



# May 2019

#### **SERVICES FOR MAY 2019**

#### May

5 May	10.30	Mr Justin Anwar			
12 May	10.30	Rev Susan Male Family/Parade Servi Christian Aid Service in the UK	ce		
19 May	10.30	Rev Susan Male, Holy Communion Followed by Annual General Church	Meeting	Meeting	
26 May	10.30	Mrs Keji Phillips			
2 Jun	10.30	Mrs Keji Phillips - Ascension			

## Easter prayer of thanks

Gracious, loving Father, Thank you for the wonderful reality of Jesus' resurrection on that first Easter Day. Thank you that, because Jesus is alive, life has meaning and purpose.

Thank you that, because Jesus is alive, life has meaning and purpose. When we don't understand why some things happen, when life is difficult, when we are struggling through pain and loss, help us to know your risen presence and love in our lives.

Help us to choose to trust you.

Help us always to be thankful for your amazing Easter gift of life and hope.

In Jesus' name, Amen.

Daphne Kitching

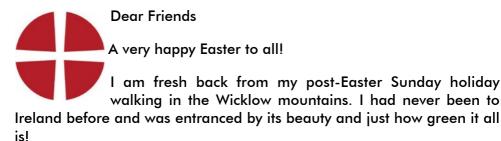


2

Editors - Pam and Alan Smith E-mail: magazine@kingsdownmethodist.org.uk







It wasn't warm! One day we spent walking over the top of white hill which was basically a bog. We passed it over two narrow planks, which I could not see because they were too far away from my eyes. It was freezing, and pouring with rain ... until we were soaked through our hiking gear

... it was exhilarating and wonderful and something I will remember forever!

The next day was beautiful – we walked just over 16 miles and felt really alive.

The day after that we had to climb a steep mountain on an almost impossible rocky staircase. I was <sup>3</sup>/<sub>4</sub> of the way up when I exclaimed to Phil, "I am not going any further". He replied, "You are a bit committed I think now". Agreeing with him, we decided a rest was in order. We sat, the rain clouds came, the Storm Hannah was trying to blow us off of the mountain, and then the hail came! It was an April shower. It ended. The clouds betrayed that the next one was on its way. If ever there was motivation to get up the mountain quick, there it was!

A brilliant holiday, just what I needed, and I hope that you won't all be too offended to hear that I really got my head away from work, and did not think of you all very much!

Now we are home, and back to work tomorrow!

What did I learn?

A good way to get up the steep mountains was to pray set prayers as I went! I meditated on Bible stories and really learned from it. It was a bit hard to pray the Transfiguration on a day when we could not see the mountain tops for the fog (or the bottoms for that matter) .... but oh so well able to understand it on another day as the clouds moved and the sun shone brightly on the mountain ... so very easy to imagine Jesus, Moses and Elijah standing there then!

It was the days which were unpredictable and difficult which brought the most joy ... something for us all to think about ?

I can do "ups" ( SLOWLY ).

But now I am back and looking forward to another "term" (sorry) together. If you would like me to visit your group be in touch so we can get a date in – however far ahead – my manic diary!

This is a brief letter since I am passed the deadline, which occurred whilst



I was on holiday, but still long enough for the necessary thanks after a fantastic Easter together!

Thank you to stewards and stand-in stewards, and just those who were there for making services run smoothly, Thank you to those who read, and those who played for the music, thank you for Easter cards, and thank you all just for being around.

With every blessing

Sul



# **FAMILY NEWS**

"Dear Friends - Sincere thanks from myself and my family for all the messages and expressions of sympathy and condolence we have received following the recent loss of our much-loved Mum, Ann Keable. In the words used by so many of you, 'she was a lovely lady', and we shall miss her very much.

Since Ann left Ealing in 2015 it has become apparent to me in just how much esteem she was held by all who got to know her whilst she was living here. Barely a day went by without someone, somewhere - and especially at Kingsdown - enquiring after her, and I am truly grateful for the concern and interest in her welfare over the past four years. Mum was always grateful for the expressions of love and good wishes I was asked to pass on to her when I visited - although she could never quite understand why she should deserve it! But we knew why and we thank you for your kindness, support and words of comfort in remembrance of our lovely Mum and for making her so welcome during her five years at Kingsdown.

Love and blessings to you all.

