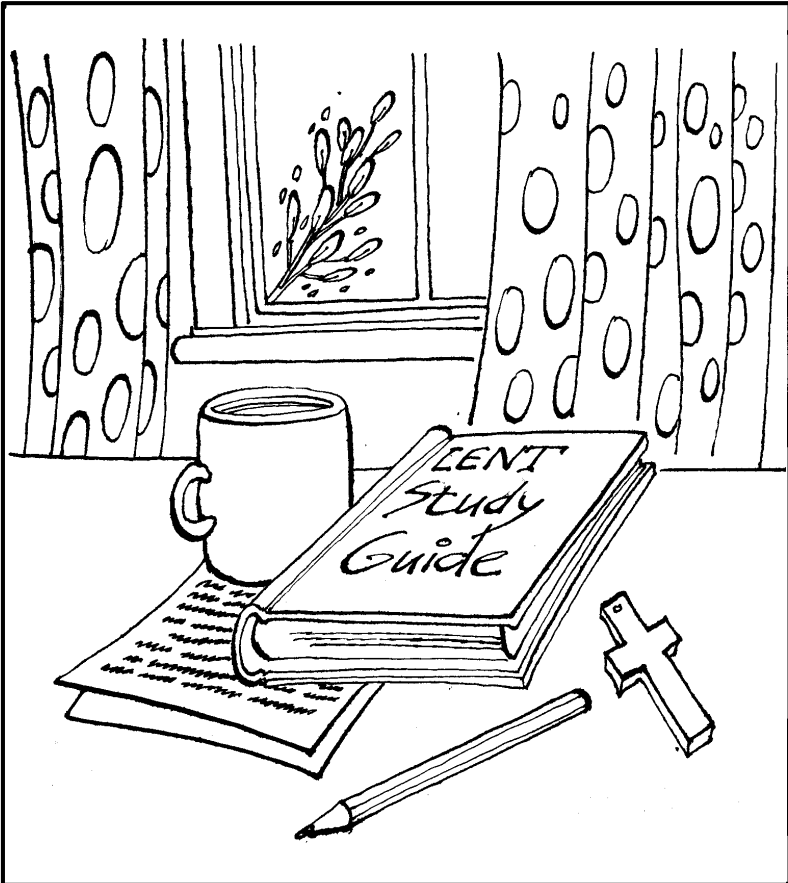




# KINGSDOWN MESSENGER



*March 2019*

## SERVICES FOR MARCH 2019

### Mar



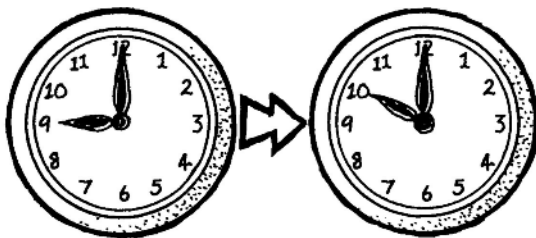
- 3 Mar 10.30 Mr Philip Male
- 19 Mar 10.30 Rev Susan Male, Family/Parade Service
- 17 Mar 10.30 Rev Susan Male, Holy Communion
- 24 Mar 10.30 Local Arrangement
- 31 Mar 10.30 Rev Shirlyn Toppin (Mothering Sunday)
- 7 Apr** 10.30 Rev Oluyemisi Jaiyesimi



*Prayer is important when things get hard and you find it difficult to keep going.*

*It's worth remembering it's often the last key in the bunch that opens the lock.*

## British Summer Time begins Sunday 31<sup>st</sup> March



### The KINGSDOWN MESSENGER

Copy deadline for the March issue is Friday 22 March 2019

Editors - Pam and Alan Smith

E-mail: [magazine@kingsdownmethodist.org.uk](mailto:magazine@kingsdownmethodist.org.uk)





Dear Friends,

My Spiritual Director sometimes thinks I am a bit over-zealous with my promises to God, promising things that I cannot possibly deliver and then getting upset with myself when I don't! Not something I would advise any of you to do. Consequently, when I saw him recently, he advised me, "choose some small self-denial in Lent so that every time you are tempted by it you can resist and remember why you are doing it - to remember what Jesus did for you". It was one of those occasions when I suddenly understood, at a deeper level, something I had done since childhood - that the point of self-denial, of fasting, during Lent was to allow the thought of Jesus' sacrifice for us to find a way to break into the routine of everyday existence.

