



KINGSDOWN MESSENGER



October - November 2021



Kingsdown Methodist Church



October

- 10 Oct 10.30 Rev Sue Male, Holy Communion
- 17 Oct 10.30 Local Arrangement
- 24 Oct 10.30 Rev Rev Sue Male, Morning Service
- 31 Oct 10.30 Deacon Theresa Simons-Sam, Morning Service



November

- 7 Nov 10.30 Mr Phil Male, Morning Service
- 14 Nov 10.30 Mr Tony Plews, Family/Parade Service
Remembrance Sunday
- 21 Nov 10.30 Rev Sue Male, Holy Communion
- 28 Nov 10.30 Rev Sue Male, Morning Service
2.00 Rev Sue Male, CIRCUIT SERVICE, PITSHANGER



As far as we are aware, services will continue to be streamed from Ealing Green Church at 11.00 am each Sunday morning for those still unable to get to Kingsdown for the time being. The You Tube link is:

<https://www.youtube.com/channel/UCivxvKEQE3KgK9UIVdZfyPw>

You can also find video links for other services on:

<https://www.ealingtrinity.org.uk/coronavirus-our-churches>

<https://www.youtube.com/channel/UCmB8aHAfPSyKnAvXI0zRBYg>



The KINGSDOWN MESSENGER

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Dear Friends at Kingsdown



Have you noticed how much darker the evenings seem to be getting? I am sure you have, and the trees are already shedding the leaves – the autumn is upon us.

But there is also good news. More people are returning to church, and although we are still keeping very safe – distancing, and with masks – we are also singing, and it is so wonderful to see everyone's faces (or part of the faces) again! There is just – with caution – that sense of a little bit of normality having returned. It is wonderful to have you back!

Also wonderful was the sale and coffee morning organised in aid of "All We Can" by Anna and her team. The sale raised £350.00. This is obviously good for the charity, but it was also such a good thing to be "open" – on the street, not inside, to the community again, and to interact with some of those living around us for the first time in quite a while. I also enjoyed sitting, drinking tea and chatting, whilst others were hard at work! Thank you to the whole team, and especially to Anna.

Coming up, on Sunday October 3rd at 4.30pm at the church is our **General Church Meeting**. This will be an important meeting, carried out safely, when we look at what has changed during the pandemic time, and for a way forward. Most basic to our needs will be volunteers to steward on a Sunday. During the pandemic we have relied on our emergency stewards, and they have done an excellent job. I have really valued their presence, their attention to safety, their reassurance, and their reliability. During such a difficult time, it is fair to say, that Sunday worship has run smoothly. I am so grateful for that! I am also very grateful to Gerald who has played almost every week, and to Patryk for the weeks he also has been with us. It is also lovely to now have Matt back to play too and to share the role with Gerald, as he did pre pandemic!

However we now move on, and our emergency stewards have come to the end of the time they agreed to help out for. Whilst it would be wonderful if some of them could help out sometimes, many of them also hold other offices in the church and are very busy – and in any case, that was never part of the deal. Therefore we are going to need volunteers to take a turn on the rota to open up the church, and ensure smooth running on a Sunday. Can you offer to be part of this rota? You

can do it as often or as little as you like but you will need to make a commitment in advance to being available on particular days. Can you help? If so, let me know how often you would be prepared to help. If you have never done it, there are people to show you the ropes. Please really consider this prayerfully. At this point there is not somebody else there who will do it if you are not available, and we will not be able to open the church every Sunday if we do not have sufficient help each week. Please be in touch with me and let me know if you can help.

We are also currently very short of church stewards. We will be looking for ways of moving forward with this, but it is clear that the church cannot say "that's the steward's job" if there are no stewards! Please consider prayerfully if you could be a church steward. This is a larger role than a Sunday steward. The Church Stewards are – with the Minister – responsible for the direction and running of the church – its worship, mission and service. Please talk to me, or to our senior church steward, Sybil if you can help here.

Finally – for now – it would be lovely to see you at Ealing Green Church for Christians Together's talk on Creation and Climate Change on Monday October 4th at 7pm for 7.30pm.. Rev'd Dave Bookless, a director of A Rocha International, will come to talk to us about the Biblical approach to climate change, what churches can do, and what we can do. This is aimed at those who think they should know about these issues, but don't and would like to learn more! People like me! Like you too? If you cannot come in person but would like to hear and see the talk then use You Tube - see p8 for the link.

