



KINGSDOWN MESSENGER



June 2019

SERVICES FOR JUNE 2019



June

- 9 Jun 10.30 Rev Susan Male Family/Parade Service
Pentecost
04.00 CIRCUIT SERVICE - Hambrough Primary School,
SOUTHALL
- 16 Jun 10.30 Rev Susan Male - Holy Communion
- 23 Jun 10.30 Rev Tasawer Samuel
- 30 Jun 10.30 Rev Yemi Jaiyesimi
- 7 Jul 10.30 Mr Justin Anwar



Peace to the End

*The peace of God to dwell with you,
The peace of Christ to dwell with you,
The peace of Spirit dwell with you,
And peace dwell with your children too,
From the day we have here to-day
To the last day of your life's way,
Till come the day that ends your way.*

From Poems of the Western Highlanders

The KINGSDOWN MESSENGER
Copy deadline for the July/August issue is Friday 28 June 2019

Editors - Pam and Alan Smith
E-mail: magazine@kingsdownmethodist.org.uk





Dear Friends,

On 9th June we celebrate Pentecost. This, often called “The Birth-day of the church” is the culmination of God’s Easter plan for us, his people. We can look on it as a story of God constantly trying to find new and better ways of communicating with us, of relating to us.

We talked in advent of the imaginary idea of God, the Trinity of Father, Son and Holy Spirit, shortly before Mary’s conception of Jesus, looking down from heaven upon the earth, seeing all that people had achieved, all that they were getting up to, all that they were failing to do in a spirit of love, and asking – “What can we do to help these – the people we love, who have gone so far astray? ... What can we do from this distance so separate and cut off from our people?!”

We imagined the second person of the Trinity – the Word – saying “I will go to them. Send me”. Jesus comes into the world, incarnate in a baby to grow and live and love among us. Through him, God relates to a group of people in a specific place and time. Through him, people learn about God, and God learns about people. Jesus loves and laughs and weeps and suffers and rejoices with those he came to save. Those of that specific time and place. People he knows and relates to as individuals one by one.

Jesus is crucified, and resurrected, and appears again to people in that specific place and time. He ascends to heaven. His disciples are alarmed ... grieving ... have they lost him again?

At Pentecost God sends us a new advocate ...the Holy Spirit – to be with all of us in our different lives ... sharing God’s love and wisdom, and courage and healing with us all wherever we are day by day in our lives.

At Pentecost we celebrate because God is no longer a distant figure for us, but is held within each one of us as his Spirit to love and challenge and guide us.

The Holy Spirit is both gentle and wild.: He/ she is in

- That shift in a difficult conversation that brings unexpected hope or joy or love
- The pull to social justice which starts small, spoken by a few, but quickly spreads, takes hold, and begins to challenge and change set ideas.
- The warmth between the fragile hand of an elderly hospital patient and a visitor....

Recently I was listening to a friend who was having some difficulties. After the conversation I commented that I wished that I could do something more – to fix the situation for her. She responded, “You don’t have to fix it!” (I know I should have known that). ... but she also said “Don’t forget there were three people in the conversation – You, Me ... and God!”.

That astonished me!

I **had** forgotten!

Do you always remember that God is with you in everything you do? - that he listens, loves, holds and helps you?

That remembering is what Pentecost is firstly about.

Just spend a few moments each day thinking about what you have been up to, done well, done badly, found challenging, rejoiced in, and think about God - in his love – being with you, holding you in all the you do and say.



Happy Pentecost

Sue

FAMILY NEWS

Ivy Hanson recently gave us all rather a nasty shock by being whipped into hospital for a rather badly behaved appendix, needing instant removal. The good news is that she is now at home and hopefully well on the way to a full recovery.

Tom Cheriyan is due to have a heart by-pass operation on 7 June; we do hope that all goes really well, and we see his smiling face back with the church family very soon.

Please remember Ivy, Tom (and his family) in your prayers, as well as any other members of our church family still unable to join our services at present due to ill health.

KINGSDOWN CLUB PROGRAMME JUNE to JULY

Meetings are held on the first and third Tuesday of each month and all are welcome to attend.

We meet in the foyer of the church from 2.00pm to 4.00pm

Transport is available for anyone who should need it.
Please contact Eileen Tobias (tel 0208 567 4205) for details.