What do you make of Lent?

Traditionally, it is a time for us to look at where we are in our relationship with God, and to try to move closer to him. Traditionally, that would be done in three ways- repentance, fasting and giving alms.

Repentance means being sorry for our sins, and turning back to Christ. Lent is a time to remember who we are - children of a loving God - to talk to him about the way we are journeying with him, to ask him to forgive us for our wrongdoings, and to ask him to give us strength to start afresh. Lent may also be a time when we want to talk with others about our journey with God, and how we might meet him more closely in prayer. If you would like to talk with me about this this Lent be in touch, and we can find some time.

Fasting can range from the small effort advised by my spiritual director to a bigger fast, but the purpose is the same, to help us to remember Jesus and what he has done for us. Giving alms, is giving to the poor. For us, either financially, or through the gift of our time.

I urge you to do something this Lent to remind yourself that you belong to Christ, that you are his disciple, and that he is your saviour.

The Ealing Trinity Circuit is running a Lent Course - "Cities of Sanctuary" to help us to focus this Lent. We are urged to consider with others how

our churches operate as places of sanctuary, and how we can do this even better. The course runs on Monday's from 11th March for five weeks. You can come either to Kingsdown Methodist Church at 10.30 am or to Greenford Methodist church at 7.30 pm. I am making a commitment to be at one of these each week to grow in my relationship with God, and to get to know the Circuit better. Can you commit to this too?

To end, another thing that my spiritual director often says to me at this time of year is "Happy Lent". The first time he said it to me I pulled him up on it, "is Lent meant to be a happy time?" He replied, "yes - of course - it's a time especially given to us to draw closer to Jesus - what could be better?"



So, tentatively, I wish you all a happy, Christ-filled, Lent!

With prayers and blessings

*Sue*

---

### *The Peace Mantra*

*Peace in my Heart*

*Peace in this Place*

*Peace in our Land*

*and throughout the World -*

*Peace*

Mother Teresa of Calcutta said 'Peace begins with a smile. 'Everyone we meet is our sister or brother, as we are theirs. So greet them all with a smile to acknowledge our kinship and to build bridges'. This may seem trivial or obvious, but it can encourage others to be more open and friendly to people they meet, echoing Mother Teresa's 'In this life we cannot do great things. We can only do small things with great love.'

**From ACE Forum**

# Family News

We are pleased to welcome back to church **Sybil Corbin** who has been absent for a number of weeks following an operation on her foot; we wish her well during her recovery to full mobility.

**Eileen Tobias** has also undergone a further operation, this time on her hip and we are pleased that she has already been able to rejoin the church family.

It was good to see **Violet Cordon** back with us too, although she still has grave concerns over the health of two of her brothers in Trinidad.

Having recently returned to Circuit duties, albeit only on a part-time basis at the moment, it was good to see the **Rev Rachel Bending** join **Kathleen Loveridge** to deliver the sermon at our Sunday morning service on 24 February. We wish her well as she continues to strive for a fuller recovery.

Please continue to hold in your prayers all those members of our church family known to be in need of special support at this time.

Congratulations to **Kathleen Jarrett** on becoming a grandma following the birth of **Sophia Molly** on 1 February to **Andrew** and **Sarah**.

**Pam** and **Alan** would like to say a big 'thank you' to **Mary Osborne** for distributing the Messenger to quite a sizeable mailing list over many years, as well as to all those members of the church family who continue to distribute it by hand to local addresses.

## Circuit Lent Bible Study Series

This year's Circuit Lent Bible Study Series will be based on '*Hospitality and Sanctuary for All*' by Dr Rev Inderjit Bhogal, a former President of Conference.

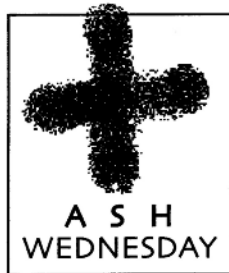


Sessions will be on Mondays at 10:30 at Kingsdown and at 19:30 at Greenford.

The first session will be on 11th March. The series will run for five weeks.

## 6 March – ASH WEDNESDAY: mourning our sins

Lent begins with Ash Wednesday. But why 'Ash' Wednesday? The reason has to do with getting things right between you and God, and the tradition goes right back to the Old Testament.