There will also be a series of follow up sessions ON ZOOM for anyone who wants to be involved. We will be looking at the course "Caring for Creation" which will start on Monday 11 October either in the morning or the evening, as you choose. I imagine you already have the details for this, but be in touch if you do not, and you want them.



With my prayers

Sue

CHRISTMAS – THE GIFT AND THE TALENTS

(Bearing in mind that Christmas will soon be upon us, use this as part of your preparation for the coming season.)



The well-known words from Handel's Messiah - 'Unto us a child is born, unto us a son is given' (Isaiah 9:6) remind us that God has given us the most amazing Christmas present ever; the gift of His Son, Jesus, born as a baby in Bethlehem. The gift of Jesus changes everything. Christians are people who have been found by Jesus, given a new quality of life and a whole new sense of direction in life.

This has implications for how we live our lives now. Irenaeus, a Christian leader from the second century, wrote that: 'The glory of God is a human being fully alive.' We know that the glory of God is revealed in Jesus, but the idea that God's glory can be seen in us is a surprising one!

Just think for a moment about what makes you feel fully alive? When and where do you sense that you are living out of the truest centre of your being? What really interests you? What is most fulfilling for you in your life? What creative gifts do you have? Do you like designing or making things or mending broken things? Has it ever occurred to you that, by letting these interests and talents grow, God's glory can be revealed in you?

'What experience, talents, and interests could I offer to God, to my church, to my community?' This is a question we could each reflect on. We could then ask ourselves: How do I already use my talents in God's service - in my workplace? My home? My network of relationships? In church or in the wider community? And are there ways I could put my talents to work for God here where I live which I haven't realized until now? Some of us feel that we can no longer use our talents as our life circumstances have changed. I hope this exercise will encourage us to recognise that the life experience we have gained is a huge resource for others. So is the gift of prayer. Some of us may wonder if we have any talents at all. We may need others to encourage us by telling us the God-given talents they recognise in us. Let us give thanks for the great wealth and diversity of gifts God has entrusted to us as a Church.

Stephanie Buchan



Caring for Creation

- The environment
- Global warming and climate change
- The age of humans.

Christians Together in Central Ealing Study Groups on Zoom

Two 5 week ecumenical study groups on Zoom on Mondays 11 and 18 October and then 1, 8 and 15 November, The morning group Will run each week from 11am-12.15pm, and the evening group, on The same days from 8pm - 9.15pm.

**Email susan.d.male@gmail.com for
Zoom link and info.**

This month's poem: Praise Promenade (Psalm 92)

*To give thanks it is a good thing
Thanks to the LORD, let all bring
And good to sing praise to your name
O most High, the LORD the same
To show forth your loving-kindness
And too of your faithfulness
Every day, morning, night, evening
To praise Him in everything*

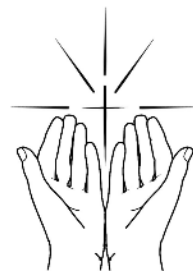
*Play upon instruments with strings
With music that each one brings
Psalteries, lutes, harps, and lyres
Worship to you never tires
Play with solemn sound, harmony
And joyful melody be
For you, LORD, have made me glad
through
Your works shown to me anew*

*O LORD, how great all your works
be!
Your thoughts very deep, I see
Senseless ones, they do not this know
Nor foolish know it be so
When the wicked as the grass spring
It not prosperity bring
They may flourish, but be destroyed
Plans and purposed be void*

*But you, LORD, most high for ever
You shall fail, perish never
My strength shall you exalt, you shall
Anoint me with fresh oil well
I shall hear and see victory
Over those, mine enemy
Righteous shall flourish like palm tree
And like great cedar tree be*

*Those planted in house of the LORD
Shall flourish, true be His word
They shall still bring forth fruit, when
age
Of life passes, each day's page
They shall prosper, be flourishing
The LORD shall give them blessing
He shall show that He is upright
My rock, righteous to my sight*

by Steven Rolling



**I know God loves everybody, but I don't think
he's met my sister. (From a six-year old)**

Christians Together In Central Ealing

Climate and the Churches

- Climate change and COP26
- What the Bible says
- What you and your church can do.

Rev. Dave Bookless

Anglican Priest and one of the directors of A Rocha International.

Ealing Green Church

04OCT21 7pm for 7.30pm start

Or watch live on YouTube

[www.youtube.com/channel/](https://www.youtube.com/channel/UCivxvKEQE3KgK9UIVdZfyPw)

UCivxvKEQE3KgK9UIVdZfyPw

Family News



Rev Roger Dunlop - Minister at Kingsdown (2002-2012) has now moved to Telford and will have responsibility for three churches: Wellington, Admaston and Horsehay.