JUNE 4th A BINGO and QUIZ AFTERNOON

JUNE 18th LYNDA SILK SINGS and PLAYS FOR US

JULY 2nd A TALK by the REV SUSAN MALE

JULY 16th THE SUMMER TEA PARTY DAVE ENTERTAINS

THE NEW PROGRAMME begins SEPTEMBER 3rd

Northolt Church - Anniversary Weekend

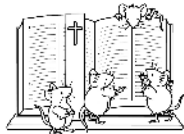
As part of Northolt's anniversary celebrations, you are invited to join them for Café Worship led by Rev. Peter Catford in their church hall on Saturday 15th June at 12:30.



Northolt would love you to come and share with them - families and children are especially welcome!

Please bring some food to share.

Peter will also be leading Northolt's morning worship at 11:00 on Sunday 16th June.



Scriptural Reasoning - Thursday 04 July

Following on from a successful Scriptural Reasoning event in March, you are invited to attend the next showcase on Thursday 04 July from 6.30pm - 8.30pm at Methodist Central Hall Westminster.



Join other Christians, Jews and Muslims to read and discuss their scriptures and gain a deeper understanding of the Qur'an, the Hebrew Bible and the Christian New Testament.

This is a free event, but please email michael@michaelwakelin.co.uk to register your attendance. Simple refreshments will be provided.

The event is being produced by the London District of the Methodist Church in partnership with Rose Castle.

We used to call it Whitsun

We used to call it Whitsun – White Sunday because long ago children marched to church in white on that day. No processions nowadays, and we've even changed its name. It's now **'Pentecost'**, which is more accurate but needs explaining.

This year Whitsun/Pentecost is on Sunday June 9th. Pentecost marks a vital event in Christian history. It is celebrated 50 days after Easter. On the year Jesus was crucified (which took place at the Passover), the remnant of His followers, just 120 of them, were together in an upper room in Jerusalem. They were afraid to show their faces in case the authorities arrested them. But on the day of Passover they had an amazing collective experience.

They described it in terms of wind and fire, a great surge of spiritual energy and confidence. Afraid no longer they burst out on to the streets where crowds were gathering for the festival, led by Peter they began to tell them about Jesus and His resurrection. As they did so, although many of the people in the crowd were foreigners who spoke other languages, everyone heard them in their own tongue. Peter told them that what they were seeing was the fulfilment of an old prophecy when God would pour out His Spirit on the human race, men and women, young and old.

As a result of His words and the extraordinary spectacle, 3000 people believed and were baptized in the name of Jesus. They were the nucleus of what in 100 years would be a Church that would turn history upside down. For Christians Pentecost is in effect the birthday of the Church.

I realise many people find the whole idea of the Holy Spirit mysterious and elusive. It wasn't helped by the earlier title 'Holy Ghost'. The spirit is not spiritually a 'ghost' but a precious gift.

Canon David Winter

It is easier to get older than it is to get wiser.

This months wanted list -



- Tinned Meat & Fish
- Long-life steamed puddings
- Tinned Fruit & Vegetables
- Tinned Rice Pudding & Custard
- Tinned Soup
- Noodles
- Instant Coffee
- Rice (small packets)
- Hair shampoo,
- Shaving foam and razors,
- Nappies – Size 4

Thank you!

Sue Garland is co-ordinating the collection of items each Sunday.

Getting to Know the Bible: the first five books – from 5th June to 11th September



Phil Male will be leading a Bible study based upon the 'Reading Biblical Literature' course. These will be held at the Manse, 19:45 to 21:15 (parking free after 19:30), on 5th June, 25th June, 24th July, 14th August, 28th August and 11th September 2019.

All are welcome. Please let Phil or Sue know if you would like to be included for all or some of the sessions.



Put your items in the Collection Bin
in the Church Foyer

Or contact Steve Palmer (020 8567 2668) to arrange collection.

Look at www.workaid.org to see how your donations help their work.



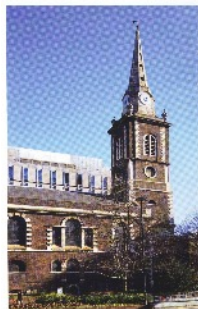
CHRISTIAN AID - 'CIRCLE THE CITY'

I completed the 'Circle the City' walk on Sunday, 19 May. We had a short service at St Mary Le Bow Church, then set off on our way. Its a different route every year; there are always some new churches that we have not seen before. They are all working churches with lots of history dating back hundreds of years. I made £339.00 for Christian Aid and thank you all for being so generous.