**Margaret Trice** 



#### KINGSDOWN CLUB PROGRAMME MAY to JULY

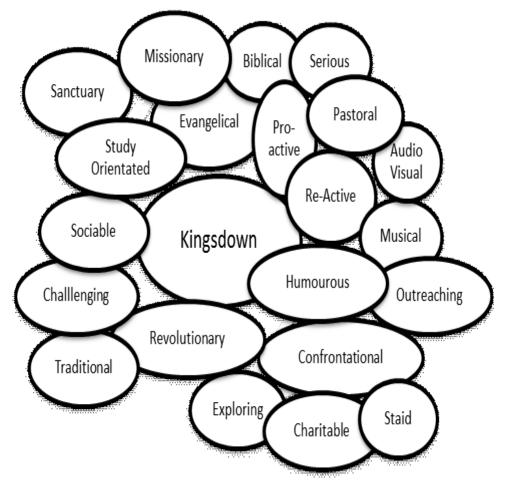
Meetings are held on the first and third Tuesday of each month all are welcome to attend . We meet in the foyer of the church from 2.00 to 4.00pm

Transport is available for anyone who should need it. Please contact eileen tobias [tel 0208 567 4205 ] for details.

- MAY 7<sup>th</sup> THE HURBS ENTERTAIN US
- MAY 21<sup>st</sup> THE REMINISCENCE ROADSHOW
- JUNE 4<sup>th</sup> A BINGO and QUIZ AFTERNOON
- JUNE 18th LYNDA SILK SINGS and PLAYS FOR US
- JULY 2<sup>nd</sup> A TALK by the REV SUSAN MALE
- JULY 16th THE SUMMER TEA PARTY DAVE ENTERTAINS

THE NEW PROGRAMME begins SEPTEMBER 3rd

What do you want Kingsdown to be?



.... tell the Church General Meeting after Morning Service on Sunday 19th May.

If you could kick the backside of the person who has hurt you the most, you wouldn't be able to sit down for weeks.

# **Friday Coffee Mornings**

It has been decided to close the Friday Coffee morning. This is because the Strength and Balance Class which some members attend has been moved to St. Paul's Church at the new time of 12.30 which would make it difficult for people to do both things.



Thank you Hazel Pennells



#### Love Me to the Moon

Do you know the story of little nut brown hare? His father cared for him so much that the only thing big enough to describe his love was the enormous distance between the Earth and the Moon - and back again. It's a wonderful story, but it pales into insignificance compared to the love that the Creator of the entire universe has for each one of us.

When Paul wrote to the Ephesians, he said that he prayed they would be able "to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge". So what sort of scale could you use to capture the size of a love like that?

I have heard professional astronomers say it is impossible to keep the enormous scales of our universe in mind all the time and keep functioning normally. But every now and again it is worth trying to wrap our heads around these distances, and feel a sense of awe at our smallness compared to the vast distances of space. So what might He say in today's language - I love you to Pluto and back?

(This year will see many of the Church of England ancient cathedrals mounting appropriate displays as part of celebrations to mark the 50<sup>th</sup> anniversary of the Apollo 1 moon landing.)



# **CHRISTIAN AID WEEK - 12-18 MAY**

We believe in life before death

In the March Messenger, during Lent we read about families in the Phillipines and how they were

helped by Christian Aid's partner ICODE after the area was devastated by typhoon Haiyan. So during Lent we also thought of CLIMATE CHANGE and many of you received a booklet "RISE UP AGAINST CHANGE and were able to support this appeal.

In the April Messenger - DROP THE DEBT - SIERRA LEONE, and this is our focus for Christian Aid Week. A SEVEN-DAY DEVOTIONAL booklet - Sunday 12 May to Saturday 18 May, is now available for all. You will learn of the need for more health clinics and we can help to provide these with our gifts during Christian Aid Week.

Don't forget to come along to our <u>Annual Book Fair</u> on <u>SATURDAY</u>, <u>11 MAY</u>. We need cakes, plants and any other gifts available please.

Envelopes will be in the pews on three Sundays during May (5, 12 and 19 May), Please place your envelope in the offertory bag and Gift Aid if possible.

More supporters are needed for **FLAG DAY** on 18 May at <u>Northfield</u> <u>Avenue</u> and <u>West Ealing</u>. If you can help please let me know as soon as possible.

Anna Church will be "<u>Circling the City"</u> on <u>Sunday 19 May</u>, so please do sponsor her. Would you like to join her?

#### A prayer from the Seven-Day Devotional booklet for Christian Aid Week

God our Mother and Father, we praise you for the blessings you shower upon us.