(Editors have contact details)

I would like to say a huge thank you to my Kingsdown family, for all your support, encouragement and prayers. I feel very uplifted, as I face the next hurdle. God's blessings to All.

Violet Cordon



Many thanks to all who helped in the Old and New Sale and to those who donated in Church. Together with money raised from the Emergency Appeals, the overall total raised was some £476.06.

(See p14 for more information about Haiti)

Bric-a-Brac wanted for next 'Old and New Sale' scheduled for Friday 29th October 10.00am onwards (weather permitting) in aid of Methodist Homes MHA. Contact Anna Church 020 8567 5750 for more information



Ealing boils in 2050 ... or sooner

In 2020 the UK Met Office released a weather forecast for 2050 that shows London boiling with summer temperatures in the 30s and 40s °C. Fast forward to 2021 and the climate crisis is biting faster and harder than they predicted. After heat broke all records in Canada in June, Sir David King, former UK chief scientific adviser, said: "Nowhere is safe ... who would have predicted a temperature of 48/49 °C in British Columbia?" Back in Europe, Finland's Arctic Lapland region reached 33.6 °C ... more like the tropics than the Arctic.

Watch: July 2050 weather forecast based on UK Climate Projections at www.ealingfoe.org.uk/weather-2050 or on You Tube

Boy's Brigade Newsletter



"Normal service is resumed." That's such a simple but lovely phrase, isn't it. Well, Kingsdown's Boys' Brigade Company is very nearly back to normal, with Boys turning up in their dozens, ready, willing and able to play, learn and laugh for hours at a time. They have clearly missed the opportunity to run and jump and have re-embraced all aspects of BB life with gusto.

The one element which isn't quite back to normal yet is the wearing of BB uniform, for the simple reason that almost all of our chaps have outgrown their shirts and jumpers over the lockdown period and are waiting on a delivery of larger items. Indeed, some of our Seniors have shot up and many are now taller than the staff, which can be a little disconcerting when you're trying to catch them as they fly over the vaulting box at speed!

We now have spaces to be filled in the pre-high school age groups as we've not been able to take on any new members over the past 18 months. If you know of any Boys looking for a Friday night adventure then please do point them in our direction. We've already taken on three new members in our first two weeks back, so the word is already beginning to spread.

Staff-wise, we're delighted to welcome Officer-in-Training, Daniel Plews, back to our regular Friday night rota, now that he's settled back in Ealing, post-university. David Lane also hopes to return to duty in the near future, but in the interim, a dear friend of 10th Ealing BB has stepped into the breach as Mr Paul Hotton is attending each week to teach our novice buglers. Paul is one of the most respected BB bugler teachers in London and has stepped out of retirement to pitch in, as we currently have twelve novice buglers keen to learn that tricky instrument.

The West London Battalion has rightly decided to cancel all competitions until after Christmas, to allow all BB Companies to focus on re-building themselves and getting their act together in all aspects of BB work. It must be said, even the very experienced 10th Ealing staff felt a little rusty with regard to Drill commands and Bugle tunes on week one, but we were very much back in the swing of things by week two.

There will be a BB presence on Remembrance Sunday 2021 (our first appearance for exactly two years) but our numbers will be dictated by church safety protocol. But whether we are permitted to bring five Boys or fifty Boys, we very much look forward to worshipping with you again in November.

Thank you for your prayers, love and support.

Tony Plews, Captain



An Italian Church inside a Nissan Hut on Orkney. Built by Italian POW's who worked on Orkney during WW2

Autumn Prayer

Dear Loving, Father God,

As the season changes and we enjoy the beautiful colours of autumn, there are other changes which we don't enjoy. Changes we cannot control; changes and suffering in the world, beyond our comprehension; changes to our work routines, or health, or circumstances; changes which cause us anxiety and uncertainty.

When everything seems to be falling around us like the autumn leaves, help us, Lord, to remember that you stand firm. You are our rock. You never change. You are always faithful, always with us, as we move into each new day and each new season.