Anna Church



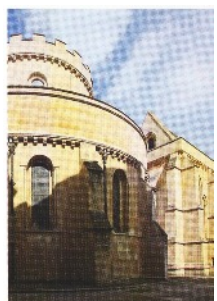
St Botolph without Bishopsgate



St Botolph without Aldgate



St Lawrence Jewry



Temple Church

WHAT IS CHARITY?

It is silence - when your words would hurt.

It is patience - when your neighbour is curt.

It is deafness - when a scandal flows.

It is thoughtfulness - for others' woes.

It is promptness - when duty calls.

It is courage - when misfortune falls

from The Messenger July 1990



More churches than pubs

The UK now has more churches than pubs, according to new data published by the National Churches Trust. There are around 39,000 pubs in the UK, according to the latest figures from the Office of National Statistics, with more than 11,000 pubs having closed in the UK in the last decade – a fall of almost a quarter (23%). However, there are around 40,300 church buildings in the UK open to the public and being used for worship, according to research carried out for the National Churches Trust by the Brierley Consultancy.

The number of church buildings is also substantially higher than other key public buildings in the UK. There are currently around 14,300 supermarkets operated by grocery retailers, 11,500 post office branches, 7,500 bank branches and 3,600 public libraries.

An increasing number of churches in the UK are also becoming local 'community hubs', hosting children's nurseries, senior citizen lunch clubs, concerts and exhibition venues. Some even house post-offices, GP surgeries and farmer's markets. Around 6,000 of the UK's approximately 32,000 polling places are located in church buildings.

from Parish Pump

“Do you admit to going to church?”



“In the US you have to be religious to be elected, in the UK you increasingly have to pretend not to be.” So says Fraser Nelson, editor of *The Spectator*. In a recent newspaper article* he pointed out “in the UK, an MP is quite at liberty to talk about their faith, but they ought to realise it comes at a cost to their credibility”.

“This is a side effect of the ongoing collapse of religiosity in Britain. Polls show that barely a quarter of us now profess faith in God or a ‘spiritual higher power’.”

Fraser Nelson continues: “As churchgoing becomes rarer, it is seen as stranger. More suspect. This increases the incentives to cover up one’s faith and treat it like a dirty secret. So, we end up with two self-reinforcing forces: the decline of people going to church – and the decline of churchgoers willing to admit it.”

He concludes that: “To be Christian in Britain today is to navigate your way through one of the fastest religious changes in the history of these islands.”

* *Daily Telegraph*, ‘The decline of religion accelerates when Christians hide their faith’, by Fraser Nelson, 30.03.19

from Parish Pump



Found this picture in the archives - anyone recognise this??

Boys' Brigade Newsletter



On 17th May, 10th Ealing BB brought their formal session to a close by presenting our 51st Annual Display in the church hall.

Almost all of our 85 Boys were in attendance, accompanied by parents, families and friends who had come along to cheer and to celebrate their lads' achievements. Revd Sue Male, our Chaplain, was also present along with many church supporters who have encouraged us in our work this year.

The Anchor Boys (our youngest members) played several games, showing their enthusiasm and winning the hearts of the audience as they attempted to jump "rivers" and score from the penalty spot.

The Junior Boys demonstrated their speed and also their mental agility by playing Mathematical Ladders, and it was fun to observe the audience trying to work out the challenges quicker than the Boys. The Juniors then showed-off their trophy-winning Military Drill routine to great applause.

The older lads were in fine form, the Band and Drill items proving very popular in particular. Their three-team Pyramid Building competition raised the roof and many parents were afraid to look as their Boys attempted to climb to the top of the pile.



Boys of all age groups then joined together for an excellent gymnastic display, and our young men flew (literally) over the vaulting box, performing flips and landing perfectly-ish!

The evening concluded with the Presentation of Awards and Promotions, which is always an emotional high spot. Four Junior Boys received their



Gold Badge as they were also promoted to the Company Section. Several of our teenagers received stripes, encouraging them to expand their leadership skills during this coming year. The highlight, though, was the honourable discharge of some of our longest-serving members who had been with us for over a decade, and the presentation of a President's Badge, the penultimate BB award.