Bless the lives of our sisters and brothers and their precious children. In life's saddest moments, may we feel your love most, O Jesus.

Continue to dwell in our hearts, Lord.

May your love keep us strong. Amen

#### **Rachel Addis/Christian Aid**

**Ruby Warne** 

Kingsdown Methodist Church



# Books Cakes Gifts Bric-a-Brac

# Saturday 11th May

10.00am to 12.30pm Proceeds to Christian Aid



### Ealing Trinity Circuit - Christian Aid 'Community Partnership Project " with Bread for the World

The Circuit has agreed to raise £5,000 through its Churches for a specific Christian Aid project to help refugee children in particular in Lebanon and Iraq.

Christian Aid are working on this with Bread for the World, a Christian citizens' movement in the United States whose raison d'etre is to end hunger at home and abroad, by influencing nations' decision makers to change policies and conditions that allow hunger and poverty to persist.

For every  $\pounds 5,000$  that is raised by us for Christian Aid, Bread for the World will match 6:1 - i.e. they will donate six times as much, making  $\pounds 35,000$  in total! Kingsdown has been asked by the Circuit to raise  $\pounds 650$  of the  $\pounds 5,000$  by Autumn 2020, which should be achievable..

If YOU have any fund raising ideas let Sue Male know.



Methodist relief and development

# International Mother Earth Day

The vital lessons I learnt about caring for the planet from a group of Ethiopian farmers, just in time for International Mother Earth Day.

Once upon a time, long before supermarkets and the 'What will we have for dinner?' panic existed, was a world where people actually knew where their food came from. As I walk through the aisles and the bright fluorescent light shines off the glossy packaging of the perfectly clean vegetables, I realise I've become incredibly disconnected from the source of my food.

I grew up in Northern Ireland. That meant the 'spud man' used to come to my front door with a freshly dug 15 kg bag of soil-ridden potatoes. It would also not be unusual to attend a friend's birthday party, eat the cake that was made with her chicken's eggs, and then wash it down with a glass of unpasteurised milk fresh from the udder that day.

Despite the desperate attempt to convince you that I was once in touch with nature, I am very aware that I have never had to graft for the food on my plate. This has led to personal bad habits including large amounts of food waste, excessive food packaging waste and taking for granted that I can access food at any time without having to physically work for it.

Because, for many of us, we are not the ones physically pulling the banana off the tree, or digging the sweet potato up from the ground, I think we fail to realise that the environment we are damaging is the same environment that our food comes from.

People who do realise this are a group of farmers that live in the Amhara region of Ethiopia. They are receiving training and support from All We Can's local partners as their land has completely changed over the last couple of decades due to climate change. The land that once was fertile has "dried and the soil has cracked." Dametau, a local farmer explained, "When the rain comes it erodes the soil and it can easily be washed away."

These Ethiopian farmers rely on their land, not just for food but for their entire livelihood, therefore they are doing all they can to preserve that land. They realise there is a need to nurture the land, and by doing so they are nurturing one another. Yeshewas says, "If we preserve the area the soil can become healthy. This will produce high crop yields so the community can become fully sufficient. Through vegetables we can get vitamins and also energy for our body so we become healthy."

To preserve the land the group plant trees, Dametau says, "The land needs clothes too – it needs a forest."

In showing so much care for the environment, they are also showing care for one another and their community. If you love people, you should love the environment you live in too, it all links together.



Unfortunately, there have already been consequences of our careless actions. and Yeshewas explains, "In richer countries, they release polluted air unless we plant trees that polluted air will increase the effects of climate change here. So we need to plant trees that

moderate the high temperature because plants reduce carbon dioxide."

Let us come together to think about how we source our food, how we manage our waste and how we care for people and the planet as one. Terefe explains this vital link between nature and humans. He said, "I love trees... we inhale oxygen and release carbon dioxide – there's an exchange between us and the tree. Really... we love each other."

Need some tips on how you can help out Terefe and the other farmers by acting against climate change? Visit https://www.un.org/sustainabledevelopment/takeaction/ Happy Mother Earth Day from All We Can!

> Zoe Carthurrs, Communications Officer, All We Can



#### CYCLONE IDAI - MALAWI FLOODS Retiring Collections

Thanks to everyone for their kind response to the Malawi – Cyclone Idai Emergency Appeal. A total of £576.23 was raised.

#### **UPDATE 28 APRIL**

The latest storm Cyclone Kenneth has caused severe damage across Mozambique but has not affected Malawi where emergency work is still actively continuing.