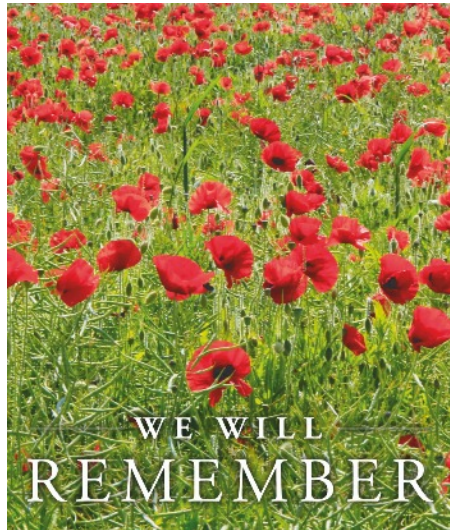
Thank you for loving us so much that you gave us Jesus, so that by putting our trust in Him, we can know the security of your love, for ever!

In His name, we thank you, Sovereign Lord. Amen

Daphne Kitching

**For those who
came home, for
those who never
returned...**

**London Poppy day
will be taking place on
4th November**



Visit the Poppy Shop to get your Poppy or other items to aid the work of The British Legion.

www.poppysshop.org.uk/collections/poppy-pins-brooches

Remembrance Sunday, which falls on 14 November in 2021, provides the nation with a physical reminder of all those that have served and sacrificed. It is a national opportunity to remember all those that have defended our freedoms and protected our way of life.



When I say "I am a Christian"

When I say, "I am a Christian" - I'm not shouting, "I've been saved!" I'm whispering, I get lost! That's why I chose this way.

When I say, "I am a Christian" - I don't speak with human pride, I'm confessing that I stumble - needing God to be my guide.

When I say, "I am a Christian" - I'm not trying to be strong I'm professing that I'm weak and pray for strength to carry on.

When I say, "I am a Christian" - I'm not bragging of success, I'm admitting that I've failed and cannot ever pay the debt.

When I say, "I am a Christian" - I don't think I know it all; I submit to my confusion, asking humbly to be taught.

When I say, "I am a Christian" - I'm not claiming to be perfect; My flaws are all too visible, but God believes I'm worth it.

When I say, "I am a Christian" - I still feel the sting of pain. I have my share of heartache, which is why I seek His name.

When I say, "I am a Christian" - I do not wish to judge. I have no authority, I only know I'm loved.

Carol Wimmer



Rush Hour!!

**WWT Wetland
Centre, Barnes**

Don't fall into the trap of judging people by their relatives



Haiti Emergency



On the morning of 14 August a devastating 7.2 magnitude earthquake struck Haiti. A few days later, Tropical Depression Grace made landfall in Haiti, causing further damage and destruction. Just over one month on, the Haitian Civil Protection have reported that an estimated 2,189 people are known to have died, over 12,200 people are injured, and at least 129,000 homes have been either damaged or completely destroyed.

The outpouring of generosity in response to this appeal has enabled All We Can, and its humanitarian aid partners in the region, to begin meeting the urgent needs of those most impacted by the earthquake. Many families in affected regions have left their homes and are sleeping outside, fearing the collapse of buildings. Water cisterns were also



damaged in the quake, interrupting vital access to clean drinking water. Similarly, with many families now living out in the open, there are fears that a deadly cholera outbreak – like the one that spread following the 2010 earthquake in Haiti – may further complicate the already difficult situation many families find themselves in.

To help meet these critical needs, emergency food supplies (including rice, oil and beans), water purification tablets, sanitary equipment and temporary shelter materials are already reaching 2600 of the most impacted households in the Grand Anse and Nippes regions. Additionally, to ensure that farming households can quickly revive production, seeds and tools will be distributed for the winter agriculture season in the near future. Once immediate humanitarian needs have been met, families will need support to regain their livelihoods and focus on long-term recovery – and so efforts are already underway to plan for recovery and rehabilitation.

New Chair for Christian Aid



The Rt Revd & Rt Hon Dr John Sentamu, the former Archbishop of York, will be the next Chair of the board of international development agency Christian Aid.

Dr Sentamu – who has been outspoken on issues of poverty and justice in the UK and globally for many years - served as the Archbishop of York from 2005 until 2020. He was created by Her Majesty the Queen, Baron of Lindisfarne in the County of Northumberland and Masooli in the Republic of Uganda. He is a member of the UK Parliament, in the House of Lords.

Born in Kampala, Uganda, Dr Sentamu will be the first person of African descent to take up the position of Chair in Christian Aid's 75-year history.

Dr Rowan Williams, former Archbishop of Canterbury and current Chair, will stand down at Christian Aid's Annual General Meeting (AGM) in November, having served two full terms of office.