In the Old Testament, the Israelites often sinned. When they finally came to their senses, and saw their evil ways as God saw them, they could do nothing but repent in sorrow. They mourned for the damage and evil they had done. As part of this repentance, they covered their heads with ashes. For the Israelites, putting ashes on your head, and even rending your clothes, was an outward sign of their heart-felt repentance and acknowledgement of sin. (See Genesis 18:27; 2 Samuel 13:19; Job 2:8, 30:19; Isaiah 58:5; Jeremiah 6:26; Jonah 3:6)

In the very early Christian Church, the yearly 'class' of penitents had ashes sprinkled over them at the beginning of Lent. They were turning to God for the first time, and mourning their sins. But soon many other Christians wanted to take part in the custom, and to do so at the very start of Lent. They heeded Joel's call to 'rend your hearts and not your garments' (Joel 2:12-19). Ash Wednesday became known as either the 'beginning of the fast' or 'the day of the ashes'.

---

### **Ealing Newman Circle Talks: Christian Discipleship Today**

**28 March :** 'Refugees and Asylum Seekers' - Sarah Teather, Jesuit refugee service

**16 May:** 'Counselling Today' - Ginny Ellis, Ealing Abbey non-denomination service.

---

### **Churches in Central Ealing Good Friday Walk of Witness Friday 19 April**

Advance notice that we shall be participating as usual in the annual Good Friday Walk of Witness, leaving Kingsdown at 9.30 am to join walkers from other churches for the concluding open-air service in the garden of Christ the Saviour Church from 10.45 am - 11.05 am.

# *Stone-throwing*

*(John 8:1-11)*

*A familiar scene ...*

*Crowds of people with strong views,  
clamouring, demanding their way,  
intolerant of others*

*who made different mistakes, different choices.*

*A raucous, intimidating, egocentric baying for action.*

*A familiar scene...*

*Where is the love?*

*Where is the compassion?*

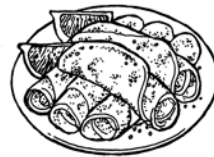
*Where is the concern for the common good?*

*How long Lord, will your teaching be ignored?*

*How long till the stone-throwing stops?*

*By Daphne Kitching*

## *Shrove Tuesday 5<sup>th</sup> March Pancake Day*



A large city centre church which had problems with break-ins decided to employ a night watchman so that there was always someone on the premises. Interviews were held by the vicar and church warden. They greeted the first candidate and asked him, "what are your qualifications for the job of night watchman?" He replied, "The slightest noise wakes me up."

# Book Fair for Charity of the Year



The final event for Kingsdown's Charity of the Year 2018/19 is our book fair on Saturday March 9<sup>th</sup> from 10.00-12.30 where there will be the usual stalls for books, cakes, gifts and bric a brac.

This is in aid of the Ealing Log Cabin Children's Charity. The charity's playground on Northfield Avenue, established in 1977, provides a setting where children and young people with additional needs or disabilities can socialise, grow and have fun alongside their mainstream peers.

These children often remain isolated from others and excluded from mainstream facilities. The Log Cabin Charity is inclusive, welcoming mainstream siblings and local children, integrating everyone so that they socialise together, make new friends and form friendship groups, regardless of their abilities and disabilities.

Children come to After School Club, Holiday Playschemes, Saturday Club and Start2gether-Stay and Play sessions. The charity also offers a counselling service to young people aged 11+ and to parents and carers.

We are hoping that a representative from the charity will be able to attend, sell small gifts, distribute leaflets and answer questions about the charity.

The playground is based at 259 Northfield Avenue London W5 4UA (near Northfields Tube). [info@logcabin.org.uk](mailto:info@logcabin.org.uk)

**Olwen Britton**



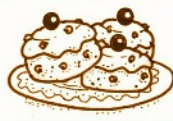
Examples  
from the  
February  
display in  
Kew Gardens  
of Orchids  
from  
Colombia





Kingsdown Methodist Church, Northfield Avenue, W13

# BOOK FAIR



Books Cakes Gifts  
Bric-a-Brac

**Saturday 9<sup>th</sup> March**

10.00am to 12.30pm

Proceeds to

  
**The LogCabin**

---

**Osterley House  
Silver Display**

**Solid Silver Ice  
Bucket c1700  
which needs four  
men to lift it.**

**Part of the silver  
collection rarely  
seen**



# Boys' Brigade Newsletter



Your BB company is in full competition preparation mode. The Juniors are working towards their West London Drill Events (we are 4 x trophy holders) and the older lads are working twice a week in anticipation of the London Band Day, a competition in which we have a formidable history. Both events take place in March so expect an update in the next edition.