Revd Male closed the evening with prayer, just before the Last Post was sounded at 9:30pm. It was a truly memorable and love-filled evening.

After the half-term break, we will focus on preparation for the Athletics Competition in June (we currently hold both trophies), and then it'll be time to start packing for our greatest yearly adventure -- summer camp in Swanage! With love and thanks to all who continue to support the work of the Boys' Brigade at Kingsdown.

Tony Plews
Captain

This year's humanitarian aid picture has already been one dominated by the impact of cyclones. Cyclone Idai devastated communities in Malawi, Mozambique and Zimbabwe in March; more recently Cyclone Kenneth and now Cyclone Fani are causing flooding and wind damage in Mozambique and South Asia respectively.

Tropical cyclones, like Fani, form over warm ocean waters and then dissipate after making landfall. The formation of a cyclone is fundamentally from it drawing power from water evaporating from the ocean. This water provides moisture and heat energy that fuels the cyclone. The warmer the water then the faster that water evaporates, resulting in more severe storms. While cyclones have always existed, this relationship between warmer water and more cyclones speaks to the role of global warming in intensifying storms. One cannot attribute individual storms or cyclones to human-made climate change, but the overall picture is one of more storms with more severity, affecting more of the world's poorest people.

Scientists speaking on Bangladeshi news this morning said something that sums up my own thinking well – climate change is not often the genesis of individual extreme weather events, but it exacerbates the existing problems. And it is some of the most vulnerable in our world who are already experiencing the brunt of climate change.

All We Can is working hard with communities living in fragile climates to create more resilience to hazardous weather events like cyclones, flooding and drought. As I sit safely seeing out the storm tonight in my hotel room in Bangladesh I will be praying for those who do not have that privilege. I will be praying for those in the camps here in Bangladesh. I will be praying for those sheltering in their villages in Odisha, India.

Laura Cook



International Day of Light Celebrations

16 May was marked out in global calendars as the International Day of Light and All We Can celebrated!

According to UNESCO, this day was to be used as 'an annual focal point for the continued appreciation of light.' This included the role of light in science, culture, art, education and sustainable development. This fitted in well with many aspects of All We Can's work including the use of solar powered irrigation systems in Malawi, creating safe spaces for Rohingya refugee women that have solar powered fans and gardens, and advocacy work in India that shines a light on injustice.

In order to spark up some excitement for the day, All We Can collected pieces of writing from supporters, as they answered the question, 'what does light means to you?'



Here are just some of the wonderful responses.

All We Can is aiming to ignite this day with a creative spark! We are calling for more supporters to put pen to paper and send in inspiring pieces of writing answering the question. These pieces will be posted on the website and All We Can's social media channels.

All We Can is also encouraging people to share pieces of writing on social media. The intention is to flood the internet with light and hope on May 16 2009, and have the wonderful work of supporters seen by as many people as possible.

Join All We Can, send us a piece of writing, view pieces or RSVP to the reflective space at <https://www.allwecan.org.uk/DayOfLight>

21st June - Summer Solstice

June, of course is the month of the summer solstice, the month of the Sun. Sol + stice come from two Latin words meaning 'sun' and 'to stand still'. As the days lengthen, the sun rises higher and higher until it seems to stand still in the sky. The Summer Solstice results in the longest day and the shortest night of the year. The Northern Hemisphere celebrates in June, and the Southern Hemisphere celebrates in December.

A Canticle for Brother Sun

Praised be You, My Lord, in all Your creatures,
Especially Sir Brother Sun,
Who makes the day and enlightens us through You.
He is lovely and radiant and grand;
And he heralds You, his Most High Lord.

St Francis of Assisi

God in All

He inspires all,
He gives life to all,
He dominates all,
He supports all.
He lights the light of the sun.
He furnishes the light of the night.
He has made springs in dry land.
He is the God of heaven and earth,
of sea and rivers,
of sun, moon and stars,
of the lofty mountain and the lowly valley,
the God above heaven,
and in heaven,
and under heaven.

St Patrick

The down and up message

(Read this from top to bottom , then from bottom to top)

The human community is the hope of the world?

No, the fact is

that God does not dwell in us anymore.