Announcing the appointment today, Christian Aid's CEO Amanda Khozi Mukwashi said: "This is wonderful news for Christian Aid. Dr Sentamu brings with him a passion and energy for global justice, a deep love of the Church and a profound theological understanding that will be able to speak into the crises of climate change, Covid, conflict and debt that are affecting the world's poorest communities. We look forward to welcoming him to the Christian Aid family."

CTCE - Christians Together in Central Ealing

Interested in helping Rev Sue (new Chair of Christians Together in Central Ealing (CTCE)).

Help to organise visits to Christian places of worship at any of the churches in Central Ealing.

Two new members needed to help with that organisation, and to come up with new ideas. The current committee members are Gordon Couch, Noreen Barnes-Hogget and Rev Sue..

Contact Rev Sue Male - susan.d.male@googlemail.com

Empty words

Empty words

from those who live in luxury and despise the poor.

Empty words

from those who enquire after the sick, but never visit them.

Empty words

from those who offer hollow sympathy, but never weep with those in sorrow.

Empty words

from those who are severely critical of local and national governments, but refuse to vote, or to become involved in politics.

Empty words

from those who proclaim themselves to be Christians, but only take care of themselves and their own kind.

Empty words

from those who preach of suffering and sacrifice, but have never challenged themselves to experience either.

Empty words from those

Empty words

Empty

And God, who knows our hearts, looks on and asks us to look again at the sacrificial love of Jesus and to fill our empty words with love and action.

© Marjorie Dobson



A few days after the school holidays ended, a young parent received a call from his six-year old son's teacher. She said she was ringing because his son had been misbehaving. "Hang on a minute," said the parent, "We had him all summer and we never called you once when he misbehaved!"

The Watchmaker's Epitaph

Here lies in horizontal position

The Outsize case of

GEORGE ROUTLEIGH, Watchmaker

Whose abilities in that line were an honour

To his profession.

Integrity was the mainspring,

And prudence the regulator

Of all the actions of his life.

Humane, generous and liberal

His hand never stopped

Till he had relieved distress.

So much regulated were his movements

That he never went wrong

Except when set a-going

By people

Who did not know his key.

Even then he was easily

Set right again.

He had the art of disposing his time

So well

That his hours glided away

In one continual round

Of pleasure and delight

Till an unlucky minute put a period to

His existence.

He departed this life

Nov 14 1802

Aged 57

Wound up

In hopes of being taken in hand

By his Maker

And of being thoroughly cleaned, repaired

And set-going

In the world to come.

The story of the Watchmaker's Epitaph

If you were lucky enough to manage a holiday in Devon this year and visited St Petrock's church, Lydford you may have seen this epitaph on the grave of George Routledge, a watchmaker who died in the village of Lydford, in 1802 aged 57. For some time, it was thought that George had written his own epitaph some years before his death but it is now known that the words were published in an American almanac in 1797, the work of a black American astronomer called Benjamin Banneker who was also a clockmaker. However, in more recent years, an even earlier version has been discovered as having been printed in the Derby Mercury in 1786, but in this one the deceased's name was 'Peter Pendulum'!

Over two centuries, the stone lid of the outside grave on which the epitaph was inscribed became so worn by the elements that it was in danger of being lost, so the decision was made to bring the original lid into St. Petrock's church where it now hangs on the wall.

The grave in the churchyard has been re-covered with a replacement stone – it's obviously much visited as there is a small track worn into the grass.



Nuthatch

Flying among the Specs

From an original water colour by Joy Hynes which is sold in aid of charity.

Cards available at Hynes Optometrists.

Hoorah For King George V! (r 1910-1936)

There are 471 communities around the British Isles that could be shouting this! [Is your community one of them?] In 1936, following the death of King George V, a memorial foundation was set up in his name 'to promote and to assist in the establishment throughout the United Kingdom of Great Britain and Northern Ireland of playing fields for the use and enjoyment of the people.' Between then and the early 1960s land was purchased by the National Playing Fields Trust for the sole purpose of creating King George V Playing Fields that would be open to everyone. Today, the National Playing Fields Trust is known as 'Fields in Trust' and it has the legal responsibility of protecting the existence of the George V Playing Fields for eternity. The day-to-day maintenance of the fields are managed by the local parish council, or a local trust created specifically for that purpose.

Why, you may ask, should 471 communities be shouting 'Hoorah for George V' today? Well, throughout the Covid pandemic, clubs, associations and organisations were unable to meet indoors in their local parish hall, church hall or pub so they ventured outside to find an ideal safe venue, and for the 471 communities that are blessed with a

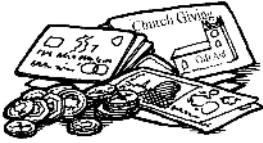
George V Playing Field what better place was there than their local George V Playing Field?