Should you ever want to see our latest adventures (and some nostalgic history too), by all means check our online pages:

Facebook

<https://www.facebook.com/10thEalingBB/>

Website

<http://www.10thEalingBB.com>

Youtube

[https://www.youtube.com/channel/Ucqs4xdw0rdmslactnvhwfa/  
featured](https://www.youtube.com/channel/Ucqs4xdw0rdmslactnvhwfa/featured)

Speaking of nostalgia, we have some news on a few Old BB Boys and friends. We are delighted to tell you that Mr David Tebbutt and Mr Mark Thompson have been serving as BB Helpers three times a term for the last year or so and it's been brilliant to have them on team.

Last week we also had a most rare but wonderful moment when Allison, John and Ray (Jr) Church were all on the church premises together. Many of you will remember Anna and Ray's children from their time at Kingsdown during the 1980s and 1990s. They really enjoyed their visit and many old stories were exchanged amidst the laughter!

And in January, Mark Tobias, David Lane, David Tebbutt and I were honoured to attend the wedding of our dear friend Mr David Allen to the very lovely Elena. It was a wonderful day and we couldn't resist reforming the old squad and posing for the photographer!



Thank you all for your continued support of 10th Ealing Boys' Brigade.  
Your prayers and kindnesses are greatly appreciated.

**Tony Plews**  
**Captain, 10th Ealing Boys' Brigade**



**Olny srmata poelpe can raed tihs.**

I cdnuolt blveiee taht I cluod aulacilty uesdnatnrd waht I was rdanieg. Its the phaonmneal pweor of the hmuan mind. Aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it deosn't mttair in waht oredr the ltteers in a wrod are, the olny iprmoatnt tihng is taht the frist and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it wouthit a porbelm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Amzanig! And I awlyas tghuhot slpeling was ipmorantt!

(Yes, it is amazing that you only need the first and last letter of a word in the right place to be able to read what is written.)

**from ACE Forum**

# CHRISTIAN AID NEWS

## CHRISTIAN AID WEEK 2019



**"Standing Together"** was launched at our head office in Lower Marsh, Waterloo. As usual, the afternoon session, which we attended, was packed. The key address was given by Andrew Barton, and of course we were able to see the new resources for Christian Aid Week. CA's new global strategy was introduced and we explored its three key ideas - poverty, power and prophetic voice. This year during the Christian Aid Week, we shall be thinking of **SIERRA LEONE** and I shall be writing about the Ebola health crisis and **DROP THE DEBT** in the April Messenger.

But first, **LENT** when we shall be thinking and learning about families in the Philippines. LENT begins on Wednesday, 6 March when Eva and Lope invite you into their remote community on small islands in the Philippines. During Lent you will meet members of this community and read how Christian Aid's partner ICODE is helping them thrive. When typhoon Haiyan hit the area in 2013 the area was devastated. ICODE provided housing materials and training so that the fisher folk could use sustainable fishing methods. As you travel through Lent you will read many examples of help given by ICODE and we are invited to help this work to continue.

So, during Lent we shall be thinking of **CLIMATE CHANGE** and in Christian Aid Week **DROP THE DEBT**. Booklets (free) for Lent are now available 'RISE UP AGAINST CHANGE' - do ask for one.

### **CHRISTIAN AID WEEK 2019**

11 May - Annual Book Fair - books, cakes, plants and bric-a-brac.

12-18 May - House-to-house collecting

18 May - Flag Day - London Area - Northfield Avenue and West Ealing

19 May - Circle the City

Are you able to help? If so, please let me know as soon as possible.

And at last! **CHRISIAN AID RESULTS FOR 2018**

Ealing Trinity Circuit - **£8,742.32** (see 'In Touch' March - May 2019)  
KINGSDOWN - our final total **£3,637.57** (which includes Circle the City  
and Richmond Riverside Walk).