I do not believe

that joy is possible

that living in community is better

that we should love each other in a profound way,

The truth is

that human community is about to die out.

I refuse to believe

that we are part of something bigger than ourselves

and

that we have been changed in order to make a difference.

It is very clear

that poverty is overpowering,

that racism cannot be overcome,

that evil will never be defeated.

I cannot believe

that things will change for the better in the future.

It will turn out

that God cannot help.

and you are wrong, if you believe

God can do it.

I'm convinced

things cannot be changed.

It would be a lie, were I to say,

God cares!

from ACE Forum

Why pay money to have your family tree traced; when all you need to do is go into politics and there will be people clamouring to do it for you

Father's Day - 21st June

In the UK, USA and Canada, the third Sunday in June is Father's Day. It's a good time for sons and daughters to take their father to his favourite restaurant, or to watch a favoured sport, or whatever else he enjoys doing.



How will you celebrate it this year? If your own father cannot be with you, is there a 'spare' father somewhere in your church or your circle of friends whose children cannot be with him, and who would welcome some special treat on the day?

How do these special days ever get started, anyway? Well, Father's Day began because way back in 1909 there was a woman in Spokane, Washington, named Sonora Louise Smart Dodd. That year she heard a church sermon about the merits of setting aside a day to honour one's mother. Mother's Day was just beginning to gather widespread attention in the United States at this time. But Sonora Louise Smart Dodd knew that it was her father who had selflessly raised herself and her five siblings by himself after their mother had died in childbirth. So the sermon on mothers gave Sonora Louise the idea to petition for a day to honour fathers, and in particular, her own father, William Jackson Smart.

Sonora Louise soon set about planning the first Father's Day celebration in Spokane in 1910. With support from the Spokane Ministerial Association and the YMCA, her efforts paid off, and a 'Father's Day' was appointed. Sonora Louise had wanted Father's Day to be on the first Sunday in June (since that was her father's birthday), but the city council didn't have time to approve it until later in the month. And so on June 19th, 1910, the first Father's Day was celebrated in Spokane.

Gradually, other people in other cities caught on and started celebrating their fathers, too. The rose was selected as the official Father's Day flower. Some people began to wear a white rose to honour a father who was dead, and a red one to honour a father who was living.

from Parish Pump

How to Decide !!!!!

A hospital was told there was the possibility they would have enough money in the following year's budget to build a new wing. They decided to consult the various medical specialists and their reactions were as follows:

The allergists voted to scratch it.

The dermatologists preferred no rash moves.

The gastroenterologists had a gut feeling about it.

The neurologists thought the administration had a lot of nerve.

The obstetricians stated they were labouring under a misconception.

The ophthalmologists considered the idea short-sighted.

The orthopaedists issued a joint resolution.

The pathologists yelled, "Over my dead body!"

The pediatricians said, "Grow up."

The psychiatrists thought it was madness.

The surgeons decided to wash their hands of the whole thing.

The radiologists could see right through it.

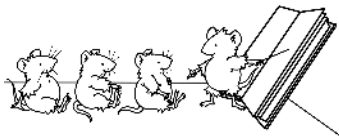
The plastic surgeons said, "This puts a whole new face on the matter."

The podiatrists thought it was a big step forward.

The urologists felt the scheme wouldn't hold water.

The cardiologists didn't have the heart to say no.

.....and the committee couldn't reach a decision!



How to fill in a form



Solomon took a census of all the foreigners residing in Israel, after the census his father David had taken; and they were found to be 153,600. He assigned 70,000 of them to be carriers and 80,000 to be stonecutters in the hills... (2 Chronicles 2:17-18)

We can spend much of our working life filling in forms of one sort or another. Sometimes we struggle to complete an online form and have to use the telephone help-line. The young people who help us on the end of the line can leave us feeling that we are obviously idiots.

Do you like filling in forms? No, of course not! No-one does. There are a few censuses in the Bible, which are a type of form. The above quotation is about authorities getting information to use for their benefit to get people in work.

Do you always have to give the details they ask for? No! If you just bought an electric iron does the manufacturer really need to know your name, address, date of birth, number of people in your house and cat's mother's name? If not, then why are they asking for such details? Always be careful about what information you give out, and to whom.