The nation, quite rightly, clapped and raised their glasses for the NHS and all the wonderful people who helped throughout the pandemic, so let's not forget to give King George V three cheers for his everlasting memorial without which so many would not have had a safe place to meet for free, and so enabled our local groups, clubs, associations, and organisations to keep going!

Hoorah for King George V!

from ACE Forum



Kingsdown offertory and finances

The Methodist financial year ended on 31 August and I will soon be presenting a detailed report of Kingsdown's finances to Church Council.

In the meantime, here are a few bullet points:

- Despite initial worries, with almost no in-person Sunday worship for eight months and only essential lettings in the hall, the church returned a modest surplus for the year.
- We were careful to control costs during the year, particularly property costs, and members and friends of Kingsdown continued to be regular and generous in their giving to the church for its mission and pastoral work. I am most grateful for that continued support during the closure period, via standing orders, bank transfers, cheques sent to me for banking and any other routes.
- And now that we have gradually re-opened, from April onwards, it is good to see Sunday worship expanding again and the hall in extensive use during the week for a variety of community activities. The lettings income from the hall was most useful during the latter part of the financial year and will continue to be valuable, during the coming year 2021-22.

For the coming year, anyone requiring offertory envelopes should let me know via the contact details below. The envelope cycle runs from December to November, so I can supply envelopes immediately or from December onwards. Giving via standing order or bank transfer is still very efficient for all concerned, and any members wishing to continue giving by cheque are most welcome to do so – do talk to me if there are any queries.

The finance team are aware of increased Connexional and property costs in the pipeline in the coming year, but with your continuing support we can keep Kingsdown financially stable and active in the local and wider community.

020 8567 9823, or 07530 862378, or derekm906@gmail.com

Many thanks,
Derek Matthews, Treasurer

Word of God

It is important it is to be familiar with the Word of God. Many of us neglect it at our peril, but many Christians spend longer in a day watching commercials than they do reading God's Word... This poem is based on only one stanza, Nun, which begins at verse 105, and is one of the most familiar passages:

Thy Word

Thy Word is a lamp unto my feet
And a light unto my way.
Thy Word is right, and I will keep
Thy Law from day to day.

Thy Word will revive my weary soul
Afflicted it was, and astray.
Lift me O Lord, and make me whole
By Thy side, O Lord, I will stay.

Although the wicked lay a snare
Thy ordinance makes me bold;
Within Thy tenderness and care
No devil can get a hold.

Thy Word is a lamp unto my feet
And a light unto my way.
Thy Word is right, and I will keep
Thy Law from day to day.

To the Son

Most gracious Son, may your teaching dispel the darkness of ignorance in our mind, and may your commands be beacons of light showing us the path to peace. And as we walk on that path, may we find your footprints on the ground, that we may place our own feet where you have trodden. We believe that you will strengthen our limbs when they grow weary, and raise our spirits when they become heavy, because nothing gives you greater pleasure than watching us follow the way of salvation. We pray that you will always be our friend and our guide, and so bring us to your Father's heavenly kingdom.

A Prayer of Erasmus, 1469–1536 - most renowned scholar of his age.

Guy Fawkes (13 April 1570 – 31 January 1606).



Also known as Guido Fawkes while fighting for the Spanish, was a member of a group of provincial English Catholics who was involved in the failed Gunpowder Plot of 1605. He was born and educated in York; his father died when Fawkes was eight years old, after which his mother married a recusant Catholic.

Fawkes converted to Catholicism and left for mainland Europe, where he fought for Catholic Spain in the Eighty Years' War against Protestant Dutch reformers in the Low Countries. He travelled to Spain to seek support for a Catholic rebellion in England without success. He later met Thomas Wintour, with whom he returned to England. Wintour introduced him to Robert Catesby, who planned to assassinate King James I and restore a Catholic monarch to the throne.

The plotters leased an undercroft beneath the House of Lords; Fawkes was placed in charge of the gunpowder that they stockpiled there. The authorities were prompted by an anonymous letter to search Westminster Palace during the early hours of 5 November, and they found Fawkes guarding the explosives. He was questioned and tortured over the next few days and confessed to wanting to blow up the House of Lords.