Excellent result, and my thanks to everyone who contributed in any way.

**Ruby Warne**

### *Childlike*

*When we are confronted  
by the simplicity of a child  
wanting a straight answer  
to an awkward question,  
or looking with genuine curiosity  
at a beetle or a bird,  
or delighting in the achievement  
of reading a new word,  
or weeping over a trampled worm,  
or hurting so much  
that only love can cure it:  
is it then that we glimpse  
the simple faith  
that leads us straight into  
the enfolding compassion  
of the kingdom of God?*

©Marjorie Dobson





## NEW FRAMEWORK of COMMITMENT



### **The Methodist Church in Britain approves a new Framework of Commitment with All We Can**

At today's Methodist Council meeting it was affirmed that All We Can, the Methodist relief and development agency, is an integral part of the Methodist Church's Calling and its commitment to One Mission, acting for the Church through work in international relief and development and in related public engagement.

The Framework of Commitment approved, and unanimously endorsed, today at Methodist Council expresses the relationship and commitments between the Methodist Church and All We Can, setting a context for ongoing and deeper collaboration in the future.

All We Can's CEO Graeme Hodge said of this agreement, "The Framework of Commitment between All We Can & The Methodist Church articulates our deep relationship and joint commitment to our calling and missional priorities. Today's commitment articulates our deepening engagement and collaborative efforts. This

collaboration is enabling us to develop new ways of working that will benefit those we serve – people living in some of the world's poorest communities around the world. Today's commitment reaffirms the vital role we play in serving the church as the Methodist relief and development agency.

"Today we re-assert our commitment to finding ways, together, to be good neighbours to those in need and to challenging and overcoming injustice through international relief and development.

All We Can is an organisation that was born out of Christian principles over 80 years ago and is an integral part of the Methodist family. We are proud of our heritage and are excited about continuing to find new ways together to engage the Church in practical responses to the challenges of global poverty in word and deed."

Doug Swanney, Connexional Secretary of the Methodist Church, commented, "Today's agreement is good news and will further

strengthen the historic partnership between the Methodist Church and All We Can.

“The agreed framework provides us with a context for future collaborations that will motivate and inform our work without constraining innovative thinking. As our collaboration continues to grow, the Connexion will receive a sense that the Church and All We Can are working towards common goals.”

In the Methodist Church’s ‘Future Mission Together’ it is acknowledged that ‘we live in a world broken by violence, injustice, poverty and greed.’ The new Framework of Commitment between The Methodist Church and All We Can is a pledge by both organisations to collaborate in a way intended to motivate, inform and inspire unified responses to a world in need through innovation and a mutual understanding of the nature of mission.

## **Response to Penny Mordaunt – UK Aid**

(Secretary of State for International Development)

We are deeply concerned by Penny Mordaunt’s recent comments that suggest private sector investments should replace, rather than supplement, public aid for international development. While there is certainly a place for private investment this should never be at the cost of the commitments made to 0.7% of GNI, nor should it compromise the quality of UK Aid. The UK has been a world leader in its commitment to overseas development assistance. By meeting a global promise agreed in the United Nations every year since 2013, the UK has supported some of the world’s most vulnerable people. The UK is well respected around the world for this contribution, it is critical that we continue this leadership and generosity in the coming years.

Understandably, many people have concerns about foreign aid when Britain faces so many domestic challenges. However, not only does it provide a platform for global cooperation, and in turn helps play a role in maintaining a safe and stable world, most importantly millions of individual lives have been saved or transformed through UK Aid. As a charity inspired by Christian principles, we believe that the UK has a moral responsibility to continue to provide 0.7% of GNI in aid. We are extremely concerned that the primary focus of this aid should be poverty alleviation that prioritises the protection of the environment, gender equality, health, education, life-saving humanitarian aid in times of crisis and most

importantly long-term sustainable solutions that build local capacity in some of the world's poorest communities.

While the world has seen unprecedented progress in tackling extreme poverty, there is still a long way to go in order to meet the Sustainable Development Goals by 2030. Our call is that the UK government do not step back from the global 0.7% aid target and continue to lead with compassion for the poorest and most marginalised in our world.

**Graeme Hodge**  
**CEO - ALL WE CAN**



There is an old Jewish saying: God could not be everywhere, and therefore He made mothers.