Donations can still be made at:

#### www.allwecan.org.uk/give

# May Day Prayer

Might of the Triune our shield in distress, The paschal Christ's might with his peace to bless, Spirit's might, Healer of salvation's state, The gracious King's might, precious Father great.

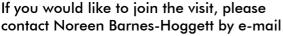
Bless us ourselves, the children that we own, Our generations bless that shall be sown, Bless the sire who gave unto us our name, And bless her, O God, from whose womb we came.

The cross of Christ be our shield down today, The cross of Christ our shield up on our way, The cross of Christ round be our shield and stay, Taking at our hands the blessing of May, At our hands blessing of the Beltane Day.

An ancient Celtic prayer from Benbecula

## Churches Together in Central Ealing Visit to Southwark Cathedral Saturday 11th May

The next visit is to Southwark Cathedral on Saturday 11th May for Choral Evensong at 4.00pm followed by a guided tour of the Cathedral's stained glass.



at noreen29@googlemail.com by phone on 020 8997 4935. Detailed arrangements for meeting will be made available nearer the time.

## Northolt Quiz – Saturday 11th May 5.00pm - 7.00pm

Northolt Methodist Church is holding a Quiz on Saturday 11th May from 5.00 – 7.00pm to raise funds for 'Cherub', Hillingdon Hospital's Neonatal Intensive Care Unit. Tickets cost £5 (free for under 18s) and light refreshments will be provided.

If you'd like to join the Quiz, please contact Lorna on 07587 060888 or Carol on 07872 305318. All are welcome!

### Hanwell Wednesday Club – Maypole Dancing – Wednesday 22nd May 8.00 pm



A fun evening of Maypole Dancing. Have a go to see what patterns you can make or come and watch to see what a tangle others can make! There will also be a priceless collection of Olde English Jig Dolls which dance on boards - everybody can have a go at making them perform.

The event will take place in Hanwell's Main Hall (entrance down the right-hand side of the Church) and admission is £2 including tea/coffee and cake.

Please contact Gill Standfield for more information and/or to let her know numbers on 020 8567 4018 or at gillstandfield@aol.com.





# Ealing Churches Nightshelter A Prayer, Thanksgiving and Feedback evening





This will be held at Haven Green Baptist Church to which all volunteers and supporters of the Ealing Churches Winter Nightshelter are welcome. Please email the Nightshelter Administrator office@ecwns.org.uk if you intend to come.

#### 30th May - Ascension Day: 40 Days with the Risen Christ

40 days after Easter comes Ascension Day. These are the 40 days during which the Risen Christ appeared again and again to His disciples, following His death and resurrection. (Matthew 28; Mark 16; Luke 24; and John 20.)

The Gospels give us little of Christ's teachings and deeds during those 40 days. Jesus was seen by numerous of His disciples: on the road to Emmaus, by the Sea of Galilee, in houses, etc. He strengthened and encouraged His disciples, and at last opened their eyes to all that the Scriptures had promised about the Messiah. Jesus also told them that as the Father had sent Him, He was now going to send them - to all corners of the earth, as His witnesses.

Surely the most tender, moving 'farewell' in history took place on Ascension Day. Luke records the story with great poignancy: "When Jesus had led them out to the vicinity of Bethany, He lifted up His hands - and blessed them."

As Christmas began the story of Jesus' life on earth, so Ascension Day completes it, with His return to His Father in heaven. Jesus' last act on earth was to bless His disciples. He and they had a bond as close as could be: they had just lived through three tumultuous years of public ministry and miracles – persecution and death – and resurrection! Just as we part from our nearest and dearest by still looking at them with love and memories in our eyes, so exactly did Jesus: 'While He was blessing them, He left them and was taken up into heaven.' (Luke 24:50-1) He was not forsaking them, but merely going on ahead to a kingdom which would also be theirs one day: 'I am ascending to my Father and to your Father, to my God and your God...' (John 20:17)

The disciples were surely the most favoured folk in history. Imagine being one of the last few people on earth to be face to face with Jesus, and have Him look on you with love. No wonder then that Luke goes on: 'they worshipped Him - and returned to Jerusalem with great joy. And they stayed continually at the temple, praising God.' (Luke 24:52,53)

No wonder they praised God! They knew they would see Jesus again one day! 'I am going to prepare a place for you... I will come back and take you to be with me that you also may be where I am.' (John 14:2,3) In the meantime, Jesus had work for them to do: to take the Gospel to every nation on earth.