Immediately before his execution on 31 January, Fawkes fell from the scaffold where he was to be hanged and broke his neck, thus avoiding the agony of being hanged, drawn and quartered. He became synonymous with the Gunpowder Plot, the failure of which has been commemorated in the UK as Guy Fawkes Night since 5 November 1605, when his effigy is traditionally burned on a bonfire, commonly accompanied by fireworks.



**Guy Fawkes was christened in
St Micheal le Belfry , York
Next to York Minster.**



Puzzled by Re-cycling symbols ??

Here are some of the symbols you may find on packaging and what they mean. Get familiar with these it will help you to make your re-cycling tasks easier. There are a lot of these symbols so look out for more in future editions of The Messenger .



This recycling symbol is used on packaging that is collected by 75% (or more) of local authorities across the UK. This includes, for example, cardboard and plastic bottles.



May have additional headers to tell you to Rinse, leave the Lid on or Flatten.



This applies to items such as drinks bottles where the plastic sleeve is not recyclable, and should be removed prior to collection.



Certain types of plastics and films can be recycled along with supermarket carrier bags (this includes wraps found on newspapers, toilet rolls etc.). Recycling points for these are usually found at larger stores



What is a life of faith?

Chapter 11 of the New Testament book of Hebrews talks about the many Old Testament heroes of faith ... Interestingly, all of them were, like us, frail human beings with their own failings. To mention only a few: Noah was a drunk; Moses had a short temper; David was an adulterer who sought to cover his sin by murder; and Rahab was a prostitute. In other words, perfection is not a pre-requisite for living a life of faith! But without faith it is impossible to please God.

'Dr Terence Ascott, from his new book 'Dare to Believe!'

The Light and Dark Sides to Hallowe'en

During October we are bombarded with images of, and costumes for, witches, skeletons, ghosts, and black cats. Huge pumpkins are sold to be made into grinning lanterns. There will be children 'trick or treating' who will tell you it is Hallowe'en – but most have no idea what that really is, or even the correct day for it.



When Is Hallowe'en?

In the church calendar, 1 November is All Saints Day and is also known as All Hallows. The 2 November is All Souls Day. All Hallows comes from the Old English word Hallowed, meaning holy or sanctified. Thus the day before All Saints Day, 31 October, was commonly called All Hallows Eve, which shortens to Hallowe'en.

Why Hallowe'en?

All Saints and All Souls are the days when we honour all those Christians who have died for, and in, their faith, but who are not commemorated at any other time. Having died 'in Christ' the powers of death and hell have no hold over them.

The Church remembers faithful Christians gone before us who have given us examples and encouragement in our faith journey. A common custom was to go to graveyards on Hallowe'en to honour the dead and leave on the graves the last flowers of the year.

The Origins of some Hallowe'en Customs

Because we commemorate the dead at this season it has an association with skeletons, ghosts, evil spirits, witches etc – all the darker side of the supernatural, which people have always feared. So, on Hallowe'en they dressed in masks or costumes of ghosts, skeletons, witches etc to mock these evil spirits and to confuse them by dressing up in their guise, thus robbing them of their power. Our children continue to dress like this, but sadly they celebrate these 'dark side powers' rather than mocking them.

Trick or Treat?

In the Middle Ages poor folk begged for 'soul cakes' at Hallowe'en in return for praying for the souls of the departed. Modern 'trick or treat' is a corruption of this practice. Some Christians, knowing children will be knocking on their door, take the opportunity to give out Christian treats – balloons, or tiny gifts, which have a Christian message. This could be expensive, but Christian stickers are very cheap (try the Cathedral bookshop) or computer whiz kids could create their own.

Lighting Up Hallowe'en

Many Christian churches organise special Hallowe'en festivities for their young people which focus on light, and Christ as the light of the world, to counter the darker, malevolent aspects of Hallowe'en. The children dress in bright, light-coloured clothes. They still have pumpkins, but the candle shines out through the cross cut in it, not a grinning face. Angel cake rather than Devils' Food cake is eaten at the party! Games and songs that have a positive view of this special time of year are also part of the fun.

Deidre Morris - ACE Forum



“But Mum, if the Minister wasn't coming to Trick-Or-Treating, why did she still take the chocolates I gave her?”