Mother Church, Mother Earth, Mother of the Gods – our human mothers – all of them have been part of the celebration of 'Mothering

Sunday' – as the fourth Sunday in Lent is affectionately known. It has been celebrated in the UK since at least the 16th century.

In Roman times, great festivals were held every Spring to honour Cybele, Mother of all the Gods. Other pagan festivals in honour of Mother Earth were also celebrated. With the arrival of Christianity, the festival became one honouring Mother Church.

During the Middle Ages, young people apprenticed to craftsmen or working as 'live-in' servants were allowed only one holiday a year on which to visit their families – which is how 'Mothering Sunday' got its name. This special day became a day of family rejoicing, and the Lenten fast was broken. In some places the day was called Simnel Day, because of the sweet cakes called simnel cakes traditionally eaten on that day.

In recent years the holiday has changed and in many ways now resembles the American Mothers' Day, with families going out to Sunday lunch and generally making a fuss of their mother on the day.



# Parkers in Northfields will shut in April

Originally in West Ealing Parkers has garnered a loyal following in Northfields Avenue over the years, with many regular customers refusing to buy bread, cakes and pastries anywhere else.

Owner and Director Brian Davis is retiring after nearly 50 years at the helm; the shop will be closing its doors for the last time on Saturday 20 April.

Brian says, "This decision is a result of many months of consideration and follows a life-affirming health scare I suffered in 2017.

"I am hugely grateful to both customers and staff for their loyalty over the years. I'm sure the final days will be emotional, and we will continue to sell the best hot cross buns in London until we close at 5:00pm on Easter Saturday."



The shop was first opened by Thomas Parker in 1913 followed by son John and his wife Monica (who continued working into her 90th year and sadly passed away in 2010).

Brian Davis joined the company in 1970, when there were six branches of Parkers across West London. To this day, Brian continues to drive the van and work alongside his colleagues in the bakery, in addition to the day to day administration of the business.

Brian, a qualified aircraft engineer from Bristol University, cites his engineering skills as an essential part of running the bakery and its machinery.

It's the superior quality bread, cakes, pastries and sandwiches – still made the traditional way – that has earned Parkers its exceptional reputation.

Brian says: "We're proud to have survived two world wars and several recessions by concentrating on quality products and personalised service."

**from Ealing Today**

**Ever more people today have the means to live, but no meaning to live for. (Viktor Frankl)**

## Gone forever?

Today we mourn the passing of a beloved old friend who has been with us for many years. No-one knows its age, as its birth records were lost long ago in bureaucratic red tape.

It will be remembered for having cultivated many valuable lessons, such as 'life isn't always fair' and 'maybe it was my fault.' It lived by sound financial policies, such as 'don't spend more than you earn.'

Its health deteriorated when well-intentioned but overbearing guidelines were introduced. When parents failed to control their unruly children, they attacked teachers for a lack of discipline. It declined further when teachers found they had to get parental permission before giving essential treatment to a sick or injured pupil. And it seemed like the last straw when a burglar could sue for assault when you were simply defending your own home.

It wasn't surprising when it gave up the will to live after someone failed to realise that a steaming cup of coffee was hot and, after spilling some, received a huge settlement.

Its death was preceded by several other relations named Truth, Trust, Discretion, Responsibility and Reason.

Regrettably, other things have now taken over – things like I Know My Rights, I Want It Now, Someone Else Is To Blame and I'm A Victim. Not many attended its funeral because so few realised it had slipped away.

Sorry, but I don't think I told you my friend's name..... **Common Sense.**

from ACE Forum

*1st and 2nd Class Postage goes  
UP on 25 March by 3p .*

*Stock up your stamps NOW!*





## Ealing Foodbank News Update

The following is derived from an update recently circulated to volunteers who support the Ealing Foodbank.

Demand at the Ealing Foodbank's distribution centre cafés has grown significantly over the past year with increases of between 50% and 150% at each of the five existing cafés. Greenford, Southall and Acton are the busiest cafés, although Hanwell and Northolt have also seen significant extra demand. A new café will be opening at Ealing Green Church on Tuesday mornings from 26<sup>th</sup> February with Rev Sue Male as team leader. This means there will be a café open throughout the borough every day apart from Sunday.