Sometimes if you are in debt you are asked to fill in a budget form. Again, be careful. Do they really need to know your employer's name and address and your bank details?

On the other hand, do not forget to include every item of expenditure. If you just put down your earnings and the amount you spend at the supermarket it may look as you have plenty of money. Remember bus fares, school meals, rent, council tax, telephones and all the rest.

There is never enough space on most forms, though they must know email addresses are usually long. Then there are questionnaires asking you to rate the experience. Was the webpage helpful? Why was it helpful.... and suddenly you may be asked to give away yet more information about yourself... be careful. As a general rule, try and give as little as possible, just sufficient for the task in hand.

I hope you have enjoyed this article. Now please complete the 18-page satisfaction survey and include your bank account number, inside trouser leg measurement and bank card.

Oh, and don't forget the name of your cat's mother!



Are you getting fresh air?

Worldwide, the news is not good: seven million people die of air pollution each year. Here in the UK, there are at least some simple steps you can take:

Leave the car when you can: there is actually less pollution walking or cycling along a busy street than going in a car. Larissa Lockwood, head of health at the charity Global Action Plan, explains that cars can be "toxic boxes. The pollution comes into the car via the ventilation, and it can't get out again." So open the windows of your car every so often.

Open your windows at home: The Royal College of Physicians warned (back in 2016) that indoor air pollution (from plastics, paints, furniture and air fresheners) can affect your health. And it seems that when you buy new furniture, that 'new house smell' is essentially toxic chemicals. Personal care products such as deodorants and cleaning products also contribute to poor air in your home. Instead, switch to more natural products, use creams rather than sprays, and ventilate your home.

Open your windows on a regular basis.



It's too easy to set your home on fire

Sunshine glinting off a reflective object in your home can be enough to set your house on fire.



So warns various fire services up and down the country, from Staffordshire to Dorset. As one expert from Staffordshire Fire and Rescue stresses: "Always keep reflective items such as mirrors, glass and crystal ornaments away from direct sunlight. Many people don't realise that sunlight can be extremely powerful. If it is then reflected off a mirror, it can produce enough heat to ignite flammable materials."

A home in West Sussex was gutted when sunlight began shining through a glass ornament on a living room windowsill. Another fire which engulfed several acres was started by glass bottles left outside the home.



Small or big...there's plenty of opportunities to do something good

There are lots of ways you can help make your neighbourhood a better place

do something good

A wide range of Local Community Projects - Volunteering - Help and Advice - Fundraising

Interested in getting involved with local community activities then have a look at

<https://www.dosomethinggood.org.uk/>

and find out more about what you could be doing in Ealing

The views expressed in articles in The Messenger are not necessarily those of Kingsdown Methodist Church or the Editors. Any stored Data is maintained under GDPR Regulations.

COMING EVENTS

JUNE 2019

- Mon 8.00 pm **Guides** (most Mondays throughout term time)
- Tue 4 2.00 pm **Tuesday Club** - tA Bingo and Quiz Afternoon
- Wed 1-3 pm **Babies & Toddlers** (term time only)
- Thu 2.00 - 4.00 pm **CBSI UK Bible Studies** in Foyer (weekly)
- Fri **BOYS BRIGADE** 6.30-7.30 pm Anchor Boys, 6.30-8.00 pm Junior Section, 7.30-10.00 pm Company Section.
(Every week during Term Time)
- Sat **Coffee & Chat** in the Foyer from 10.30 am - all welcome
- Tue 11 **Liz & Steve Palmer's Home Group**
- Thu 13 8.30 pm Finance Committee
- Tue 18 2.00 pm **Tuesday Club** -Lynda Silk Sings and Plays for us
- Wed 19 7.30 pm Church Council

FUTURE DATES FOR YOUR DIARY

JULY

- 3 Jul 8.00 pm **Property Committee**
- 6 Jul 10.00 - 12.30 pm **Kingsdown Book Fair**
In aid of Action for Children
7.30 pm **Barn Dance - Hanwell**
- 28 Jul **Circuit service for the end of the Connexional year at Greenford**

EARLY WARNING



Another great Barn Dance, with live band and caller on the evening of Saturday 6th July at Hanwell Methodist Church.

Polish your spurs, check on belt sizes and buy these flowing flowery skirts, check shirts, collar points and cowboy hats.