#### The story behind the hymn: 'Alleluia, Alleluia! Give Thanks to the Risen Lord'

Not many university students are able to write Christian songs which become worldwide hits, but Don Emry Fishel managed it with his Alleluia No. 1. Nearly 50 years on, it is loved and sung by millions of Christians worldwide.

Fishel wrote it in 1971, while he was a student at the University of Michigan and also music leader of a Roman Catholic charismatic community based in Ann Arbor, Michigan. These were the days of folk songs and guitars, and Alleluia No. 1 fitted the prevailing mood perfectly. Written in E Major, it is ideal for guitar accompaniment.

Mr Fishel became a freelance flutist, flute instructor and composer. He was publications editor for the Word of God and Servant Music for a number of years, and then worked in computers for 25 years. In 2008 he moved to Nashville and returned to music, teaching the flute.

Alleluia No 1 was Fishel's first song, written "rather quickly, in about an hour." It had four verses to begin with, but a fifth verse (which became the third verse) was added later, as he prepared for baptism. As Fishel explained, he wanted the line 'We have been crucified with Christ; now we shall live forever' "to be the centre of the song."

Alleluia No. 1 was first published in the UK in Sound of Living Waters, in 1974.



**Ascension** (Luke 24:44-53)

Scriptures fulfilled, Minds opened, We followed him to Bethany. And there was joy in the blessing Of our risen Lord, Jesus, God on earth.

And in the blessing Was the leaving, And in the leaving Was the blessing – His Spirit of life and power To witness to the world Of our ascended Lord, Jesus, man in heaven.

by Daphne Kitching

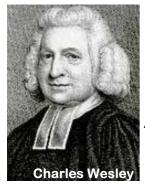


Wisdom comes with age, but sometimes it appears that age comes alone.

# 21st and 24th May 1738 – John & Charles Wesley: evangelists & hymn-writers

John and Charles Wesley were the founders of Methodism. Two of 19 children born to Samuel and Susannah Wesley of Epworth Rectory in Lincolnshire in 1703 and 1707, their father was the local rector, while their mother was a spiritual inspiration to her many children.

Both John and Charles went to Christ Church, Oxford (1720 and 1726). John was ordained, and Charles and some friends formed a "Holy Club" while still at college. It consisted of men who dedicated themselves to Bible study, prayer, fasting and good works. Such regular disciplines soon earned Charles the nickname 'Methodist'. The name stuck.

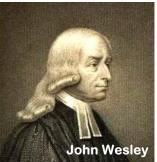


Both Charles and John felt called to the mission field, and so in 1735 they sailed to Georgia. Their time among Indians in America was not a success – they struggled for any real spiritual authority in their ministries. Feeling failures, they returned to England in some depression. John summed it up: 'I went to America to convert the Indians; but, oh, who shall convert me?'

Charles Wesley Then the Wesleys made friends with some Moravians.

They stressed that salvation cannot be earned, but must be received by grace through faith in Christ. Charles was the first to experience this 'true' conversion, when on Pentecost Sunday, 21st May 1738, he wrote that the Spirit of God 'chased away the darkness of my unbelief.'

Only three days later, on 24th May, 1738, it was John's turn. As he wrote in his journal: 'In the evening I went very unwillingly to a society in Aldersgate Street, where one was reading Luther's preface to the Epistle to the Romans. About a quarter before nine, while he was describing the change which God works in the heart through faith in Christ, I felt my heart strangely warmed.'



John and Charles Wesley then devoted the rest of their lives to sharing the Good News of Jesus Christ – and turned England upside-down. When the established Church threw John out, he took to the fields, preaching to coal miners and commoners. His itinerant evangelism took him 250,000 miles on horseback and to preach over 40,000 sermons. His small "societies" attracted some 120,000 followers by the time of his death.

Charles became the most prolific and skilled hymn-writer in English history, writing hymns that are sung widely today, such as "Love Divine, All Loves Excelling." In all, he wrote more than 6,000 hymns.

The legacy of the two brothers lives on. As well as Methodism, their teaching has widely impacted the holiness movement, the Pentecostal movement, and the charismatic movement.



## This months wanted list -

- Tinned Meat & Fish
- Biscuits Sweet & Savourv
- Tinned Fruit & Vegetables
- Tinned Rice Pudding & Custard
- Tinned Soup
  Milk (UHT & Dried)
- Instant Coffee & Teabags
- Long Life Juice & Squash
- Cook In / Pasta Sauce
- Nappies Size 5 Thank vou!