The Foodbank is looking for volunteers to support the work of the Crisis Navigators at the cafés who can provide clients with advice on benefits, local services and support agencies. Someone to take over as Referral Partner co-ordinator is also required, liaising between the Foodbank and the agencies that distribute Foodbank vouchers to people facing food crisis.

For role descriptions, please contact the Foodbank Manager on  
020 8840 9428

or <https://ealing.foodbank.org.uk>  
or [www.facebook.com/EalingFoodbank](https://www.facebook.com/EalingFoodbank) .

In addition, the Foodbank is keen to connect with appropriate Facebook accounts and Twitter users who can help with publicity, including by sharing a recently posted short video about what a foodbank does <https://goo.gl/oqu5sZ> . There was also an article in the latest edition of the Ealing Council's magazine.

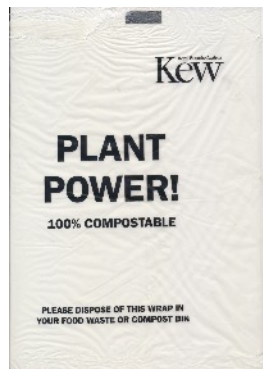
The Foodbank is partnering with the Salvation Army in a new Baby Bank initiative to pass on baby equipment and clothes to those in need. Suitable donations are welcomed.



## WATCH OUT THERE'S A POTATO ABOUT



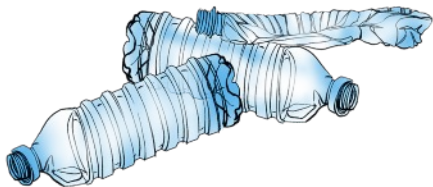
The National Trust and Kew Gardens are now mailing their magazines in compostable wrappers. These wrappers are made from potato starch which along with other bioplastics made from plants will hopefully replace petroleum based plastics and help to save the planet.



The wrappers can be put onto the garden compost, used as liners in your waste food caddy or added to the Green Bin/Bags that the Council collect. Hopefully all other magazines will quickly follow.

Remember if you get a compostable bag do NOT put it in the Plastics recycling Blue bin. **Re-use or compost it.**

## REMOVE LABELS



Remember to take the labels off Plastic Bottles including Plastic Milk containers. Before you put them in the Blue Bin.

The labels are NOT recyclable and spoil the bottle and cap part that is. They are usually stuck on in one place - a simple cut with knife or scissors and they come away. The labels on some milk containers just slip off.

## Clean Jars

Are you making Jam or Chutney????

Do you need any clean jam jars??

Pam and Alan have some - just ask.



## **Johann Sebastian Bach - St MATTHEW PASSION**

### **Sunday 7 April 2019 11 am - Royal Festival Hall, London**

Featuring James Gilchrist as the Evangelist for this performance, and sung complete, in English. The performance includes a long lunch interval between Parts I and II. Part II begins at 2.15 pm.

Tickets £12-£55\* from [southbankcentre.co.uk](http://southbankcentre.co.uk),  
or Tel. 020000 3879 9555

\*Transaction fees apply: £3 online, £3.50 over the phone.  
No transaction fees for in-person bookings, Southbank Centre Members and Supporters Circles.

## **Autumn pilgrimage - Holy Land**

**Monday 18 - Wednesday 27 November**

Join Revd Elaine Joseph and Revd Faith Nyota on a pilgrimage to the Holy Land this autumn. The 10 day excursion (£1,845.00+ Insurance) will incorporate trips to Bethlehem, the Jordan Valley and Nazareth.



More information and details on how to book can be found on:  
[www.mccabe-travel.co.uk](http://www.mccabe-travel.co.uk)

---

## **I Believe**

These words were found after World War II on the walls of a cellar in Cologne, Germany where people had been hiding:

I believe in the sun,  
Even when it is not shining.  
I believe in love,  
Even when I feel it not.  
I believe in God,  
Even when He is silent

# The 7<sup>th</sup> Great Easter Egg Hunt

and other children's activities  
at Hanwell Methodist Church

Saturday 6<sup>th</sup> April 2019  
2:00pm – 4:30pm

*Tea, coffee, and light  
refreshments for Mums,  
Dads and children*



## ***The speed of change***

Reflecting on the first two decades of this century, it's amazing when you think about the speed of change. What is normal now, certainly wasn't normal in the year 2000! No-one had heard of a selfie. Google was in its very early stages, but whoever thought it would come to be used as a verb?