Thy Word

*Thy Word is a lamp unto my feet
And a light unto my way.
Thy Word is right, and I will keep
Thy Law from day to day.*

*Thy Word will revive my weary soul
Afflicted it was, and astray.
Lift me O Lord, and make me whole
By Thy side, O Lord, I will stay.*

*Although the wicked lay a snare
Thy ordinance makes me bold;
Within Thy tenderness and care
No devil can get a hold.*

*Thy Word is a lamp unto my feet
And a light unto my way.
Thy Word is right, and I will keep
Thy Law from day to day.*

It is important it is to be familiar with the Word of God. Many of us neglect it at our peril, but many Christians spend longer in a day watching commercials than they do reading God's Word... This poem is based on only one stanza, Nun, which begins at verse 105, and is one of the most familiar passages:





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<https://www.gov.uk/guidance/nhs-covid-pass>



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A Teenage or a Seenager?

I am a Seenager - a Senior teenager. I have everything that I wanted as a teenager, only 60 years later..... I don't have to go to school or work..... I get an allowance every fortnight.... I have my own pad..... I don't have a curfew...I have a driver's licence and my own car. I don't have acne..... Life is Good! Also, you will feel much more intelligent after reading this, if you are a Seenager.

Brains of older people are slow because they know so much. People do not decline mentally with age, it just takes them longer to recall facts because they have more information in their brains. Scientists believe this also makes you hard of hearing as it puts pressure on your inner ear. Much like a computer struggles as the hard drive gets full, so too do humans take longer to access information when their brains are full. Researchers say this slowing down process is not the same as cognitive decline. The human brain works slower in old age, but only because we have stored more information over time. The brains of older people do not get weak. On the contrary, they simply know more

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem, it's thought to be nature's way of making older people do more exercise.



Observations on our faith

What we spend in piety and charity is not tribute paid to a tyrant, but the response of gratitude to our Redeemer. – James Denney

Though the Lord is out of sight, we are not out of His. – M Henry

The gospel makes some people sad, some mad, and some glad. It is better that people should go out of church mad than merely go out, neither sad, mad, nor glad. – V Havner

Remember the Stories?

Remember the stories that we used to read?
Heroic adventures – we loved them indeed!
We'd read in the garden, if wet, in the porch,
Or under the covers at night with a torch!

Our fingers would avidly trace lines of text
Of what Katy Did, and what she Did Next.
And, starting this journey along Mem'ry Lane
We can't forget Biggles, up there in his plane!

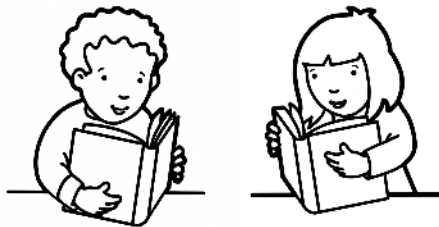
We laughed and we laughed at Jennings at school.
Tormenting his teachers by acting the fool.
Just William's young friends, and their latest trick –
"I'll scream and I'll scream till I make myself sick!"

Black Beauty the horse brought a tear to our eye –
Some stories brought laughter, and some made us cry.
Like Paddington Bear, and the things he would do
Arriving by train from Darkest Peru.

There was Noddy, and Rupert, and Peter Pan, too;
The woodland adventures of Winnie-the-Pooh;
Little Women and Crusoe and Chalet School Girls;
Just So – all such stories were wonderful pearls!

This poem could go on for page after page
If your favourite is missing, please don't fill with rage –
Just nip to the loft, and dig through that box,
And sit down and read – ignoring the clocks!

By Nigel Beeton





Give Help - Donate food

Our foodbank relies on your goodwill and support, so thank you for all your donations.

To help you keep up the good work, you can receive a regular up date to the shopping list by email. Just drop us a line to request this, contact info@ealing.foodbank.org.uk

WE ARE ONLY ABLE TO RECEIVE DONATIONS AT OUR CENTRAL STORE IN HANWELL ON WEDNESDAYS BETWEEN 10AM AND 4PM

(When Kingsdown Church is open leave donations in the foyer bin)

Over 90% of the food distributed by foodbanks in The Trussell Trust network is donated by the public – that’s why your food donations are absolutely vital to our ability to give everyone referred to us a balanced and nutritious three day supply of food.

Our shopping list below shows the food items that we are in need of right now.

We've got plenty of Pasta, Meat & Meat Main Meals, Tinned Fruit ,
Baked Beans and Soup

Current Shopping List

Vegetarian Meals - anything long life

Breakfast Cereal

Long Life Fruit Juice and Squash

Long Grain Rice - 500 gram or 1 kilo packets

Tinned Tomatoes & Pasta Sauce

Savoury Biscuits & Crackers

Drinking Chocolate

Ketchup & Mayo

Peanut Butter & Jam

Size 5 & 6 Nappies

Hair Shampoo

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