Sue Garland is co-ordinating the collection of items each Sunday.



# Put your items in the the in

Have a look at the back of your cupboards or in the garage A single hand tool or half a packet of screws will help. Odd balls of knitting wools or sewing thread.

If you have larger items contact Steve Palmer (020 8567 2668) to arrange collection.

Look at<u>www.workaid.ora</u> to see how your donations help their work.

# SPRING BURSTING OUT



The Isabella Plantation in Richmond Park is bursting into banks of colour as

the sun warms the day.

The Manderin ducks enjoying the warmth





# Victory For Northfields Allotments Campaign

A three-year campaign to save London's oldest allotments from being built on has ended in success.

At 186 years old, Northfields Allotments is the Capital's oldest site. It dates back to 1832, when the Bishop of London enclosed the area for use by the local community.

The site held in trust by the housing charity Pathways is managed by the Ealing Dean Allotment Society (EDAS), which consists of allotment tenants.



In September 2016, plotholders were informed that Pathways was planning to build a mixed social and private housing development on part of the allotment site. It led to a massive campaign and petition from plotholders, local residents and many other supporters opposing the scheme.

The news that the development was cancelled has been widely applauded, Chair of EDAS Christina Fox posted her delight on social media, "On behalf of the Northfields' allotments committee and all our plotholders – We wanted to say a big THANK YOU for your support. In September 2016 we were told by Pathways, our landlord, that it intended to build on 10% of the allotments. But, this week, Pathways officially informed us that it will now NOT be building on Northfield allotments.

"We really couldn't have done it without local residents' support. Many of you signed our petition and donated to our fighting fund to pay for specialist legal and planning advice. You bought our cake, dressed up as vampires and hopefully enjoyed the mulled wine.

"The trustees saw you at our open days in your thousands and realised the allotments were valued. You helped the trustees change their minds and their decision to build on the allotments. It is a wonderful result. THANK YOU.

"Our summer open day is on Sunday 7th July - I do hope you'll join us for tea and cake. The site should look at its best and I hope you'll agree that it will be hard to imagine why anyone would want to cover it in concrete."

#### from Ealing Today



This year's Big Spring Beach Clean, in April, was the BIGGEST EVER. A record-smashing 45,771 people showed up on beaches, river banks and mountain tops with bags, good humour and determination. That's enough people to fill more than 500 double decker

buses! And together we filled 17,700 full bin bags of plastic pollution.

More and more people are saying it's time to turn the tide before it's too late.

We're now beginning the analysis of the plastic pollution we collected. For too long, corporations have gotten away with ignoring the problems they cause. And politicians have let them. We'll let you know the results soon and how you can take action.



More information from Surfers Against sewage can be fond on their website: **WWW.SAS.ORG.UK** 

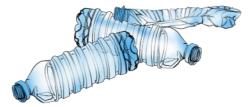


**YOU CAN HELP** - avoid single use plastic wherever you can. Get some re-usable bags to take to the Supermarket so you do not need to use any bags from the store.



Recycle your plastic - remember to remove the labels from milk and water containers.

Pick up the odd plastic bag - bottle -container you find when out and dispose of it in a recycling bin.



#### **COMING EVENTS**

#### MAY 2019

- Coffee & Chat in the Foyer from 10.30 am all welcome Sat 4 8.00 pm **Guides** (most Mondays throughout term time) Mon Tue 7 2.00 pm Tuesday Club - the HURBS entertain us Wed 1-3 pm Babies & Toddlers (term time only - resumes 1/5 Thu 2.00 - 4.00 pm CBSI UK Bible Studies in Foyer (weekly) There will no longer be **Coffee Mornings** on Fridays (see p7) Fri BOYS BRIGADE 6.30-7.30 pm Anchor Boys, 6.30-8.00 pm Junior Section, 7.30-10.00 pm Company Section. (Every week during Term Time) 10.00 Kingsdown Book Fair for Christian Aid with stalls Sat 11 Liz & Steve Palmer's Home Group **Tue 13**
- Sat 18 Charistian Aid Flag Day Northfield Avenue and West Ealing
- Sun 19 "Circle the City" sponsored walk for CA
- Tue 21 2.00 pm Tuesday Club The Reminiscence Road Show

# FUTURE DATES FOR YOUR DIARY JUNE/JULY

- 13 Jun 8.30 pm Finance Committee
- 19 Jun 7.30 pm Church Council

#### 3 Jul 8.00 pm Property Committee