There was no Wikipedia, no Snapchat, no YouTube and no WhatsApp. Neither was there any Spotify, Skype or Facebook. And the list goes on - no Twitter, no Netflix, and no iPads. There was hardly a satnav to be found and no emojis to bring a smile or two. And what about photographs – we used to fill albums, but now a mobile phone can take super photos at the push of a button - and good quality!

Talking about the cloud a few years ago and you knew it was threatening rain. If this kind of change is what a few years can bring, what on earth will it be like in, say, 2050? Many of the people who have resisted technological change will have passed on and every new generation will be tech-savvy.

But let's remember there are some things that never change. Surely you don't need reminding what they are!

**from ACE Forum**

**Kingsdown Methodist Church, Northfield Avenue, London W13 9PR**

**[www.kingsdownmethodist.org.uk](http://www.kingsdownmethodist.org.uk)**

**DIRECTORY**

**Minister**

Rev Susan Male 020 8579 8114

**Church Stewards**

Mrs Esther Ackah 020 8811 2826

Mrs Emily Cambell 020 8578 4842

Mr Tom Cheriyan 020 8579 5778

Mrs Sybil Corbin 020 3524 6406

**Vestry Stewards**

Mrs Jill Richardson 020 8567 0634

Miss Rita Safta 020 8840 7704

**Church Treasurer**

Mr Derek Matthews 020 8567 9823

**Junior Church Co-ordinator**

Mrs Anna Church 020 8567 5750

**Church Council Secretary**

Mr Gerald Barton 020 8840 7704

**Pastoral Secretary**

Mrs Hazel Pennells 020 8579 4056

**Guides**

Ms Ellen Marshall 020 8568 0657

**Boys' Brigade**

Mr Tony Plews 020 8567 8937

**Baby & Toddlers Club**

Mrs Jill Richardson 020 8567 0634

**Kingsdown Club**

Mrs Eileen Tobias 020 8567 4205

020 8579 4056

**Lettings Manager**

020 8840 4152

**Safeguarding Officer**

Mrs Sybil Corbin 020 3524 6406

**Traidcraft Agents**

Mrs Deborah Lovell 020 8579 5277

Mrs Ruby Warne, 020 8567 2473

## COMING EVENTS

### MARCH 2019

- Sun 3      16.00 **Iris Axon Concert** at Acton Hill Yoon Chung (piano)
- Mon        8.00 pm **Guides** (most Mondays throughout term time)
- Tue 5       2.00 pm **Tuesday Club** - Alan Smith - Pic and Mix
- Wed        1-3 pm **Babies & Toddlers** (term time only)
- Thu        2.00 - 4.00 pm **CBSI UK Bible Studies** in Foyer (weekly)
- Fri        10.15 am **Coffee Morning** in Foyer - everyone welcome  
**BOYS BRIGADE** 6.30-7.30 pm Anchor Boys, 6.30-8.00 pm  
Junior Section, 7.30-10.00 pm Company Section.  
(Every week during Term Time)
- Sat 9       10.00-12.30 pm **Kingsdown Book Fair** - books, cakes, gifts,  
bric-a-brac. In aid of the Log Cabin.
- Mon 11     10.30 **Circuit Lent Bible Study Series at Kingsdown**
- Tue 12     **Liz & Steve Palmer's Home Group**
- Thu 14     8.30 pm **Finance Committee**
- Sat        **Coffee & Chat** in the Foyer from 10.30 am - all welcome.
- Mon 18     10.30 **Circuit Lent Bible Study Series at Kingsdown**  
7.30 pm **Mission and Outreach Committee**
- Tue 19     2.00 pm **Tuesday Club** - Dave plays for us
- Thu 21     7.30 pm **Church Council**
- Mon 25     10.30 **Circuit Lent Bible Study Series at Kingsdown**

## FUTURE DATES FOR YOUR DIARY

### APRIL

- Thu 3       8.0 pm Property Committee
- Fri 19      Churches in Central Eaing Good Friday Walk of Witness**

### MAY

- Sat 11       10.00 Kingsdown Book Fair for Christian Aid